Summer 5K Race Series 2006

Date Of	Race 13 S	Septemb	er 2006	Race Distance	5K		Race6 of 6
Position	Race No	Time	Name		Category	Club	

Dute Of	rtucc 13	Septeme	ci 2000 Ruce Distance	, JIK	reacco or o			
Position	Race No	Time	Name	Category	Club	Age Related %	Pace Min/KM	Pace Min/Mile
1	388	00:14:44	FRANK TICKNER	MALE SENIOR	WELLS CITY HARRIERS	88.0%	00:02:57	00:04:44
2	6	00:15:39	PETER GRIST	MALE SENIOR	WELLS CITY HARRIERS	82.9%	00:02:37	00:05:02
3	407	00:16:16	JON JAMES	MALE 40+ VET	WELLS CITY HARRIERS	83.5%	00:03:05	00:05:14
4	1	00:16:17		MALE JUNIOR	MENDIP AC	84.1%	00:03:15	00:05:14
5	49	00:16:17	GORDON SEWARD	MALE 50+ VET	EXETER HARRIERS	90.8%	00:03:17	00:05:17
6	60	00:16:29	DAVID CADDY	MALE SENIOR	EGDON HEATH HARRIERS	80.1%	00:03:17	00:05:17
7	93		PAUL ROSE	MALE 40+ VET	YEOVIL TOWN RRC	82.8%	00:03:18	00:05:19
8	199	00:16:31	DICKIE WYTHE	MALE 40+ VET	WELLS CITY HARRIERS	87.3%	00:03:18	00:05:19
9	175	00:16:34	ROBERT PARFITT	MALE SENIOR	WELLS CITY HARRIERS	79.7%	00:03:19	00:05:20
10	401	00:16:36	ANGUS HENDERSON	MALE 40+ VET	WELLS CITY HARRIERS	81.8%	00:03:19	00:05:20
11	263	00:16:38	JAMIE PALMER	MALE SENIOR	EXETER HARRIERS	79.4%	00:03:17	00:05:21
12	314	00:16:43	MATTHEW SCOTT	MALE SENIOR	CITY OF BATH AC	77.6%	00:03:20	00:05:23
13	64	00:16:44		MALE SENIOR	EGDON HEATH HARRIERS	77.5%	00:03:21	00:05:23
14	385	00:16:46				77.3%	00:03:21	00:05:24
	383 402	00:16:46	STUART HOLLOWAY	MALE SENIOR	CITY OF SALISBURY		00:03:21	
15			ERICA SHEIDON	FEMALE SENIOR		85.8%		00:05:24
16	224	00:16:59	KEVIN HAWKER	MALE HINDOR	HONITON RUNNING CLUB	76.3%	00:03:24	00:05:28
17	40	00:17:11 00:17:15	TOM LOCK	MALE SENIOR	WELLS CITY HARRIERS	77.5%	00:03:26	00:05:32
18	59		SIMON WILTSHIRE	MALE SENIOR	CITY OF SALISBURY	76.0%	00:03:27	00:05:33
19	387	00:17:29	EMMA PATEL	FEMALE SENIOR		82.4%	00:03:30	00:05:38
20	320	00:17:33	IAN STOTT	MALE SENIOR	CITY OF SALISBURY	75.2%	00:03:31	00:05:39
21	209	00:17:58	MATTHEW LEWIS	MALE SENIOR	UNATTACHED	72.2%	00:03:36	00:05:47
22	17		DAVE STANFIELD	MALE 40+ VET	WELLS CITY HARRIERS	76.3%	00:03:36	00:05:48
23	19	00:18:04		MALE SENIOR	EXETER HARRIERS	71.8%	00:03:37	00:05:49
24	182		STEVE HURLEY	MALE SENIOR	CREWKERNE RC	71.2%	00:03:38	00:05:51
25	274	00:18:19	ANNA HUGHES		WELLS CITY HARRIERS	78.6%	00:03:40	00:05:54
26	108		ROB ELLIS	MALE SENIOR	LANGPORT RUNNERS	71.5%	00:03:40	00:05:54
27	330	00:18:25	NIGEL JOHNS	MALE 50+ VET	ROYAL MANOR OF PORTLAND	78.9%	00:03:41	00:05:56
