

YEOVIL TOWN RRC

Summer 5K Race Series 2005

Date Of Race 08 June 2005

Race Distance 5K

Race3 of 6

Position	Race No	Time	Name	Category	Club	Age Related %	Pace Min/KM	Pace Min/Mile
1	93	00:15:24	JON JAMES	MALE 40+ VET	WELLS CITY HARRIERS	87.6%	00:03:05	00:04:57
2	54	00:15:28	RUSSELL FORSBROOK	MALE SENIOR	CHELTHENHAM AND COUNTY	83.8%	00:03:06	00:04:59
3	522	00:15:34	MARK GOODRIDGE	MALE SENIOR	RNAC	83.6%	00:03:07	00:05:01
4	140	00:15:36	PETER GRIST	MALE SENIOR	UNATTACHED	83.1%	00:03:07	00:05:01
5	127	00:15:37	ANDREW INGLE	MALE SENIOR	BIDEFORD A A C	83.0%	00:03:07	00:05:02
6	119	00:15:39	ASHLEY HUMPHREYS	MALE SENIOR	ERME VALLEY HARRIERS	83.4%	00:03:08	00:05:02
7	112	00:15:45	TOM BUSH	MALE SENIOR	WELLS CITY HARRIERS	82.3%	00:03:09	00:05:04
8	236	00:15:53	DANIEL NOAD	MALE SENIOR	BRISTOL & WEST	81.6%	00:03:11	00:05:07
9	154	00:15:53	ALEX TAYLOR	MALE SENIOR	BIDEFORD A A C	81.6%	00:03:11	00:05:07
10	129	00:16:01	GARY EAGLE	MALE 40+ VET	SOUTH WEST VETERANS A.C.	87.3%	00:03:12	00:05:09
11	121	00:16:03	PHIL NORMAN	MALE JUNIOR	NORTH DEVON AC	84.1%	00:03:13	00:05:10
12	265	00:16:14	ROBERT PARFITT	MALE SENIOR	WELLS CITY HARRIERS	80.8%	00:03:15	00:05:13
13	133	00:16:20	ALAN BUCKINGHAM	MALE SENIOR	CITY OF BATH AC	79.7%	00:03:16	00:05:15
14	166	00:16:30	GORDON SEWARD	MALE 50+ VET	EXETER HARRIERS	89.5%	00:03:18	00:05:19
15	57	00:16:32	MARK LEWIS	MALE SENIOR	RNAC	79.3%	00:03:18	00:05:19
16	176	00:16:34	DICKIE WYTHE	MALE 40+ VET	WELLS CITY HARRIERS	86.3%	00:03:19	00:05:20
17	46	00:16:39	MARTIN FLOOK	MALE SENIOR	BATH UNIVERSITY	77.9%	00:03:20	00:05:21
18	134	00:16:44	DAVID CADDY	MALE SENIOR	EGDON HEATH HARRIERS	78.4%	00:03:21	00:05:23
19	501	00:16:46	STEPHEN CLIFFORD	MALE SENIOR	CITY OF BATH AC	78.7%	00:03:21	00:05:24
20	521	00:16:57	TIM HAWKINS	MALE SENIOR	YEOVIL TOWN RRC	76.5%	00:03:23	00:05:27
21	518	00:16:58	PAUL ROSE	MALE 40+ VET	YTRRC	80.1%	00:03:24	00:05:28
22	181	00:17:03	SIMON WILTSHIRE	MALE SENIOR	CITY OF SALISBURY	76.3%	00:03:25	00:05:29
23	177	00:17:10	IAN STOTT	MALE SENIOR	CITY OF SALISBURY	76.4%	00:03:26	00:05:31
24	213	00:17:23	JAMES MELLANBY	MALE SENIOR	WELLS CITY HARRIERS	74.6%	00:03:29	00:05:36
25	48	00:17:28	GREG NORMAN	MALE SENIOR	NORTH DEVON AC	74.7%	00:03:30	00:05:37
26	123	00:17:35	NICK DANIEL	MALE SENIOR	NORTH DEVON AC	74.2%	00:03:31	00:05:39
27	202	00:17:36	CLIVE HARWOOD	MALE 50+ VET	CREWKERNE RC	85.3%	00:03:31	00:05:40
