

The Cardiff Marathon & Half Marathon 3-10-2004

Half Marathon Results

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
1	5109	Adrian	Marriott	M	MSEN	01:08:28	1	01:08:28	1	Yeovil Town RRC
2	5009	Paul	Harper	M	MSEN	01:14:42	2	01:14:26	2	
3	6077	Alan	Buckingham	M	MSEN	01:16:51	3	01:16:50	3	Bath Athletics club
4	6121	Mark	Bendall	M	MSEN	01:17:31	4	01:17:30	4	Horsforth Harriers
5	6172	Rick	Kiddle	M	M40 - 44	01:18:52	5	01:18:52	1	SBR Sports
6	4040	Tim	Brown	M	MSEN	01:19:25	6	01:19:21	5	
7	5394	Alistair	Chambers	M	M40 - 44	01:19:30	7	01:19:28	2	
8	4628	Adam	Holland	M	MSEN	01:19:48	8	01:19:45	6	Tavistock A C
9	4851	Clem	Clement	M	M45 - 49	01:20:04	10	01:20:02	1	Penarth & Dinas Runners
10	5008	Stephen	Paterson	M	MSEN	01:20:20	11	01:20:19	8	Cardiff Pegasus
11	5246	Iain	Darby	M	M40 - 44	01:20:30	12	01:20:24	3	DML Running Club
12	5879	David	Cunningham	M	MSEN	01:20:50	13	01:20:44	9	
13	6104	Emyr	Roberts	M	MSEN	01:20:56	9	01:19:56	7	
14	4509	Malachy	Mcallister	M	MSEN	01:21:05	15	01:21:04	10	Les Croupiers Cardiff
15	3815	Ian	Spilsbury	M	M40 - 44	01:21:12	14	01:20:44	4	Penarth & Dinas Runners
16	4627	Tony	Symons	M	M40 - 44	01:22:44	16	01:22:38	5	Tavistock Athletic Club
17	6144	Patrick	Stockreisser	M	MSEN	01:23:21	17	01:23:08	11	
18	5986	Dean	House	M	MSEN	01:23:23	19	01:23:16	13	pegasus running club
19	4087	Steven	Jones	M	MSEN	01:23:23	20	01:23:19	14	
20	4741	Adam	Stephens	M	MSEN	01:23:42	22	01:23:27	15	Worthing & District Harriers
21	5811	Geoff	Farmer	M	M50 - 54	01:23:59	25	01:23:52	1	Chase Harriers
22	4094	Colin	Averis	M	MSEN	01:24:15	18	01:23:10	12	Team Real Runner
23	5779	Tony	Casey	M	M45 - 49	01:24:17	21	01:23:19	2	Runnymede Runners
24	4053	Peter	Hill	M	MSEN	01:24:30	23	01:23:32	16	
25	5497	Craig	Fowler	M	MSEN	01:24:43	28	01:24:24	20	Pontypridd Roadents
26	4829	John	Diffey	M	M40 - 44	01:25:13	29	01:24:43	6	
27	4366	Andrew	Jeffery	M	MSEN	01:25:18	24	01:23:34	17	
28	5258	Philip	Hamer	M	MSEN	01:25:19	31	01:25:11	22	
29	5913	Brian	Lovett	M	MSEN	01:25:33	33	01:25:28	23	SAN DOMENICO RRC
30	3345	Clive	Morgan	M	MSEN	01:25:36	35	01:25:33	24	San Domineco
31	3495	Jon	Harmer	M	MSEN	01:25:45	37	01:25:42	25	
32	3523	Jason	Revill	M	MSEN	01:25:46	39	01:25:45	27	
33	3418	Christopher	Oxley	M	MSEN	01:26:02	27	01:24:23	19	
34	5824	Andrew	Thompson	M	M45 - 49	01:26:05	36	01:25:36	3	Griffithstown Harriers
35	3494	Mark	Harford	M	MSEN	01:26:19	30	01:24:56	21	Ealing Southall and Middlesex AC
36	5758	Gerard	Crispie	M	M40 - 44	01:26:29	34	01:25:32	8	Les Croupiers
37	3536	Neil	Marke	M	M40 - 44	01:26:39	32	01:25:27	7	Bideford BAAC
38	3006	Stuart	Williams	M	MSEN	01:26:50	38	01:25:43	26	
39	4958	Richard	Boldero	M	MSEN	01:26:51	40	01:26:44	28	
40	3364	David	Morgan	M	MSEN	01:27:06	26	01:24:05	18	
41	6082	Mark	Eldridge	M	MSEN	01:27:31	44	01:27:31	31	
42	4960	Alan	Taylor	M	M45 - 49	01:27:40	42	01:27:14	4	
43	5481	Andy	Robinson	M	MSEN	01:27:42	43	01:27:22	30	
44	5547	Helen	Yule	F	F35 - 39	01:27:46	47	01:27:43	1	Llisbury Runners
45	6087	Joseph	Bray	M	MSEN	01:27:52	46	01:27:41	32	
46	3751	Scott	Etherington	M	MSEN	01:27:57	48	01:27:49	33	
47	4277	Jonathan	Hughes	M	MSEN	01:28:03	50	01:28:00	34	Swansea
48	4608	Chris	Eastlaugh	M	M40 - 44	01:28:04	45	01:27:38	9	Tavistock AC
49	4749	Brian	Malin	M	M45 - 49	01:28:09	49	01:27:52	5	Rugby & Northampton
50	5559	Sara	Bishopp	F	FSEN	01:28:15	53	01:28:11	1	Burgess Hill
51	5653	Nick	Lovett	M	MSEN	01:28:15	52	01:28:10	35	Pickering R.C.
52	4913	Steven	Reading	M	MSEN	01:28:18	55	01:28:14	37	
53	5896	Anthony	Lydall	M	MSEN	01:28:35	54	01:28:12	36	
54	4928	Gwen	Kieran	F	FSEN	01:28:52	66	01:28:51	2	St. Edmund Pacers
55	5019	Si	Williams	M	MSEN	01:29:07	58	01:28:30	38	
56	5459	Darren	Cheeseman	M	MSEN	01:29:10	67	01:28:59	45	
57	3624	Andrew	Palmer	M	MSEN	01:29:12	64	01:28:47	44	Penarth & Dinas Runners
58	5717	Richard	Lloyd	M	M40 - 44	01:29:15	51	01:28:01	10	Dulwich runners
59	4807	Mark	Williams	M	M40 - 44	01:29:25	65	01:28:51	12	Thornbury Running Club
60	5313	Gary	Howe	M	M45 - 49	01:29:29	70	01:29:25	6	3m gorseinon road runners
61	5513	James	Hartwright	M	MSEN	01:29:29	62	01:28:33	42	Kenilworth
62	5725	Gareth	Williams	M	MSEN	01:29:35	61	01:28:32	41	
63	3228	Clive	Harrison	M	M45 - 49	01:29:37	72	01:29:32	8	
64	5894	Andrew	Milton	M	MSEN	01:29:37	41	01:27:09	29	
65	5343	Paul	Ezard	M	MSEN	01:29:43	76	01:29:42	50	Brackla Harriers
66	4681	Clive	Horton	M	M40 - 44	01:29:44	75	01:29:40	13	Plymouth Harriers
67	5768	Peter	Beaumont	M	MSEN	01:29:45	68	01:29:03	46	
68	5873	Alan	Walton	M	MSEN	01:29:57	74	01:29:35	49	San Domeinco
69	5011	Paul	Charles	M	M45 - 49	01:30:05	79	01:29:54	9	
70	5181	Chris	Blackmore	M	MSEN	01:30:07	83	01:30:06	54	Cardiff Harlequins
71	4915	S	Brewer	M	MSEN	01:30:14	63	01:28:45	43	Belgrave Harriers
72	3283	James	Towl	M	MSEN	01:30:14	78	01:29:45	52	
73	5759	Julian	Doyle	M	MSEN	01:30:22	87	01:30:16	57	
74	3903	Nichola	Walsh	F	FSEN	01:30:24	84	01:30:10	3	Griffithstown Harriers
75	5319	D	Mogford	M	MSEN	01:30:24	60	01:28:31	40	
76	5020	Gareth	Davies	M	MSEN	01:30:27	91	01:30:23	60	
77	3557	Jane	Stephens	F	F35 - 39	01:30:29	92	01:30:24	2	Epsom & Ewell Harriers
78	4571	Mark	Rose	M	MSEN	01:30:30	86	01:30:11	56	
79	4170	Graham	Colvin	M	M40 - 44	01:30:31	56	01:28:23	11	3M Gorseinon RR
80	5555	Chris	Mccabe	M	MSEN	01:30:31	94	01:30:29	61	
81	6080	Robert	Tweed	M	MSEN	01:30:33	73	01:29:33	48	
82	5943	Daniel	Redfern	M	MSEN	01:30:36	82	01:30:06	55	Penarth & Dinas Runners
83	4671	Dave	Thomas	M	M50 - 54	01:30:39	57	01:28:24	2	Les Croupiers,Cardiff

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
84	5133	David	Hodgson	M	MSEN	01:30:45	81	01:30:01	53	
85	5457	John	Keenan	M	M50 - 54	01:30:57	96	01:30:49	4	Southampton RC
86	4865	Philip	Butler	M	M50 - 54	01:31:01	90	01:30:21	3	Wye Valley Runners
87	5298	Robert	John	M	MSEN	01:31:04	98	01:30:53	64	les croupiers
88	4636	Barrie	Cardew	M	M45 - 49	01:31:06	71	01:29:31	7	Cam Runners
89	5795	Simon	Harrison	M	MSEN	01:31:06	93	01:30:29	62	
90	5228	Sara	Rhimes	F	F45 - 49	01:31:16	100	01:30:54	1	Eastleigh RC
91	5491	Raymond	Wood	M	M40 - 44	01:31:19	85	01:30:11	14	
92	5233	Michael	Bunston	M	MSEN	01:31:19	106	01:31:12	68	Islwyn
93	5715	Benjamin	Allen	M	MSEN	01:31:24	102	01:30:59	66	
94	4632	Philip	Lockyer	M	MSEN	01:31:28	77	01:29:42	51	
95	3806	Rachel	Bown	F	FSEN	01:31:32	105	01:31:10	4	Frome A.C.