28	382	00:18:27	NIGEL BROWN	MALE 40+ VET	CITY OF BATH AC	73.6%	00:03:41	00:05:56
29	405	00:18:29	KAREN BUCKLEY	FEMALE 35+	WELLS CITY HARRIERS	78.5%	00:03:42	00:05:57
30	366	00:18:35	RUSSELL MCARTHUR	MALE SENIOR	LANGPORT RUNNERS	69.8%	00:03:43	00:05:59
31	45	00:18:40	ROD APPLEBY	MALE SENIOR	YEOVIL TOWN RRC	71.7%	00:03:44	00:06:00
32	226	00:18:43	NIGEL GRENFELL	MALE 40+ VET	LANGPORT RUNNERS	72.0%	00:03:45	00:06:01
33	51	00:18:44	TIM ATTWELL	MALE JUNIOR	MENDIP AC	73.1%	00:03:45	00:06:02
34	384	00:18:46	RODGER ROWE	MALE 60+ VET	EXMOUTH HARRIERS	85.2%	00:03:45	00:06:02
35	344	00:19:00	EMER BRANGAN		CITY OF BATH AC	75.8%	00:03:48	00:06:07
36	61	00:19:01	LYNDA FAULKNER	FEMALE 35+	DORSET DODDLERS	79.5%	00:03:48	00:06:07
37	411	00:19:06	CHISTOPHER FENDT	MALE SENIOR	UNATTACHED	70.1%	00:03:49	00:06:09
38	391	00:19:09	DANIEL STEWART	MALE SENIOR	UNATTACHED	67.7%	00:03:50	00:06:10
39	393	00:19:11	IAN MORRIS	MALE SENIOR	UNATTACHED	67.6%	00:03:50	00:06:10
40	87	00:19:13	PHIL ENGLAND	MALE 40+ VET	MAIDEN NEWTON RUNNERS	71.1%	00:03:51	00:06:11
41	284	00:19:14		MALE 50+ VET	EGDON HEATH HARRIERS	78.7%	00:03:51	00:06:11
42	403	00:19:15	ANDY SCARD	MALE 40+ VET	YEOVIL TOWN RRC	72.0%	00:03:51	00:06:12
43	386	00:19:17	JANET ROSS	FEMALE 45+	WICHESTER & DISTRICT AC	85.5%	00:03:51	00:06:12
44	95	00:19:21	TIM HAMBLIN	MALE SENIOR	WELLS CITY HARRIERS	67.8%	00:03:52	00:06:14
45	188	00:19:24	ROD ANTELL	MALE 40+ VET	CHARD RR	73.2%	00:03:53	00:06:15
46	376	00:19:29	BRETT ROGERS	MALE SENIOR	CREWKERNE RC	66.6%	00:03:54	00:06:16
47	3	00:19:30	NEIL JONES	MALE 40+ VET	WELLS CITY HARRIERS	73.3%	00:03:54	00:06:17
48	390	00:19:31		MALE 60+ VET	CITY OF BATH AC	80.4%	00:03:54	00:06:17
49	88		IAN TUCKER	MALE 40+ VET	MAIDEN NEWTON RUNNERS	69.8%	00:03:55	00:06:18
50	243	00:19:37		MALE 40+ VET	WELLS CITY HARRIERS	72.9%	00:03:55	00:06:19
51	200	00:19:50	DAVID RICHARDSON	MALE 40+ VET	YEOVIL TOWN RRC	69.4%	00:03:58	00:06:23
52	416	00:19:53	CHRIS KELSEY	MALE 40+ VET	WELLS CITY HARRIERS	72.5%	00:03:59	00:06:24
53	392	00:19:55	MATT HILL	MALE SENIOR	UNATTACHED	65.1%	00:03:59	00:06:25
54	359	00:19:55	GARY TUBRIDY	MALE 40+ VET	WELLS CITY HARRIERS	71.8%	00:03:59	00:06:25
55	77	00:19:58	ANTHONY FORSTER	MALE 50+ VET	LANGPORT RUNNERS	72.8%	00:04:00	00:06:26
56	161	00:20:03	ALY SLOANE	FEMALE 45+	CITY OF SALISBURY	79.3%	00:04:01	00:06:27