28	160	00:17:43	JON SHARP	MALE 40+ VET	WELLS CITY HARRIERS	77.7%	00:03:33	00:05:42
29	187	00:17:52	BRETT FLOOK	MALE 40+ VET	AVON VALLEY RUNNERS	76.0%	00:03:34	00:05:45
30	515	00:17:54	PAUL FLINTNY	MALE SENIOR	UNATTACHED	72.4%	00:03:35	00:05:46
31	500	00:17:55	ROGER GRIFFITHS	MALE 40+ VET	UNATTACHED	79.8%	00:03:35	00:05:46
32	76	00:17:58	ROD APPLEBY	MALE SENIOR	WELLS CITY HARRIERS	74.0%	00:03:36	00:05:47
33	103	00:18:05	TOM LOCK	MALE JUNIOR	UNATTACHED	74.7%	00:03:37	00:05:49
34	155	00:18:08	BRUCE GRACE	MALE 40+ VET	NEW FOREST RUNNERS	75.9%	00:03:38	00:05:50
35	505	00:18:09	HEATHER BUCKINGHAM	FEMALE SENIOR	LANGPORT RUNNERS	79.3%	00:03:38	00:05:50
36	230	00:18:20	DAN WHAITES	MALE JUNIOR	UNATTACHED	71.8%	00:03:40	00:05:54
37	273	00:18:30	CHRIS KELSEY	MALE 40+ VET	WELLS CITY HARRIERS	77.3%	00:03:42	00:05:57
38	269	00:18:32	COLIN HOBBS	MALE SENIOR	GILLINGHAM TROTTERS	70.0%	00:03:42	00:05:58
39	131	00:18:38	DAVE STANFIELD	MALE 40+ VET	WELLS CITY HARRIERS	73.3%	00:03:44	00:06:00
40	132	00:18:42	KAREN BUCKLEY	FEMALE SENIOR	WELLS CITY HARRIERS	77.0%	00:03:44	00:06:01
41	193	00:18:47	LINDA FAULKNER	FEMALE 35+	DORSET DODDLERS	79.8%	00:03:45	00:06:03
42	78	00:18:49	MARTIN LASCELLES	MALE 50+ VET	YEOVIL TOWN RRC	77.2%	00:03:46	00:06:03
43	124	00:18:52	NIGEL FRY	MALE SENIOR	CHARD	69.0%	00:03:46	00:06:04
44	232	00:18:53	DALE ROBINSON	MALE SENIOR	YTRRC	69.9%	00:03:47	00:06:05
45	136	00:18:54	NIKKI HAZZARD	MALE JUNIOR	CITY OF SALISBURY	72.5%	00:03:47	00:06:05
46	524	00:19:00	MELVYN BUTLER	MALE 40+ VET	EGDON HEATH HARRIERS	74.7%	00:03:48	00:06:07
47	229	00:19:04	PHILIP WHAITES	MALE 40+ VET	UNATTACHED	72.2%	00:03:49	00:06:08
48	118	00:19:11	RICHARD FORD	MALE 40+ VET	WESTON ATHLETICS CLUB	72.3%	00:03:50	00:06:10
49	98	00:19:12	RICHARD HARVEY	MALE SENIOR	HONITON RUNNING CLUB	68.3%	00:03:50	00:06:11
50	179	00:19:13	ANN TASWELL	FEMALE SENIOR	WELLS CITY HARRIERS	74.9%	00:03:51	00:06:11
51	514	00:19:14	LEANNE RENSHAW	FEMALE JUNIOR	IIF GROUP	76.3%	00:03:51	00:06:11
52	249	00:19:23	JEFF DYKE	MALE 40+ VET	CREWKERNE RC	69.6%	00:03:53	00:06:14
53	251	00:19:24	TIM HAMLIN	MALE SENIOR	WELLS CITY HARRIERS	67.1%	00:03:53	00:06:15
54	508	00:19:24	MARTIN PHILLIPS	MALE 40+ VET	CITY OF SALISBURY	73.2%	00:03:53	00:06:15
55	65	00:19:29	JOHN FOOTE	MALE SENIOR	UNATTACHED	66.6%	00:03:54	00:06:16
56	137	00:19:32	PAUL DAVEY	MALE SENIOR	HONITON RUNNING CLUB	68.1%	00:03:54	00:06:17