96	5721	Neil	Simon	M	MSEN	01:31:33	103	01:31:08	67	
97	5461	Bill	Thackray	M	MSEN	01:31:37	111	01:31:33	70	
98	3590	Andrew	Minshaw	M	MSEN	01:31:38	110	01:31:33	71	
99	5806	Ian	Herbert	M	M40 - 44	01:31:40	109	01:31:29	16	
100	4284	Gareth	Hardman	M	MSEN	01:31:45	69	01:29:09	47	Winchester & District AC
101	4989	Neil	Lewis	M	M45 - 49	01:31:48	80	01:29:59	10	
102	4533	Alun	Bonello	M	MSEN	01:31:50	59	01:28:30	39	
103	4303	David	Hodgins	M	MSEN	01:31:51	108	01:31:23	69	
104	5917	Mark	Thomas	M	MSEN	01:31:52	88	01:30:18	58	
105	5383	Mark	Neale	M	MSEN	01:31:52	117	01:31:47	73	
106	5981	Alan	Cole	M	M50 - 54	01:31:53	114	01:31:40	5	
107	4497	Peter	Bazley	M	M45 - 49	01:32:02	112	01:31:36	14	Tavistock Athletic
108	3969	Scott	Harrison	M	MSEN	01:32:02	123	01:32:01	77	
109	3155	Gordon	Fletcher	M	M40 - 44	01:32:03	113	01:31:39	17	Road Runners Club
110	4859	James	O'Shea	M	MSEN	01:32:03	115	01:31:41	72	
111	5510	Graham	Moorhouse	M	M45 - 49	01:32:06	104	01:31:09	12	Trentham Running Club
112	5841	Michael	Topping	M	M40 - 44	01:32:16	116	01:31:45	18	
113	5802	Paul	King	M	MSEN	01:32:18	95	01:30:35	63	
114	6070	Dave	Hughes	M	MSEN	01:32:20	129	01:32:19	80	Brackla Harriers
115	3951	Peter	Kent	M	MSEN	01:32:26	89	01:30:21	59	
116	5273	Stuart	Wright	M	MSEN	01:32:27	99	01:30:53	65	
117	5849	Grant	Gibbon	M	MSEN	01:32:29	135	01:32:26	83	
118	4527	James	Harvey	M	MSEN	01:32:32	131	01:32:22	81	
119	6003	Tim	O'Sullivan	M	M45 - 49	01:32:39	101	01:30:59	11	Les Croupiers
120	3692	Paul	Murphy	M	MSEN	01:33:02	126	01:32:12	79	
121	4150	Michael	Fish	M	MSEN	01:33:02	136	01:32:30	84	
122	5218	Philip	Ide	M	M50 - 54	01:33:03	141	01:32:49	7	South London Harriers
123	3525	David	Jones	M	M50 - 54	01:33:06	127	01:32:13	6	
124	5254	Paul	Miller	M	M40 - 44	01:33:08	146	01:33:07	23	Pegasus RRC
125	5668	Stephen	Lewis	M	M45 - 49	01:33:10	147	01:33:08	19	Les Croupiers
126	5642	Phil	Evans	M	M40 - 44	01:33:17	143	01:32:56	22	
127	6060	Phillip	Evans	M	MSEN	01:33:18	120	01:31:50	75	
128	5339	Clive	Richardson	M	M45 - 49	01:33:19	150	01:33:18	20	Ludlow Runners
129	4786	Ruben	Rguez	M		01:33:24				
130	6102	Philip	Probert	M	MSEN	01:33:25	122	01:32:00	76	
131	5521	Christopher	Harley	M	MSEN	01:33:25	149	01:33:15	92	
132	3091	Phillip	Mears	M	MSEN	01:33:33	144	01:32:59	89	
133	4419	Mac	Elliott	M	MSEN	01:33:36	124	01:32:03	78	
134	5929	Chris	Bartlett	M	MSEN	01:33:36	155	01:33:32	95	
135	5680	Craig	Holland	M	M40 - 44	01:33:40	128	01:32:16	20	Pontypridd Roadents
136	4281	Ronald	Shannon	M	M45 - 49	01:33:42	107	01:31:19	13	Bitton Road Runners
137	3081	Matthew	Brockway	M	MSEN	01:33:45	148	01:33:10	91	
138	5909	Glyn	Sansom	M	M40 - 44	01:33:46	153	01:33:28	24	
139	4844	Paul	Morris	M	M45 - 49	01:33:47	118	01:31:47	15	Les Croupiers
140	4173	Joanna	Pritchard	F	F35 - 39	01:33:48	121	01:31:53	3	Les Croupiers
141	5644	David	Barclay	M	MSEN	01:33:52	145	01:33:00	90	Norfolk Gazelles
142	5478	Simon	Moat	M	M40 - 44	01:33:55	97	01:30:52	15	
143	5908	Mark	Halliwell	M	M45 - 49	01:34:00	137	01:32:32	18	Brackla Harriers
144	4983	Adam	Rees	M	M40 - 44	01:34:02	130	01:32:22	21	
145	4860	Nicholas	Rees	M	M45 - 49	01:34:02	132	01:32:23	16	
146	4582	Graham	Ford	M	MSEN	01:34:03	156	01:33:37	96	
147	4669	Carl	Hamer	M	MSEN	01:34:03	164	01:33:55	100	
148	5888	Richard	Laydon	M	M40 - 44	01:34:04	125	01:32:12	19	
149	5957	John	Tolhurst	M	M50 - 54	01:34:06	161	01:33:46	8	Paddock Wood AC
150	6094	Jonathan	Rigby	M	MSEN	01:34:06	119	01:31:48	74	
151	5627	Peter	Thompson	M	MSEN	01:34:12	152	01:33:24	93	
152	3625	Denis	Murphy	M	M50 - 54	01:34:14	167	01:33:56	9	Les Croupiers
153	5905	Ben	Connell	M	MSEN	01:34:20	177	01:34:19	108	Manchester triathlon club
154	5554	Joe	Welch	M	MSEN	01:34:23	139	01:32:43	86	
155	4735	Stephen	Owen	M	M45 - 49	01:34:24	133	01:32:24	17	
156	5006	Garry	Jones	M	MSEN	01:34:29	142	01:32:51	88	
157	5147	Ed	Willingham	M	MSEN	01:34:31	140	01:32:49	87	Senlac Arrows
158	4625	Matthew	Keeshan	M	MSEN	01:34:37	162	01:33:48	98	
159	5200	Peter	Goodall	M	M50 - 54	01:34:41	172	01:34:11	10	
160	5948	Simon	Warren	M	M40 - 44	01:34:42	154	01:33:31	25	
161	3652	Jon	Belcher	M	MSEN	01:34:44	138	01:32:34	85	
162	6083	Marc	Cuddihy	M	MSEN	01:34:44	166	01:33:55	101	
163	5693	Anthony	Moore	M	M45 - 49	01:34:45	157	01:33:38	21	San Domenico
164	5890	Clair	Strevens	F	FSEN	01:34:46	159	01:33:45	5	
165	5753	David	Williams	M	MSEN	01:34:47	151	01:33:24	94	
166	691	David	Proud	M	MSEN	01:34:53	169	01:34:00	103	
167	5544	Andrew	Woodhead	M	MSEN	01:34:53	188	01:34:46	117	
168	4109	Matthew	Hyde	M	MSEN	01:34:54	163	01:33:49	99	
169	3278	Gregory	Rogers	M	MSEN	01:34:56	134	01:32:25	82	
170	4920	Stephen	Christie	M	MSEN	01:35:05	186	01:34:43	116	

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
171	3541	Neil	Williams	M	M40 - 44	01:35:06	194	01:34:59	29	Pontypridd Rodents
172	4061	Gareth	Phillips	M	MSEN	01:35:12	182	01:34:28	112	
173	4007	Kevin	Carson	M	MSEN	01:35:16	173	01:34:12	105	
174	4152	Benjamin	Rollins	M	MSEN	01:35:18	200	01:35:11	124	
175	4481	Norman	Hudson	M	M45 - 49	01:35:21	158	01:33:39	22	
176	4867	Leon	Baker	M	MSEN	01:35:23	180	01:34:25	110	
177	4550	Geraint	Evans	M	MSEN	01:35:27	202	01:35:13	125	
178	3530	Laura	Sell	F	FSEN	01:35:28	189	01:34:53	6	Dartford RR
179	5005	Louise	Brooks	F	FSEN	01:35:34	197	01:35:03	7	
180	3426	Roger	Jelfs	M	MSEN	01:35:35	208	01:35:19	128	
181	4670	Shan	Cuthbert	F	F35 - 39	01:35:38	204	01:35:15	4	Cardigan Running Club
182	5906	Nobufumi	Takeuchi	M	MSEN	01:35:42	210	01:35:24	129	
183	5380	Sue	Williamson	F	F40 - 44	01:35:43	187	01:34:45	1	
184	5278	Glenn	Llewellyn	M	MSEN	01:35:44	181	01:34:27	111	
185	4282	Stephen	Perchard	M	MSEN	01:35:49	205	01:35:16	127	
186	5340	Robert	Kirby	M	M40 - 44	01:35:51	168	01:33:57	26	Tavistock A.A.