57	260	00:20:09	MICHELLE ELLIS	FEMALE SENIOR	EXETER HARRIERS	71.5%	00:04:02	00:06:29
58	134	00:20:18	STEPHEN CLARKE	MALE 40+ VET	UNATTACHED	68.3%	00:04:04	00:06:32
59	2	00:20:19	DARREN TURNER	MALE 40+ VET	SOUTH DEVON AC	66.4%	00:04:04	00:06:32
60	117	00:20:23	VICTORIA PLUMMER	FEMALE SENIOR	FROME AC	70.6%	00:04:05	00:06:34
61	232	00:20:26	GARETH ASHMEAD	MALE 40+ VET	YEOVIL TOWN RRC	67.4%	00:04:05	00:06:35
62	389	00:20:35	MICHAEL BUTCHER	MALE 50+ VET	CITY OF BATH AC	71.2%	00:04:07	00:06:37

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Position	Race No	Time	Name	Category	Club	Age Related %	Pace Min/KM	Pace Min/Mile
63	149	00:20:36	NICOLAS EDWARDS	MALE 40+ VET	WELLS CITY HARRIERS	68.9%	00:04:07	00:06:38
64	112	00:20:37	LINDA CUMMINS	FEMALE 35+	YEOVIL TOWN RRC	73.9%	00:04:07	00:06:38
65	111	00:20:37	MARTIN LASCELLES	MALE 50+ VET	YEOVIL TOWN RRC	71.1%	00:04:07	00:06:38
66	98	00:20:45	MARTIN HILL	MALE 40+ VET	UNATTACHED	67.4%	00:04:09	00:06:41
67	119	00:20:48	MARTIN PENNOCK	MALE SENIOR	UNATTACHED	62.3%	00:04:10	00:06:42
68	187	00:20:50	PAUL UPHILL	MALE 40+ VET	FROME AC	67.6%	00:04:10	00:06:42
69	137	00:20:50	IAN MATHIESON	MALE 40+ VET	YEOVIL TOWN RRC	67.1%	00:04:10	00:06:42
70 71	41	00:20:51	RALPH UNDERWOOD	MALE 40+ VET	WESTON ATHLETICS CLUB	66.0%	00:04:10	00:06:43
71 72	33 242	00:20:52 00:20:55	ANNE DARBY IAN ROBERTS	FEMALE 45+ MALE 40+ VET	NEWTON ABBOT AC WELLS CITY HARRIERS	80.5% 65.3%	00:04:10 00:04:11	00:06:43 00:06:44
73	396	00:20:58	JAMES PAYNE	MALE SENIOR	UNATTACHED	61.8%	00:04:11	00:06:44
74	410	00:20:59	JOSE REIS	MALE SENIOR	UNATTACHED	61.8%	00:04:12	00:06:45
75	195	00:21:02	MICHAEL WELLS	MALE 40+ VET	YEOVIL TOWN RRC	64.1%	00:04:12	00:06:46
76	130	00:21:04	MARIA WORTH	FEMALE 35+	CHARD RR	70.0%	00:04:13	00:06:47
77	58	00:21:07	GORDON WILTSHIRE	MALE 60+ VET	CITY OF SALISBURY	82.5%	00:04:13	00:06:48
78	268	00:21:14	ELAINE PRIEST	FEMALE SENIOR	YEOVIL OLYMPIADS	67.8%	00:04:15	00:06:50
79	38	00:21:17	BOB JEFFERY	MALE 60+ VET	CITY OF SALISBURY	75.1%	00:04:15	00:06:51
80	154	00:21:24	TIM HOWES	MALE SENIOR	UNATTACHED	60.6%	00:04:17	00:06:53
81	142	00:21:40	JOHN COWLEY	MALE 40+ VET	DORSET DODDLERS	66.5%	00:04:20	00:06:58
82	328	00:21:41	RACHEAL CLAY	FEMALE SENIOR	UNATTACHED	66.4%	00:04:20	00:06:59
83	116	00:21:43	SIMON HALL	MALE 40+ VET	CHARD RR	64.9%	00:04:21 00:04:22	00:06:59
84 85	100 380	00:21:52 00:21:53	OTTALIE DAY JACOB BRITTEN	FEMALE JUNIOR MALE SENIOR	MENDIP AC MENDIP AC	68.8% 59.3%	00:04:22	00:07:02 00:07:03