57	531	00:19:36	PAUL CHADWICK	MALE 40+ VET	WELLS CITY HARRIERS	72.4%	00:03:55	00:06:18
58	138	00:19:39	DEAN CASELLA	MALE SENIOR	CITY OF SALISBURY	66.2%	00:03:56	00:06:19
59	523	00:19:40	DAWN CRITCHELL	FEMALE 35+	EGDON HEATH HARRIERS	77.5%	00:03:56	00:06:20
60	502	00:19:46	SIMON ADLARD	MALE 40+ VET	CITY OF SALISBURY	69.6%	00:03:57	00:06:22
61	195	00:19:52	PAUL UPHILL	MALE 40+ VET	FROME AC	70.4%	00:03:58	00:06:24
62	509	00:19:58	GARY TUBRIDY	MALE 40+ VET	WELLS CITY HARRIERS	71.1%	00:04:00	00:06:26

Position	Race No	Time	Name	Category	Club	Age Related %	Pace Min/KM	Pace Min/Mile
63	242	00:20:20	MATT DRIVER	MALE SENIOR	YTRRC	65.8%	00:04:04	00:06:33
64	511	00:20:22	MAUREEN EMMETT	FEMALE 45+	CITY OF SALISBURY	77.4%	00:04:04	00:06:33
65	525	00:20:27	NICOLAS EDWARDS	MALE 40+ VET	WELLS CITY HARRIERS	68.9%	00:04:05	00:06:35
66	174	00:20:30	PAUL COWLEY	MALE 40+ VET	UNATTACHED	66.7%	00:04:06	00:06:36
67	83	00:20:31	PHILL MORRIS	MALE 40+ VET	IIF GROUP	66.2%	00:04:06	00:06:36
68	529	00:20:32	DUNCAN TRAVERS	MALE 40+ VET	FROME AC	69.6%	00:04:06	00:06:36
69	231	00:20:34	ANTHONY FORSTER	MALE 40+ VET	LANGPORT RUNNERS	70.1%	00:04:07	00:06:37
70	126	00:20:39	MARY GUDGIN	FEMALE SENIOR	EXETER UNIVERSITY ACCC	69.7%	00:04:08	00:06:39
71	526	00:20:45	GEOFF RICHARDSON	MALE SENIOR	YEOVIL TOWN RRC	64.5%	00:04:09	00:06:41
72	122	00:20:49	CHRIS NORMAN	MALE 40+ VET	NORTH DEVON AC	69.3%	00:04:10	00:06:42
73	203	00:20:52	GARY STRANGER	MALE SENIOR	UNATTACHED	62.1%	00:04:10	00:06:43
74	191	00:21:05	BECKY LEE	FEMALE 45+	WELLS CITY HARRIERS	81.1%	00:04:11	00:06:44
75	180	00:20:57	GORDON WILTSHIRE	MALE 60+ VET	CITY OF SALISBURY	82.2%	00:04:11	00:06:45
76	150	00:20:59	JOSEPH LEWIS	MALE SENIOR	YEOVIL OLYMPIADS	61.8%	00:04:12	00:06:45
77	104	00:21:01	COLIN MONEY	MALE 60+ VET	WELLS CITY HARRIERS	76.8%	00:04:12	00:06:46
78	266	00:21:02	PAM CAFFYN	FEMALE 45+	DORSET DODDLERS	78.4%	00:04:12	00:06:46
79	97	00:21:04	ALAN NICHOLLS	MALE 50+ VET	HONITON RUNNING CLUB	71.3%	00:04:13	00:06:47
80	189	00:21:19	TRACEY HALLIDAY	FEMALE 35+	WELLS CITY HARRIERS	70.3%	00:04:16	00:06:52
81	513	00:21:19	DAVID RICHARDS	MALE 50+ VET	LANGPORT RUNNERS	68.7%	00:04:16	00:06:52
82	173	00:21:22	ANNE DARBY	FEMALE 45+	NEWTON ABBOT AC	77.8%	00:04:16	00:06:53
83	74	00:21:27	IAN CARPENTER	MALE 50+ VET	WELLS CITY HARRIERS	68.3%	00:04:17	00:06:54