187	3839	Mark	Isherwood	M	MSEN	01:35:54	198	01:35:03	122	
188	6193	Noel	Isherwood	M	MSEN	01:35:55	196	01:35:03	123	
189	3768	Steve	Hill	M	MSEN	01:35:56	216	01:35:34	135	
190	6122	Richard	Durston	M	MSEN	01:35:57	193	01:34:57	120	
191	5318	Alexander	Graham	M	MSEN	01:35:58	179	01:34:24	109	
192	5215	Paddy	Nugent	M	M40 - 44	01:35:59	206	01:35:17	31	hereford couriers
193	5863	Andrew	Chainey	M	MSEN	01:35:59	185	01:34:34	115	Les Croupiers
194	5613	Kyle	Evans	M	MSEN	01:36:01	212	01:35:27	131	
195	4880	Judith	Van Der Voort	F	F40 - 44	01:36:03	190	01:34:55	2	
196	5817	Neil	Munn	M	M40 - 44	01:36:08	225	01:35:51	35	
197	5377	Colin	Dooling	M	MSEN	01:36:10	203	01:35:13	126	Kenilworth
198	3346	Huw	Jones	M	MSEN	01:36:13	192	01:34:56	119	
199	4073	Philip	Morgan	M	M40 - 44	01:36:15	199	01:35:09	30	
200	4062	Aled	Phillips	M	M40 - 44	01:36:15	207	01:35:19	32	
201	3515	Robert	Horrell	M	MSEN	01:36:17	195	01:35:00	121	Bideford BAAC
202	5149	Nicholas	Biddle	M	M50 - 54	01:36:28	201	01:35:12	12	
203	4371	Sophie	Lunnon	F	FSEN	01:36:30	237	01:36:14	8	
204	3950	Jonathan	Griffiths	M	MSEN	01:36:32	174	01:34:12	106	
205	5173	Damian	Pathy	M	M40 - 44	01:36:35	209	01:35:20	33	
206	5524	Kyle	Smart	M	MSEN	01:36:38	244	01:36:24	154	
207	5713	Paul	Smith	M	M40 - 44	01:36:39	178	01:34:23	28	
208	3078	Aled	Jeffreys	M	MSEN	01:36:40	171	01:34:08	104	
209	4378	Norman	Day	M	MSEN	01:36:40	213	01:35:28	132	
210	5221	Mark	Warman	M	M40 - 44	01:36:41	170	01:34:03	27	
211	6020	Simon	Glanville	M	MSEN	01:36:43	184	01:34:33	114	
212	5444	Matthew	Turner	M	MSEN	01:36:44	250	01:36:39	156	
213	4388	Amy	Lunnon	F	FSEN	01:36:45	246	01:36:29	10	
214	5374	Philip	Tandy	M	M45 - 49	01:36:45	249	01:36:36	23	San Domenico
215	3610	Darren	Mein	M	MSEN	01:36:45	215	01:35:31	134	
216	426	Robert	Mcnabb	M	MSEN	01:36:46	230	01:36:04	147	
217	4316	Richard	Holland	M	MSEN	01:36:48	223	01:35:44	140	Pontypridd Rodents
218	5756	Bernie	Monk	M	M55 - 59	01:36:49	242	01:36:23	2	Club 69 Tredegar
219	4349	Nicholas	Keylock	M	MSEN	01:36:49	160	01:33:45	97	
220	5312	Huw	Pullen	M	MSEN	01:36:52	231	01:36:04	148	
221	3013	David	McKeag	M	MSEN	01:36:52	261	01:36:50	161	
222	5266	Peter	Cottnam	M	M40 - 44	01:36:53	258	01:36:47	39	Penarth & Dinas Runners
223	5197	Alex	Mcinch	M	MSEN	01:36:54	252	01:36:40	158	
224	5816	Craig	Harper	M	MSEN	01:36:57	239	01:36:19	153	
225	4319	Michael	Gibbs	M	M40 - 44	01:37:00	217	01:35:37	34	Road Runners club
226	5884	Ben	Trow	M	MSEN	01:37:03	175	01:34:16	107	
227	5885	Malcolm	Trow	M	M50 - 54	01:37:04	176	01:34:17	11	
228	5922	Mike	Travers	M	MSEN	01:37:05	219	01:35:40	136	
229	5408	Robin	Dow	M	MSEN	01:37:06	191	01:34:55	118	
230	5754	Gareth	Renshaw	M	M40 - 44	01:37:09	262	01:36:51	41	Cardigan R.C.
231	5120	Jan	Van Andel	M	MSEN	01:37:13	214	01:35:29	133	
232	5585	Grant	Giles	M	MSEN	01:37:15	221	01:35:43	139	
233	5987	Jessica	Parry-Williams	F	FSEN	01:37:18	241	01:36:21	9	
234	4944	Howard	Cole	M	M45 - 49	01:37:19	271	01:37:04	24	
235	5117	Peter	Edwards	M	MSEN	01:37:21	235	01:36:11	151	
236	5801	Michael	Laing	M	MSEN	01:37:22	264	01:36:52	163	
237	4938	Andy	Quicke	M	MSEN	01:37:26	220	01:35:42	138	
238	4640	Rhodri	Williams	M	MSEN	01:37:27	283	01:37:22	175	
239	4795	James	Tiernan	M	MSEN	01:37:27	285	01:37:24	177	
240	3233	Jeffrey	Davies	M	MSEN	01:37:31	226	01:35:55	143	
241	5827	Kate	Rees	F	F35 - 39	01:37:32	240	01:36:20	5	
242	5520	Holger	Waalkens	M	MSEN	01:37:32	234	01:36:10	150	
243	5794	Robin	Griffiths	M	MSEN	01:37:32	236	01:36:13	152	
244	5001	Christopher	Jenkins	M	MSEN	01:37:32	263	01:36:51	162	
245	3823	Chris	Simm	M	MSEN	01:37:32	286	01:37:27	178	
246	4480	Edward	Hudson	M	MSEN	01:37:34	224	01:35:51	142	
247	5091	Rhodri	Lloyd	M	MSEN	01:37:35	278	01:37:12	172	
248	4131	Simon	Burns	M	MSEN	01:37:35	284	01:37:23	176	
249	5593	David	Proffitt	M	M50 - 54	01:37:37	243	01:36:23	13	Newport Harriers
250	3246	Phil	Hullah	M	MSEN	01:37:43	233	01:36:07	149	
251	3362	Steve	Taylor	M	MSEN	01:37:44	229	01:35:59	145	
252	5700	Greg	Roberts	M	MSEN	01:37:44	275	01:37:07	169	
253	5694	Stephen	Bendle	M	M40 - 44	01:37:45	259	01:36:48	40	3M's Gorseinon
254	5978	Calum	Clark	M	MSEN	01:37:45	272	01:37:05	167	
255	5967	Gareth	John	M	M50 - 54	01:37:47	267	01:36:57	16	Les Croupiers
256	5423	Andrew	Williams	M	MSEN	01:37:49	251	01:36:39	157	
257	5545	Rob	Law	M	MSEN	01:37:50	165	01:33:55	102	

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
258	4948	Josh	Rathbone	M	MSEN	01:37:51	277	01:37:11	171	
259	3039	Katy	Wormald	F	FSEN	01:37:52	257	01:36:45	13	
260	3038	Anna	Walker	F	FSEN	01:37:52	256	01:36:45	12	
261	5663	Kieman	McDonnell	M	M45 - 49	01:37:53	280	01:37:17	25	
262	5705	Peter	Burne	M	MSEN	01:37:57	218	01:35:40	137	
263	5352	Tunji	Kasunmu	M	MSEN	01:37:59	297	01:37:55	185	Serpentine
264	5589	Edward	Griffiths	M	MSEN	01:38:02	228	01:35:59	146	
265	5990	Robert	Steed	M	MSEN	01:38:05	292	01:37:41	181	
266	6014	Mark	Hazelhurst	M	M45 - 49	01:38:06	298	01:37:57	26	Nene Valley Harriers
267	5098	Huw	Llewelyn	M	M55 - 59	01:38:13	238	01:36:18	1	
268	5875	Jaime	Ortiz-canavate	M	MSEN	01:38:15	222	01:35:44	141	
269	3801	Ian	Joslin	M	MSEN	01:38:16	254	01:36:44	159	
270	4792	Dylan	Jones	M	MSEN	01:38:16	302	01:38:09	187	
271	5311	Huw	Protheroe	M	MSEN	01:38:16	303	01:38:10	188	
272	5707	Frank	Williams	M	M50 - 54	01:38:17	248	01:36:35	14	Les Croupiers
273	4113	Jonathan	Harford	M	MSEN	01:38:19	268	01:36:59	165	
274	5448	Jessica	Cunliffe	F	FSEN	01:38:20	247	01:36:33	11	Rugby & Northampton A.C.