86	20	00:21:56	JOSEPH LEWIS	MALE SENIOR	YEOVIL OLYMPIADS	59.1%	00:04:23	00:07:03
87	89	00:21:57	DAVID RICHARDS	MALE 50+ VET	LANGPORT RUNNERS	67.3%	00:04:23	00:07:04
88	409	00:22:03	PHILLIP RAINBOW	MALE 50+ VET	WELLS CITY HARRIERS	69.2%	00:04:25	00:07:06
89	277	00:22:05	COLIN MONEY	MALE 60+ VET	WELLS CITY HARRIERS	73.9%	00:04:25	00:07:06
90	18	00:22:12	MICHAEL REGAN	MALE 50+ VET	YEOVIL TOWN RRC	66.0%	00:04:26	00:07:09
91	85	00:22:15	CAROL BUCKLAND	FEMALE 35+	WELLS CITY HARRIERS	68.5%	00:04:27	00:07:10
92	415		BEN KELSEY	MALE JUNIOR	WELLS CITY HARRIERS	60.6%	00:04:27	00:07:10
93	16	00:22:20	JO BARTLETT	FEMALE 35+	WRN	67.1%	00:04:28	00:07:11
94	295	00:22:25	THERESA TEVERSHAM HANN		CANNONS	64.2%	00:04:29	00:07:13
95	164	00:22:50	RODNEY SMITH	MALE 40+ VET	GILLINGHAM TROTTERS	60.7%	00:04:34	00:07:21
96 97	265 83	00:23:09 00:23:12	ANN-MARIE HAZZARD HAYDN CALLOW	FEMALE JUNIOR MALE 60+ VET	CITY OF SALISBURY YEOVIL TOWN RRC	65.0% 68.2%	00:04:38 00:04:38	00:07:27 00:07:28
98	383	00:23:12	ROSIE BROWN	FEMALE JUNIOR	CITY OF BATH AC	64.7%	00:04:39	00:07:28
99	47	00:23:10	PAUL TOLCHARD	MALE 50+ VET	UNATTACHED	64.9%	00:04:40	00:07:31
100	406	00:23:25	NIGEL MOYSEY	MALE 50+ VET	YEOVIL TOWN RRC	64.1%	00:04:41	00:07:32
101	322	00:23:26	CLAIRE POMEROY	FEMALE 35+	HONITON RC	65.0%	00:04:41	00:07:32
102	163	00:23:36	MARK WADDICOR	MALE 60+ VET	SOUTH WEST ROAD RUNNERS	71.3%	00:04:43	00:07:36
103	350	00:23:39	PETER CERELY	MALE 60+ VET	DORSET DODDLERS	72.8%	00:04:44	00:07:37
104	259	00:23:52		MALE 50+ VET	YTRRC	64.5%	00:04:46	00:07:41
105	294	00:23:58	RUTH CLEMENTS		CANNONS	60.1%	00:04:48	00:07:43
106	65	00:24:01	JOANNE WHAITES	FEMALE 35+	UNATTACHED	64.5%	00:04:48	00:07:44
107	120	00:24:03	ANGELA THOMAS	FEMALE HINTOR	WELLS CITY HARRIERS	75.8%	00:04:49	00:07:44
108 109	399 408	00:24:22 00:24:27	KATE ROPER PETE RUHEN	FEMALE JUNIOR	WIMBORNE A/C	60.9% 68.1%	00:04:52 00:04:53	00:07:50 00:07:52
110	180		NIKKI HAZZARD	MALE 60+ VET MALE JUNIOR	HONITON RUNNING CLUB CITY OF SALISBURY	55.1%	00:04:54	00:07:53
111	106		GRAHAM WATTS	MALE 40+ VET	STUBBINGTON GREEN	58.2%	00:04:55	
112	104		JO CALLOW	FEMALE SENIOR		58.5%	00:04:56	00:07:56
113	96	00:24:41	ROY SMART	MALE 60+ VET	CREWKERNE	72.2%	00:04:56	00:07:57
114	84	00:25:04	PAT CHALLIS	FEMALE 55+	WELLS CITY HARRIERS	71.1%	00:05:01	00:08:04