84	106	00:21:29	LISA MAGGS	FEMALE 35+	HONITON RUNNING CLUB	69.2%	00:04:18	00:06:55
85	223	00:21:30	SUE COOK	FEMALE 35+	WELLS CITY HARRIERS	71.5%	00:04:18	00:06:55
86	170	00:21:30	TOM PARSONS	MALE 50+ VET	YTRRC	71.0%	00:04:18	00:06:55
87	102	00:21:42	SEAN RODGERS	MALE SENIOR	UNATTACHED	60.1%	00:04:20	00:06:59
88	246	00:21:45	MARIA WORTH	FEMALE 35+	CHARD RR	67.3%	00:04:21	00:07:00
89	512	00:21:49	JAMES GASKINS	MALE SENIOR	CVFRC	59.4%	00:04:22	00:07:01
90	527	00:21:53	TREVOR HOWELLS	MALE 40+ VET	LANGPORT RUNNERS	65.9%	00:04:23	00:07:03
91	85	00:21:55	IAN ROBERTS	MALE 40+ VET	WELLS CITY HARRIERS	62.0%	00:04:23	00:07:03
92	69	00:21:56	LOUISE HULL	FEMALE SENIOR	CITY OF BATH AC	65.7%	00:04:23	00:07:03
93	128	00:22:09	DAVID ANGULO	MALE 50+ VET	YEOVIL JOGGING CLUB	67.8%	00:04:26	00:07:08
94	528	00:22:15	ALICE TRAVERS	FEMALE SENIOR	FROME AC	64.6%	00:04:27	00:07:10
95	255	00:22:23	JOHN COWLEY	MALE 40+ VET	DORSET DODDLERS	63.9%	00:04:29	00:07:12
96	245	00:22:32	CAROL BUCKLAND	FEMALE 35+	WELLS CITY HARRIERS	67.1%	00:04:30	00:07:15
97	516	00:22:45	ROBIN WATKINS	MALE 50+ VET	UNATTACHED	66.0%	00:04:33	00:07:19
98	190	00:22:50	MIKE ANGULO	MALE 50+ VET	YEOVIL TOWN RRC	66.3%	00:04:34	00:07:21
99	271	00:22:55	RACHEL HAYTON	FEMALE 35+	CREWKERNE RC	63.9%	00:04:35	00:07:22
100	125	00:22:55	MARK WADDICOR	MALE 60+ VET	SOUTH WEST ROAD RUNNERS	72.7%	00:04:35	00:07:22
101	196	00:22:59	DAVID UPHILL	MALE SENIOR	FROME AC	56.8%	00:04:36	00:07:24
102	532	00:23:09	BEN KELSEY	MALE JUNIOR	WELLS CITY HARRIERS	59.2%	00:04:38	00:07:27
103	99	00:23:12	DAVID KIRKMAN	MALE 40+ VET	UNATTACHED	58.9%	00:04:38	00:07:28
104	94	00:23:14	SIMON HALL	MALE 40+ VET	CHARD RR	60.2%	00:04:39	00:07:29
105	256	00:23:16	KEVAN TILDESLEY	MALE 40+ VET	YTRRC	60.1%	00:04:39	00:07:29
106	517	00:23:18	JO BARTLETT	FEMALE 35+	WRN	63.8%	00:04:40	00:07:30
107	101	00:23:21	CHRIS STORIE	MALE 50+ VET	WELLS CITY HARRIERS	64.3%	00:04:40	00:07:31
108	105	00:23:25	CARLA MESSER	FEMALE JUNIOR	HONITON RUNNING CLUB	63.3%	00:04:41	00:07:32
109	73	00:23:26	CHRIS CUSSEN	MALE 50+ VET	GILLINGHAM TROTTERS	64.6%	00:04:41	00:07:32
110	120	00:23:59	GEORGE WRIGHT	MALE 40+ VET	POOLE AC	57.8%	00:04:48	00:07:43
111	135	00:24:16	SUSAN HAZZARD	FEMALE 35+	CITY OF SALISBURY	64.4%	00:04:51	00:07:49
112	175	00:24:22	CHRISSIE BROOKS	FEMALE 45+	YTRRC	68.3%	00:04:52	00:07:50
113	86	00:24:30	ROY SMART	MALE 60+ VET	CREWKERNE	71.9%	00:04:54	00:07:53