275	4601	Angharad	Mason	F	FSEN	01:38:20	269	01:37:00	14	
276	6163	Sam	Macalister-Smith	M	MSEN	01:38:20	183	01:34:29	113	
277	4128	Andrew	Lucas	M	M40 - 44	01:38:21	232	01:36:06	36	Gorseinon RR
278	3431	Paul	Hudson	M	M40 - 44	01:38:21	289	01:37:32	44	
279	5569	Lucy	Gillam	F	FSEN	01:38:22	301	01:38:08	15	
280	5290	Francois	Guillaumel	M	MSEN	01:38:23	274	01:37:06	168	
281	4773	Luke	Sellers	M	MSEN	01:38:30	311	01:38:20	193	
282	5360	Douglas	Lamont	M	M50 - 54	01:38:38	266	01:36:54	15	Leighton Fun Runners
283	3399	Gary	Taylor	M	MSEN	01:38:41	265	01:36:54	164	
284	4678	Meirion	Williams	M	MSEN	01:38:48	304	01:38:10	189	
285	4257	L.	Currie	M	M45 - 49	01:38:51	310	01:38:16	29	
286	3673	David	Somersall	M	MSEN	01:38:55	211	01:35:26	130	
287	3608	Kieron	Jones	M	MSEN	01:38:56	282	01:37:21	174	
288	5516	Robert	Sherman	M	M40 - 44	01:38:58	288	01:37:31	43	
289	5734	Kevin	McMahon	M	MSEN	01:38:59	260	01:36:49	160	
290	3376	Paul	Beattie	M	MSEN	01:39:00	299	01:38:01	186	
291	3401	Emma	Hatherall	F	FSEN	01:39:03	320	01:38:45	17	
292	5244	Paul	Robertshaw	M	MSEN	01:39:03	227	01:35:56	144	
293	4988	Ian	Derrick	M	MSEN	01:39:03	305	01:38:13	190	Les Croupiers
294	3582	John	Hale	M	M45 - 49	01:39:04	300	01:38:06	27	
295	6055	Stephen	Fisher	M	M50 - 54	01:39:05	308	01:38:15	19	Islwyn Running Club
296	6174	Richard	Brewer	M	M45 - 49	01:39:11	324	01:38:53	32	Les Croupiers
297	5964	Jonathan	Davies	M	M40 - 44	01:39:16	335	01:39:03	46	
298	5058	Crispin	Masterman	M	M60+	01:39:18	291	01:37:40	1	
299	5445	Kevin	Hudson	M	M45 - 49	01:39:20	334	01:39:01	34	Weston A.C.
300	4404	David	Ricketts	M	M40 - 44	01:39:25	330	01:38:56	45	
301	5443	Ashley	Rees	M	MSEN	01:39:29	339	01:39:07	205	
302	4504	Mark	Powell	M	MSEN	01:39:29	348	01:39:26	209	
303	4566	John	O'Shea	M	M45 - 49	01:39:31	312	01:38:22	30	
304	5869	Roger	Warley	M	M45 - 49	01:39:31	322	01:38:52	31	cheltenham harriers
305	3189	Sian	Llewellyn	F	FSEN	01:39:32	314	01:38:26	16	
306	6031	Brian	Greaves	M	M50 - 54	01:39:33	319	01:38:40	22	
307	5180	Matthew	Parr	M	M40 - 44	01:39:37	340	01:39:10	48	
308	5373	Rebecca	Harris	F	F35 - 39	01:39:39	331	01:38:58	6	Les Croupiers
309	4484	Christopher	Bache	M	MSEN	01:39:39	317	01:38:36	196	
310	3807	Richie	Hart	M	MSEN	01:39:41	287	01:37:29	179	
311	5378	Niall	Foster	M	MSEN	01:39:41	349	01:39:31	211	
312	5815	Russ	Evans	M	M40 - 44	01:39:43	255	01:36:45	38	
313	4848	Colin	Ward	M	M50 - 54	01:39:43	318	01:38:37	21	
314	5249	Jason	Winstone	M	MSEN	01:39:43	276	01:37:08	170	
315	4539	Daniel	Guilfoyle	M	MSEN	01:39:45	270	01:37:03	166	
316	4875	Jakob	Klode Pedersen	M	MSEN	01:39:45	306	01:38:15	191	
317	3699	Robert	James	M	MSEN	01:39:46	346	01:39:24	208	
318	5552	Vian	Vorster	M	MSEN	01:39:49	325	01:38:53	198	
319	5553	Morne	Vorster	M	MSEN	01:39:49	323	01:38:53	199	
320	4338	James	Boast	M	MSEN	01:39:54	279	01:37:15	173	
321	4236	Stephen	Cray	M	M45 - 49	01:39:55	345	01:39:22	35	Penarth and Dinas Runners
322	5118	Stephen	Pearce	M	M50 - 54	01:39:57	293	01:37:43	18	
323	5703	Richard	Woodhead	M	MSEN	01:39:57	290	01:37:37	180	
324	4729	Jo	Woulfe	F	F40 - 44	01:40:01	333	01:39:01	3	
325	4852	Marcus	Rigby	M	MSEN	01:40:02	363	01:39:51	221	
326	4713	Chris	Purdon	M	M40 - 44	01:40:03	372	01:40:02	50	Heme Hill Harriers
327	3099	Kevin	Passmore	M	M45 - 49	01:40:03	355	01:39:40	36	
328	5770	Robert	Owen	M	M40 - 44	01:40:09	273	01:37:06	42	
329	5184	Richard	Greenhalf	M	M45 - 49	01:40:10	326	01:38:54	33	Kenilworth Runners
330	4982	Michael	Bevan	M	MSEN	01:40:15	294	01:37:45	182	
331	4172	Emma	Forrest	F	FSEN	01:40:16	359	01:39:44	18	
332	4766	Mike	James	M	M40 - 44	01:40:16	253	01:36:43	37	
333	3338	Cheryl	Hudgell	F	FSEN	01:40:17	376	01:40:07	20	
334	5823	Neil	Bradley	M	MSEN	01:40:17	315	01:38:27	195	
335	4594	Christian	Borge	M	MSEN	01:40:17	350	01:39:32	212	
336	5358	Gillian	Phillips	F	F45 - 49	01:40:20	379	01:40:09	3	Sospan Road Runners
337	5579	Neil	Tatnell	M	M50 - 54	01:40:20	316	01:38:28	20	
338	5542	Paul	Hayton	M	MSEN	01:40:22	245	01:36:28	155	
339	5348	Jason	Lewis	M	MSEN	01:40:23	384	01:40:13	231	
340	4370	Simon	Battson	M	MSEN	01:40:25	309	01:38:16	192	
341	5532	James	Wagstaff	M	MSEN	01:40:25	342	01:39:12	206	
342	5356	Roger	Hewitt	M	M50 - 54	01:40:26	370	01:40:00	25	Tavistock
343	4470	Edward	Donovan	M	MSEN	01:40:31	367	01:39:57	223	
344	3334	Andrew	Morton	M	MSEN	01:40:32	338	01:39:05	203	

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
345	4467	Richard	Chidley	M	MSEN	01:40:32	388	01:40:22	232	
346	6164	Phillip	Coles	M	MSEN	01:40:34	327	01:38:56	200	
347	6185	Anna	Hollyman	F	FSEN	01:40:35	360	01:39:46	19	Areana 80
348	5326	David	Bennett	M	MSEN	01:40:40	356	01:39:43	216	
349	5599	Jonathan	Heming	M	MSEN	01:40:40	380	01:40:09	230	
350	5193	Sarah	Gardner-Hall	F	FSEN	01:40:42	389	01:40:24	22	Norton Canes RR
351	5004	Stuart	Keeping	M	M40 - 44	01:40:43	387	01:40:19	51	
352	4245	Mathew	Williams	M	MSEN	01:40:44	337	01:39:05	204	
353	3565	Dorian	Rees	M	MSEN	01:40:47	358	01:39:44	217	
354	3986	Brian	Telford	M	M45 - 49	01:40:52	307	01:38:15	28	
355	6002	Stuart	Macgregor	M	M45 - 49	01:40:52	382	01:40:11	39	Avon Valley Runners
356	3506	Martin	Stone	M	MSEN	01:40:54	313	01:38:22	194	
357	6159	Toby	Weeden	M	MSEN	01:40:54	362	01:39:49	220	
358	4937	Christian	Adams	M	MSEN	01:41:00	377	01:40:07	229	
359	5480	Michael	Potter	M	MSEN	01:41:03	395	01:40:41	235	Weston A.C.