115	124	00:25:31	MARGARET PLUMMER	FEMALE 45+	FROME AC	65.8%	00:05:06	00:08:13
116	131	00:25:38	MICHAEL DUPLOCK	MALE 60+ VET	CHARD RR	63.0%	00:05:08	00:08:15
117	81	00:25:43		FEMALE 35+	WELLS CITY HARRIERS	59.2%	00:05:09	00:08:17
118	381	00:26:01	KATHY MAPLE	FEMALE 35+	YTRRC	58.1%	00:05:12	00:08:22
119	230	00:26:15	GEORGINA MASTERS	FEMALE 45+	LANGPORT RUNNERS	64.0%	00:05:15	00:08:27
120	395	00:26:34	STEPHEN ROMANSKI	MALE SENIOR	UNATTACHED	48.8%	00:05:19	00:08:33
121 122	397 143	00:26:38 00:26:39	DIANE TUCKER	FEMALE 35+ FEMALE 45+	MAIDEN NEWTON RUNNERS DORSET DODDLERS	55.8% 60.2%	00:05:20 00:05:20	00:08:34
122	412	00:26:59	CHRISTINE WILLIS SARAH JENNINGS	FEMALE 35+	DORSET DODDLERS	55.8%	00:05:20	00:08:35 00:08:38
123	337	00:20:30	DEBBIE COBB	FEMALE 35+	DORSET DODDLERS DORSET DODDLERS	56.3%	00:05:25	00:08:42
125	107	00:27:28	CAROLINE WATTS	FEMALE SENIOR	STUBBINGTON GREEN	52.4%	00:05:30	00:08:50
126	173	00:27:34	KAY FRANKLIN	FEMALE 55+	WELLS CITY HARRIERS	68.4%	00:05:31	00:08:52
127	329	00:27:56	CHRIS MAHON	MALE 60+ VET	DORSET DODDLERS	57.2%	00:05:35	00:08:59

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Position	Race No	Time	Name	Category	Club	Age	Pace	Pace
						Related %	Min/KM	Min/Mile
128	398	00:28:06	DOROTHY NEWBURY	FEMALE 45+	GILLINGHAM TROTTERS	57.6%	00:05:37	00:09:03
129	400	00:28:06	HEATHER GUY	FEMALE 45+	GILLINGHAM TROTTERS	56.1%	00:05:37	00:09:03
130	202	00:28:14	HAZEL ATTWELL	FEMALE 35+	MENDIP AC	52.7%	00:05:39	00:09:05
131	394	00:28:14	FRANK ATTWELL	MALE 40+ VET	MENDIP AC	47.8%	00:05:39	00:09:05
132	360	00:28:19	MICHELLE BROWN	FEMALE 35+	UNATTACHED	52.1%	00:05:40	00:09:07
133	404	00:28:39	SUE DADDY	FEMALE 55+	GILLINGHAM TROTTERS	64.3%	00:05:44	00:09:13
134	303	00:28:47	JOHN GLAISHER	MALE 40+ VET	CREWKERNE	46.8%	00:05:45	00:09:16
135	26	00:29:13	DAVID GERMAN	MALE 60+ VET	LANGPORT RUNNERS	58.2%	00:05:51	00:09:24
136	231	00:29:21	JEAN GIBBS	FEMALE 45+	SOMER AC	56.2%	00:05:52	00:09:27
137	136	00:29:50	TINA CULLEN	FEMALE 35+	YEOVIL TOWN RRC	51.1%	00:05:58	00:09:36
138	413	00:32:24	GILL ANDERSON	FEMALE 35+	UNATTACHED	47.0%	00:06:29	00:10:26
139	37	00:32:39	HARRY MOORE	MALE 60+ VET	AXE VALLEY RUNNERS	56.0%	00:06:32	00:10:30
140	414	00:33:30	ANNE-MARIE HAMERSLAG	FEMALE 35+	UNATTACHED	43.3%	00:06:42	00:10:47
141	50	00:33:30	NICKY 'SWEEPER' ADCOCK	FEMALE 45+	YEOVIL TOWN RRC	49.2%	00:06:42	00:10:47

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