114	533	00:24:42	MARTIN PENNOCK	MALE SENIOR	UNATTACHED	52.5%	00:04:56	00:07:57
115	109	00:24:51	TONY HEXT	MALE 50+ VET	YTRRC	61.4%	00:04:58	00:08:00
116	58	00:24:59	PAUL TOLCHARH	MALE 50+ VET	UNATTACHED	60.1%	00:05:00	00:08:02
117	503	00:25:05	MARY CLEMENTS	FEMALE 55+	CITY OF SALISBURY	71.1%	00:05:01	00:08:04
118	504	00:25:17	MARTIN DENMAN	MALE 60+ VET	CREWKERNE	66.6%	00:05:03	00:08:08
119	151	00:25:18	ANGELA THOMAS	FEMALE 55+	WELLS CITY HARRIERS	71.3%	00:05:04	00:08:08
120	252	00:25:18	SUE HAMMER	FEMALE SENIOR	WELLS CITY HARRIERS	56.9%	00:05:04	00:08:08
121	244	00:25:39	PAT CHALLIS	FEMALE 55+	WELLS CITY HARRIERS	68.8%	00:05:08	00:08:15
122	270	00:26:02	SHANE EVANS	MALE SENIOR	UNATTACHED	49.8%	00:05:12	00:08:23
123	156	00:26:09	KATHRYN EMMERSON	FEMALE 55+	NEWTON ABBOTT	67.5%	00:05:14	00:08:25
124	519	00:26:27	TRISH ENGLAND	FEMALE 35+	WRN	59.1%	00:05:17	00:08:31
125	71	00:26:30	MIRIAM SPARROW	FEMALE SENIOR	UNATTACHED	54.3%	00:05:18	00:08:32
126	198	00:26:39	TRACEY MONAGHAN	FEMALE 35+	LANGPORT RUNNERS	56.2%	00:05:20	00:08:35
127	238	00:26:50	DEIRDRE HOWELLS	FEMALE 45+	LANGPORT RUNNERS	60.9%	00:05:22	00:08:38

Position	Race No	Time	Name	Category	Club	Age Related %	Pace Min/KM	Pace Min/Mile
128	276	00:28:09	ADAM HAWKINS	MALE 50+ VET	YTRRC	52.9%	00:05:38	00:09:04
129	510	00:28:35	LLOYD GOMME	MALE 40+ VET	UNATTACHED	48.9%	00:05:43	00:09:12
130	212	00:28:42	DAVID GERMAN	MALE 60+ VET	LANGPORT RUNNERS	58.7%	00:05:44	00:09:14
131	506	00:28:44	MICHELLE BROWN	FEMALE 35+	YTRRC	50.9%	00:05:45	00:09:15
132	182	00:28:47	DAVID BAKER	MALE 60+ VET	UNATTACHED	56.7%	00:05:45	00:09:16
133	130	00:28:55	JENNIFER SLADE	FEMALE 45+	YOAC	55.4%	00:05:47	00:09:18
134	530	00:29:09	CORRINE HAWKINS	FEMALE 45+	WELLS CITY HARRIERS	55.5%	00:05:50	00:09:23
135	507	00:29:28	BEN STONE	MALE SENIOR	UNATTACHED	44.0%	00:05:54	00:09:29
136	117	00:29:43	SARAH RUSTON	FEMALE 35+	UNATTACHED	49.2%	00:05:57	00:09:34
137	220	00:30:01	KATHY MAPLE	FEMALE 35+	YTRRC	49.9%	00:06:00	00:09:40
138	520	00:32:56	PAULINE HAWKINS	FEMALE SENIOR	UNATTACHED	43.7%	00:06:35	00:10:36
139	88	00:34:27	VICTORIA TUCKER	FEMALE SENIOR	UNATTACHED	41.8%	00:06:53	00:11:05
140	90	00:34:27	GREGOR LEGGITT	MALE SENIOR	UNATTACHED	37.6%	00:06:53	00:11:05
141	68	00:36:55	FIONA ROBINSON	FEMALE 35+	UNATTACHED	42.3%	00:07:23	00:11:53
142	200	00:37:00	NICKY 'SWEEPER' ADCOCK	FEMALE 45+	YEOVIL TOWN RRC	44.1%	00:07:24	00:11:54