360	6065	Andrew	Sedgmond	M	M50 - 54	01:41:05	381	01:40:10	26	Les Croupiers
361	5935	Andy	Chapman	M	MSEN	01:41:05	295	01:37:49	183	
362	6130	Philip	Jenkins	M	M50 - 54	01:41:06	341	01:39:10	23	
363	4001	Christopher	Addy	M	MSEN	01:41:06	296	01:37:54	184	
364	5264	Mike	Lomax	M	MSEN	01:41:08	361	01:39:47	219	
365	6157	Andrew	Jolly	M	MSEN	01:41:10	373	01:40:04	227	
366	5690	David	Pary	M	MSEN	01:41:11	399	01:40:44	236	
367	5654	Ieuan	Davies	M	M45 - 49	01:41:12	408	01:40:52	43	Llandoverly Roadents
368	4714	Liam	Hannaway	M	MSEN	01:41:12	351	01:39:38	213	
369	4942	Darrell	Sturley	M	M45 - 49	01:41:15	374	01:40:05	38	
370	3800	Sue	MacGregor	F	F45 - 49	01:41:16	393	01:40:35	4	AVON VALLEY RUNNERS
371	5736	Peter	Austin	M	MSEN	01:41:22	375	01:40:05	228	
372	4750	Wally	Lake	M	M50 - 54	01:41:23	281	01:37:20	17	Tavistock
373	5936	Michael	Jarman	M	MSEN	01:41:24	357	01:39:44	218	
374	5976	Johnathan	Boland	M	MSEN	01:41:26	422	01:41:11	247	Penarth ABC
375	4041	Gareth	Ellis	M	MSEN	01:41:27	365	01:39:54	222	
376	3907	Richard	Jones	M	MSEN	01:41:36	433	01:41:29	253	
377	4853	Elin	Morris	F	F35 - 39	01:41:38	428	01:41:24	7	
378	6047	Stuart	Hughes	M	MSEN	01:41:38	368	01:39:57	224	
379	5412	Simon	Kirby	M	MSEN	01:41:38	394	01:40:40	234	Royal Air Force
380	5413	Martin	Hole	M	MSEN	01:41:38	398	01:40:44	237	Royal Air Force
381	6136	Keith	Treharne	M	M55 - 59	01:41:45	386	01:40:15	4	Brackla Harriers
382	4380	Alun	Lowe	M	MSEN	01:41:45	321	01:38:52	197	
383	6154	Christopher	Rees	M	M40 - 44	01:41:46	336	01:39:04	47	
384	6143	Richard	Sewell	M	M45 - 49	01:41:46	442	01:41:43	46	Les Croupiers
385	6169	Michael	Hughes	M	MSEN	01:41:47	344	01:39:17	207	
386	4447	Michael	Heley	M	M45 - 49	01:41:49	385	01:40:14	41	
387	3549	Eurgain	Dafydd	F	FSEN	01:41:51	401	01:40:47	23	Clwb Rhedeg Menter Caerdydd
388	5696	Odette	White	F	F45 - 49	01:41:53	441	01:41:43	5	Sospan Road Runners
389	5738	Sam	Crawford	M	MSEN	01:41:54	402	01:40:49	239	
390	6133	Geoffrey	Hooper	M	M55 - 59	01:41:56	332	01:38:59	3	
391	4968	John	Skehan	M	M50 - 54	01:42:01	353	01:39:40	24	
392	3670	Stephen	Widdicks	M	MSEN	01:42:01	421	01:41:10	246	
393	3243	Andrew	Blackmore	M	MSEN	01:42:01	438	01:41:38	256	
394	5464	David	Roberts	M	MSEN	01:42:02	329	01:38:56	201	
395	5900	Giles	Jones	M	MSEN	01:42:04	448	01:41:49	262	
396	5764	Shan	Jones	F	F45 - 49	01:42:05	456	01:42:03	6	Brackla
397	5701	Andrew	Jones	M	MSEN	01:42:06	455	01:42:02	268	
398	3307	Angela	Brown	F	F45 - 49	01:42:07	364	01:39:53	2	
399	3432	Lee	Morris	M	MSEN	01:42:08	439	01:41:38	257	
400	4572	Dean	Ware	M	MSEN	01:42:11	437	01:41:38	258	
401	5652	Stuart	Dutton	M	MSEN	01:42:12	430	01:41:27	251	
402	5354	Steve	Snook	M	M40 - 44	01:42:15	390	01:40:27	52	
403	6061	Simon	Hurford	M	M40 - 44	01:42:16	343	01:39:12	49	
404	6006	Huw	Williams	M	MSEN	01:42:17	391	01:40:28	233	
405	5079	Aled	James	M	MSEN	01:42:18	347	01:39:26	210	
406	5439	Helen	Jessop	F	FSEN	01:42:19	378	01:40:08	21	
407	6139	Neil	Spencer	M	MSEN	01:42:22	464	01:42:16	273	
408	6021	Scott	Terrell	M	MSEN	01:42:22	468	01:42:20	275	Chippenham Harriers
409	5666	Nigel	Holmes	M	M45 - 49	01:42:25	383	01:40:13	40	Ivanhoe Runners
410	3298	Tony	Brown	M	M45 - 49	01:42:26	404	01:40:49	42	
411	6016	Julia	Grey	F	F40 - 44	01:42:27	472	01:42:24	5	
412	3818	George	Norman	M	M50 - 54	01:42:28	397	01:40:43	27	
413	3728	Steven	Watkin	M	M40 - 44	01:42:29	392	01:40:32	53	
414	6127	Malin	Falck	F	FSEN	01:42:30	444	01:41:47	32	Les Croupiers
415	5528	Lewis	Williams	M	MSEN	01:42:30	463	01:42:11	271	
416	3348	Abey	George-Plunkett	F	FSEN	01:42:32	419	01:41:09	30	
417	3704	Tessa	Ward-Booth	F	FSEN	01:42:33	403	01:40:49	24	
418	4922	Jodie	Boyd	F	FSEN	01:42:33	407	01:40:52	27	
419	5107	Simon	Sinn	M	MSEN	01:42:35	454	01:42:02	269	Colwyn Bay
420	3830	Tony	Rudge	M	M45 - 49	01:42:38	366	01:39:56	37	Langport Runners
421	6066	Jamie	Griffiths	M	MSEN	01:42:39	352	01:39:39	214	
422	3267	Jenny	Hughes	F	FSEN	01:42:43	411	01:40:54	29	
423	3700	Steven	Force	M	M40 - 44	01:42:45	473	01:42:26	63	
424	5064	Lyndon	Brewer	M	MSEN	01:42:46	426	01:41:17	249	
425	3011	C.	Robinson	M	MSEN	01:42:46	486	01:42:37	285	
426	3584	Nikky	Carnigie	F	FSEN	01:42:48	475	01:42:27	34	
427	5523	Kelly	Morgan	F	FSEN	01:42:52	405	01:40:50	25	
428	5325	Robert	Haase	M	M40 - 44	01:42:52	423	01:41:13	57	
429	5406	Diana	Mills	F	FSEN	01:42:53	406	01:40:51	26	
430	5217	Thomas	James	M	MSEN	01:42:53	354	01:39:40	215	
431	4905	Adam	Davies	M	MSEN	01:42:53	369	01:39:59	225	

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
432	3606	Brian	Hart	M	MSEN	01:42:54	420	01:41:09	243	
433	3185	Neil	Hendry	M	M45 - 49	01:42:55	436	01:41:34	45	Penarth & Dinas Runners
434	3808	Andrew	Godwin	M	M40 - 44	01:42:57	409	01:40:53	54	
435	6074	Stephen	Hollis	M	MSEN	01:42:57	452	01:41:57	266	
436	5563	Peter	Harrop	M	MSEN	01:43:02	328	01:38:56	202	
437	5541	Erwin	Riedl	M	MSEN	01:43:03	443	01:41:43	259	
438	5606	Conor	Byrne-jones	M	MSEN	01:43:06	453	01:42:00	267	Chepstow Harriers
439	5308	Marc	Charles	M	MSEN	01:43:07	492	01:42:46	288	
440	4218	Nick	Bryce	M	MSEN	01:43:09	447	01:41:49	263	
441	4149	James	Bellows	M	MSEN	01:43:09	485	01:42:36	284	
442	4439	Stuart	Ashmore	M	MSEN	01:43:10	511	01:43:03	305	
443	4311	Susan	Bidgood	F	F40 - 44	01:43:14	396	01:40:42	4	
444	5739	Cledwyn	Jones	M	M60+	01:43:15	509	01:42:58	2	Les Croupiers R.C.
445	5053	Marc	Saunders	M	MSEN	01:43:15	417	01:41:09	244	Royston Runners
446	3280	Michael	Cross	M	MSEN	01:43:18	418	01:41:09	245	
447	4185	Nigel	Edmunds	M	MSEN	01:43:20	478	01:42:29	279	
448	4267	Julian	Malton	M	M40 - 44	01:43:21	416	01:41:08	56	
449	3356	Kevin	Moore	M	MSEN	01:43:21	520	01:43:13	312	
450	5083	Ross	Hodges	M	MSEN	01:43:23	445	01:41:47	260	
451	3935	Stephen	Vooght	M	M45 - 49	01:43:25	497	01:42:50	49	
452	3753	John	Nunn	M	MSEN	01:43:27	451	01:41:53	265	
453	4004	Gerwyn	Fear	M	MSEN	01:43:28	503	01:42:56	298	
454	4228	Kevin	King	M	M40 - 44	01:43:29	466	01:42:18	61	
455	5069	Alex	Hopkins	M	MSEN	01:43:30	400	01:40:46	238	
456	4665	Ceri-Anne	Davies	F	F35 - 39	01:43:33	459	01:42:09	8	Pontypridd Roadents
457	5222	Anthony	Beer	M	M40 - 44	01:43:33	425	01:41:17	58	
458	5033	Nicholas	Main	M	MSEN	01:43:33	412	01:40:55	240	
459	5405	Richard	Webb	M	MSEN	01:43:34	502	01:42:55	297	
460	5709	Andrew	Oldham	M	MSEN	01:43:37	371	01:40:01	226	
461	526	Michael	Beynon	M	MSEN	01:43:37	523	01:43:16	314	
462	4659	Andrew	Smith	M	M45 - 49	01:43:38	458	01:42:08	47	Tavistock
463	5876	Timothy	Street	M	M40 - 44	01:43:40	415	01:41:06	55	
464	3172	Jonathan	Holland	M	MSEN	01:43:42	470	01:42:20	276	
465	4869	Gary	Smith	M	MSEN	01:43:42	525	01:43:18	315	
466	4674	Sybil	Upton	F	F50 - 54	01:43:43	533	01:43:31	1	
467	6183	Philip	Morris	M	M50 - 54	01:43:43	469	01:42:20	28	Hereford Couriers
468	6184	Geraint	Hussey	M	MSEN	01:43:43	467	01:42:18	274	
469	5763	Jeremy	Parr	M	MSEN	01:43:44	483	01:42:34	283	
470	5966	Andy	Shallie	M	M50 - 54	01:43:45	476	01:42:27	29	
471	4579	Ian	Holt	M	MSEN	01:43:45	488	01:42:40	286	
472	5438	Justin	Edwards	M	MSEN	01:43:45	493	01:42:47	289	
473	3513	Robert	Harris	M	M45 - 49	01:43:47	432	01:41:29	44	
474	4136	Sam	White	M	MSEN	01:43:48	446	01:41:48	261	
475	5659	Emma	Craig	F	F50 - 54	01:43:52	484	01:42:34	36	
476	5682	Richard	Davis	M	M40 - 44	01:43:52	521	01:43:13	66	
477	5128	Ruth	Mclees	F	F50 - 54	01:43:53	460	01:42:10	33	
478	4309	Stephen	Gardiner	M	M40 - 44	01:43:53	462	01:42:11	60	
479	4999	Mark	Pilliner	M	MSEN	01:43:54	414	01:41:01	242	
480	5315	Mandy	Peace	F	F40 - 44	01:43:58	535	01:43:32	6	
481	6145	Clifford	Diego	M	M50 - 54	01:43:58	538	01:43:33	30	
482	4941	Natasha	Bowen	F	F50 - 54	01:44:00	410	01:40:53	28	
483	4093	James	White	M	MSEN	01:44:06	413	01:40:58	241	
484	4513	Christian	Letessier	M	MSEN	01:44:07	494	01:42:48	290	
485	4956	Bernie	Wainstein	M	MSEN	01:44:08	431	01:41:28	252	
486	3834	Stuart	Adams	M	MSEN	01:44:08	510	01:43:02	304	
487	4842	Helen	Eve	F	F35 - 39	01:44:10	465	01:42:18	9	
488	4299	Lee	Davies	M	MSEN	01:44:12	474	01:42:27	277	
489	5566	Shannon	Jones	F	F50 - 54	01:44:13	490	01:42:42	37	
490	4408	Roy	Scholer	M	MSEN	01:44:14	499	01:42:53	294	
491	5733	Larry	McGeary	M	MSEN	01:44:14	559	01:43:57	333	
492	6158	Guto	Owen	M	MSEN	01:44:16	519	01:43:10	311	
493	5749	Antony	Proctor	M	MSEN	01:44:19	553	01:43:49	330	
494	4175	Ellen	Jones	F	F50 - 54	01:44:20	561	01:43:58	42	
495	5757	Don	Holloway	M	M55 - 59	01:44:20	449	01:41:49	5	Brackla Harriers
496	4176	Matt	Wright	M	MSEN	01:44:20	560	01:43:57	334	
497	5641	Marcus	Coles	M	MSEN	01:44:21	429	01:41:25	250	
498	3757	Kevin	Beese	M	MSEN	01:44:21	434	01:41:33	254	Bitton Road Runners
499	4155	Stuart	Mason	M	MSEN	01:44:22	450	01:41:49	264	
500	5619	Matt	Callanan	M	MSEN	01:44:23	532	01:43:29	319	
501	5972	Rachel	Hamilton	F	F50 - 54	01:44:25	528	01:43:22	38	
502	6048	Nocola-Louise	Tyler	F	F50 - 54	01:44:25	555	01:43:53	41	
503	3885	Gerald	Watt	M	MSEN	01:44:25	542	01:43:37	325	
504	3226	Henrietta	Anstey	F	F50 - 54	01:44:28	549	01:43:43	40	Frome A.C.
505	3786	Kathryn	Coates	F	F50 - 54	01:44:29	586	01:44:27	47	
506	5897	Andrew	Powell-chandler	M	M40 - 44	01:44:29	562	01:43:58	71	
507	5199	Helen	Mcnamara	F	F45 - 49	01:44:32	546	01:43:39	7	Pembrokeshire Harriers
508	4684	Gareth	Beachus	M	MSEN	01:44:32	424	01:41:15	248	
509	4603	David	Tanner	M	MSEN	01:44:33	507	01:42:58	301	
510	4531	Jonathan	Evans	M	MSEN	01:44:33	508	01:42:58	302	
511	3697	Floss	Morgan	M	MSEN	01:44:34	461	01:42:11	272	
512	3524	Liz	Sowter	F	F50 - 54	01:44:36	592	01:44:33	48	
513	5803	Mark	Stevens	M	MSEN	01:44:36	524	01:43:18	316	
514	5804	James	Hewitt	M	MSEN	01:44:36	526	01:43:18	317	
515	6090	Kathryn	Green	F	F50 - 54	01:44:37	440	01:41:41	31	
516	5131	Clive	Coombs	M	MSEN	01:44:40	495	01:42:49	291	
517	5022	Ruth	Shannon	F	F50 - 54	01:44:41	482	01:42:33	35	
518	5024	Oliver	Thomas	M	MSEN	01:44:43	501	01:42:54	295	

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
519	3248	Huw	Thomas	M	MSEN	01:44:47	435	01:41:34	255	
520	5465	Simon	Owens	M	MSEN	01:44:47	583	01:44:24	347	
521	4824	Ian	Hiscox	M	M45 - 49	01:44:48	589	01:44:32	51	
522	3531	Kate	Foster	F	FSEN	01:44:49	597	01:44:41	50	
523	4894	Vic	Byer	M	M55 - 59	01:44:49	514	01:43:05	6	Bedford Harriers
524	4699	Antony	Johansen	M	M40 - 44	01:44:51	557	01:43:55	69	Cardiff Triathlon Club
525	5574	Kevin	Gardener	M	M45 - 49	01:44:53	491	01:42:44	48	
526	3727	Richard	Almond	M	MSEN	01:44:54	504	01:42:56	299	
527	5854	Anthony	Bowen	M	M40 - 44	01:44:55	598	01:44:41	72	
528	5901	Michael	Jamieson	M	MSEN	01:44:55	480	01:42:33	281	
529	5716	Roland	Powell	M	MSEN	01:44:58	489	01:42:41	287	
530	4536	Duncan	Broadley	M	MSEN	01:45:01	575	01:44:15	343	
531	5620	Andrew	Richards	M	MSEN	01:45:02	498	01:42:52	293	
532	3743	Elfyn	Pugh	M	MSEN	01:45:02	506	01:42:58	303	
533	4382	Libby	O'Duffy	F	F35 - 39	01:45:03	534	01:43:31	10	Les Croupiers
534	5209	Jess	Baker	F	FSEN	01:45:04	582	01:44:22	46	
535	3734	Biagio	Damiana	M	M50 - 54	01:45:06	600	01:44:45	35	
536	3853	Adrian	Kay	M	MSEN	01:45:09	570	01:44:09	340	
537	3085	Chris	Carrel	M	M40 - 44	01:45:10	471	01:42:22	62	
538	4609	Alex	Swaffer	M	MSEN	01:45:10	481	01:42:33	282	
539	4888	Anna	King	F	FSEN	01:45:14	603	01:44:50	51	
540	5558	John	Simmonds	M	M50 - 54	01:45:14	587	01:44:28	34	Swindon Striders
541	3696	Ravi	Grewal	M	MSEN	01:45:14	496	01:42:50	292	
542	4321	Simon	Elias	M	M40 - 44	01:45:15	487	01:42:37	64	
543	5974	Philip	Treble	M	M40 - 44	01:45:15	602	01:44:46	73	Brackla Harriers
544	5993	Catherine	Skinner	F	FSEN	01:45:20	578	01:44:18	45	
545	5059	Phil	Rees	M	MSEN	01:45:21	505	01:42:57	300	
546	3897	Neil	Passe	M	MSEN	01:45:21	513	01:43:04	306	
547	3008	S.	Thomas	M	MSEN	01:45:21	518	01:43:09	310	
548	3813	Jo	Thomas	F	F35 - 39	01:45:24	627	01:45:18	12	
549	4479	Simon	Mansfield	M	M40 - 44	01:45:24	427	01:41:23	59	Carmarthen Harriers
550	4728	Alex	Worthington	M	MSEN	01:45:24	622	01:45:09	363	
551	5977	Libby	Lavis	F	F45 - 49	01:45:25	612	01:44:56	8	Brackla Harriers
552	3391	Nicola	Coates	F	FSEN	01:45:27	563	01:43:59	43	
553	3276	John	Hawkins	M	MSEN	01:45:27	539	01:43:34	323	
554	4719	Kevin	Wells	M	MSEN	01:45:28	556	01:43:55	332	
555	5262	Aled	Roberts	M	MSEN	01:45:31	479	01:42:29	280	
556	5186	Martyn	Edwards	M	M45 - 49	01:45:32	630	01:45:21	55	
557	6107	Leon	Gooberman	M	MSEN	01:45:32	536	01:43:32	321	
558	4029	Nick	Buckley	M	MSEN	01:45:33	573	01:44:13	342	
559	4489	Clare	Kendall	F	FSEN	01:45:35	543	01:43:37	39	
560	4508	Simon	Kendall	M	MSEN	01:45:35	544	01:43:38	326	
561	3871	Daniel	Bottrill	M	MSEN	01:45:36	531	01:43:29	320	
562	3086	Steve	Reed	M	MSEN	01:45:37	537	01:43:32	322	
563	5821	Gareth	Ash	M	MSEN	01:45:38	615	01:45:01	361	
564	4552	Allun	Thomas	M	MSEN	01:45:39	616	01:45:01	362	
565	4356	James	Davies	M	MSEN	01:45:39	626	01:45:18	367	
566	5274	Ross	Brown	M	MSEN	01:45:40	547	01:43:41	328	
567	4825	Matthew	Hiscox	M	MSEN	01:45:42	633	01:45:26	369	
568	5295	Paul	Gibson	M	MSEN	01:45:43	554	01:43:52	331	
569	5230	Vincent	Kennedy	M	MSEN	01:45:45	569	01:44:06	337	
570	3892	Colin	Hughes	M	MSEN	01:45:46	579	01:44:19	345	
571	4864	Geraldine	Hope	F	FSEN	01:45:49	637	01:45:29	56	Weston A C
572	5174	Paul	Jones	M	MSEN	01:45:50	574	01:44:15	344	
573	5047	Rhodri	John	M	M50 - 54	01:45:52	643	01:45:48	38	
574	4313	Ian	Harper	M	M40 - 44	01:45:53	619	01:45:05	76	
575	5469	Celia	Speake	F	F35 - 39	01:45:56	577	01:44:15	11	Brecon
576	5105	Alison	Roberts	F	F40 - 44	01:45:58	541	01:43:37	7	
577	5918	Geraint	Evans	M	MSEN	01:45:59	512	01:43:04	307	
578	6188	Claire	Hebblethwaite	F	FSEN	01:46:00	634	01:45:26	55	
579	4357	Steven	Sewell	M	M40 - 44	01:46:01	606	01:44:51	74	
580	4599	Martin	Belcher	M	M50 - 54	01:46:02	552	01:43:49	31	
581	5584	Matt	Hawkins	M	MSEN	01:46:03	588	01:44:31	349	
582	5407	Tom	West	M	MSEN	01:46:07	457	01:42:06	270	
583	4337	Aled	Evans	M	MSEN	01:46:07	608	01:44:52	357	
584	5778	Ingo	Schauder	M	MSEN	01:46:14	477	01:42:27	278	1.45
585	5403	Nigel	Bowen	M	MSEN	01:46:15	604	01:44:50	354	
586	3372	Gethin	Watts	M	MSEN	01:46:17	635	01:45:27	370	
587	3809	Richard	Barnes	M	M45 - 49	01:46:18	621	01:45:06	53	Road Runners club
588	5158	Mike	Hodges	M	M50 - 54	01:46:20	651	01:45:57	39	TROTS
589	5416	Anthony	Basnett	M	MSEN	01:46:21	540	01:43:36	324	
590	4212	Stewart	Jackson	M	M40 - 44	01:46:25	517	01:43:08	65	
591	4213	David	Pickles	M	MSEN	01:46:25	516	01:43:08	309	
592	5239	David	Richards	M	MSEN	01:46:27	567	01:44:06	338	
593	5067	Justin	Nicholls	M	MSEN	01:46:28	550	01:43:44	329	
594	3829	Brian	North	M	M55 - 59	01:46:30	551	01:43:45	7	Trull Trotters
595	5515	Jacquiline	Sherman	F	F40 - 44	01:46:32	617	01:45:02	9	
596	5293	John	Anson	M	M40 - 44	01:46:33	548	01:43:42	68	
597	4312	Kenneth	Bidgood	M	M50 - 54	01:46:33	565	01:44:00	32	
598	5000	Siwan	Gwilym	F	FSEN	01:46:35	576	01:44:15	44	
599	5514	William	Llewellyn	M	M55 - 59	01:46:36	595	01:44:39	9	
600	3956	John	Fairclough	M	M50 - 59	01:46:40	620	01:45:06	1	
601	4760	Gareth	Williams	M	MSEN	01:46:42	662	01:46:17	386	Penarth & Dinas Runners
602	3707	Rebecca	Hopwood	F	FSEN	01:46:45	613	01:44:57	52	
603	4891	Ben	Oliver	M	MSEN	01:46:45	671	01:46:34	391	
604	3479	Victoria	Hall	F	FSEN	01:46:46	631	01:45:23	54	Penarth and Dinas
605	4649	Rob	Leering	M	M45 - 49	01:46:46	629	01:45:21	54	Penarth & Dinas

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
606	5502	David	Waite	M	M40 - 44	01:46:50	558	01:43:56	70	Stainland Lions
607	5243	Russell	Dobbs	M	MSEN	01:46:51	566	01:44:03	336	
608	5975	Andrea	Starritt	F	F35 - 39	01:46:52	664	01:46:23	14	Brackla Harriers
609	5327	Ken	Pearson	M	M50 - 54	01:46:52	571	01:44:10	33	Trentham Running Club
610	5387	Haydn	Williams	M	M60+	01:46:56	585	01:44:27	3	
611	3051	Late	Entry 22	M	MSEN	01:46:56	679	01:46:44	396	
612	626	Morris	Blumenthal	M	MSEN	01:46:56	682	01:46:47	399	
613	4446	James	Holland	M	MSEN	01:46:58	670	01:46:31	389	
614	5954	Richard	Edwards	M	MSEN	01:47:03	590	01:44:33	350	
615	4687	Martin	Phillips	M	MSEN	01:47:04	500	01:42:54	296	
616	5907	Norman	Carter	M	M55 - 59	01:47:06	593	01:44:36	8	
617	3354	Paul	Smith	M	MSEN	01:47:06	625	01:45:16	366	
618	5772	Phil	Protheroe	M	MSEN	01:47:06	628	01:45:18	368	Road Runners Club
619	5973	Alun	Morgan	M	MSEN	01:47:08	522	01:43:14	313	
620	3351	Matthew	Hopkins	M	MSEN	01:47:09	584	01:44:25	348	
621	5007	Alistair	Hargreaves	M	MSEN	01:47:10	515	01:43:06	308	
622	5160	Philippa	Francis	F	F40 - 44	01:47:13	688	01:46:53	13	
623	4775	Andrew	Reynolds	M	MSEN	01:47:13	591	01:44:33	351	
624	5965	Andrew	Carter	M	M45 - 49	01:47:14	529	01:43:23	50	
625	4985	Daniel	Mara	M	MSEN	01:47:14	700	01:47:05	408	
626	6091	Wendy	Kampman	F	FSEN	01:47:16	618	01:45:04	53	
627	4177	Thomas	Jones	M	MSEN	01:47:16	527	01:43:22	318	
628	4405	Rebecca	Wallis	F	FSEN	01:47:18	690	01:46:55	62	South Molton Strugglers
629	5432	Gareth	Judd	M	MSEN	01:47:18	646	01:45:50	376	
630	3840	Phil	Weston	M	MSEN	01:47:20	568	01:44:06	339	
631	4234	Clinton	Smith	M	MSEN	01:47:20	623	01:45:12	364	
632	3741	Andrew Wayne	Taylor	M	M40 - 44	01:47:22	530	01:43:26	67	
633	3238	Frank	Yorke	M	M40 - 44	01:47:23	695	01:47:01	81	
634	5342	Daniel	Davies	M	MSEN	01:47:25	572	01:44:12	341	
635	4597	Gill	Pratt	F	FSEN	01:47:26	596	01:44:40	49	
636	3028	Robert	Barnett	M	MSEN	01:47:27	599	01:44:44	352	
637	5379	Daniel	Carr	M	MSEN	01:47:27	624	01:45:13	365	
638	3763	Greg	Provan	M	MSEN	01:47:29	715	01:47:26	419	
639	3626	Robert	Perrin	M	M50 - 54	01:47:32	663	01:46:21	41	
640	5456	Martin	Barrett	M	MSEN	01:47:32	545	01:43:38	327	
641	4643	Dave	Pickering	M	M40 - 44	01:47:33	614	01:45:01	75	
642	5032	Glyndwr	Cox	M	MSEN	01:47:33	611	01:44:55	360	
643	4462	Stuart	Swain	M	MSEN	01:47:40	652	01:45:57	381	
644	5941	Simon	Joyce	M	MSEN	01:47:43	666	01:46:26	388	
645	3667	Simon	Demaid	M	MSEN	01:47:43	719	01:47:38	423	
646	4387	Neil	Pilliner	M	MSEN	01:47:44	607	01:44:51	356	
647	3140	Robert	Lewis	M	M50 - 54	01:47:46	638	01:45:30	37	
648	5842	Jorn	Bruchmuller	M	MSEN	01:47:47	564	01:43:59	335	
649	6052	William	Bratt	M	MSEN	01:47:47	640	01:45:39	372	
650	5570	Philip	Miller	M	MSEN	01:47:48	605	01:44:50	355	
651	5835	Pete	Connors	M	MSEN	01:47:48	704	01:47:13	411	
652	3752	Frances	Machin	F	FSEN	01:47:49	726	01:47:46	66	LES CROUPIERS
653	4637	Denise	Cardew	F	F40 - 44	01:47:50	656	01:46:08	10	Cam Runners
654	5955	Martin	Phillips	M	M50 - 54	01:47:53	632	01:45:23	36	
655	4129	Hywel	Stanton	M	M45 - 49	01:47:54	683	01:46:49	56	
656	6010	Michael	Castellini	M	MSEN	01:47:54	642	01:45:46	374	
657	4345	Matthew	Phelps	M	MSEN	01:47:56	725	01:47:44	427	
658	5054	Stephen	Pimm	M	MSEN	01:47:56	724	01:47:44	428	
659	5837	Jeffrey	Norris	M	M45 - 49	01:47:58	594	01:44:37	52	
660	5021	Mark	Shannon	M	MSEN	01:47:58	647	01:45:51	378	
661	6093	Jonathan	Carvell	M	MSEN	01:47:59	722	01:47:39	425	
662	3790	Michael	Idziaszczyk	M	M40 - 44	01:48:00	648	01:45:54	77	
663	3668	Stuart	Duff	M	MSEN	01:48:00	649	01:45:54	379	
664	4731	Emma	Thomas	F	FSEN	01:48:02	641	01:45:42	57	
665	4165	Iona	Roberts	F	FSEN	01:48:02	659	01:46:11	58	
666	4058	Christopher	Morgan	M	MSEN	01:48:02	733	01:47:55	431	
667	3679	Selway	S.	M	M45 - 50	01:48:03	731	01:47:52	1	
668	3357	William	Davies	M	MSEN	01:48:03	739	01:47:59	434	
669	4496	Paul	Searle	M	M45 - 49	01:48:04	686	01:46:53	57	
670	4615	Paul	Adams	M	MSEN	01:48:06	714	01:47:26	420	
671	4358	Andrew	Matheson	M	MSEN	01:48:08	684	01:46:52	400	
672	5204	Mark	Davies	M	MSEN	01:48:09	740	01:47:59	435	
673	5489	Darren	Taylor	M	MSEN	01:48:12	730	01:47:51	430	Chase Harriers
674	5385	Stella	Tippetts	F	F40 - 44	01:48:13	667	01:46:29	11	
675	4946	Sarah	Ganderton	F	F35 - 39	01:48:14	660	01:46:14	13	
676	3718	Judi	Bowsher	F	F40 - 44	01:48:14	680	01:46:44	12	Brackla Harriers
677	4634	Perry	Richardson	M	MSEN	01:48:14	636	01:45:27	371	
678	5519	Carl	Gingell	M	MSEN	01:48:16	645	01:45:50	377	
679	5775	Nicholas	Thomas	M	MSEN	01:48:20	753	01:48:15	444	
680	5980	Alexander	Curran	M	MSEN	01:48:22	601	01:44:45	353	
681	4103	Sophie	Williams	F	FSEN	01:48:23	736	01:47:56	67	
682	4117	Emily	Tandy	F	FSEN	01:48:24	707	01:47:16	64	
683	5671	Clare	Johnson	F	F55+	01:48:25	761	01:48:22	1	Les Croupiers
684	5793	Ian	Porter	M	MSEN	01:48:25	687	01:46:53	401	
685	3716	Stephen	Ward Booth	M	MSEN	01:48:26	677	01:46:42	395	
686	4310	Geoff	Baxter	M	MSEN	01:48:26	710	01:47:22	416	
687	5797	Robert	Thomas	M	MSEN	01:48:27	609	01:44:52	358	
688	5025	Jeremey	Pearce	M	MSEN	01:48:27	672	01:46:34	392	
689	4461	Iolo	Williams	M	MSEN	01:48:28	610	01:44:53	359	
690	4074	Johnathan	Pugh	M	M40 - 44	01:48:30	711	01:47:23	82	
691	4611	Gary	Ball	M	MSEN	01:48:31	762	01:48:22	448	
692	5248	Sonya	Stephens	F	F40 - 44	01:48:32	580	01:44:19	8	Avon Valley Running Club

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
693	3605	Simon	Ringham	M	MSEN	01:48:33	581	01:44:20	346	AVON VALLEY RUNNERS
694	5072	Andrew	Courtnadge	M	MSEN	01:48:34	644	01:45:49	375	
695	3019	Andrew	Bourner	M	MSEN	01:48:34	720	01:47:38	424	
696	4381	Bronwen	Boyce	F	FSEN	01:48:35	685	01:46:53	60	
697	6026	Daniel	Miller	M	MSEN	01:48:35	699	01:47:04	406	
698	6141	Shaun	Howells	M	MSEN	01:48:35	702	01:47:07	409	
699	5667	Julie	Lewis	F	F45 - 49	01:48:36	767	01:48:33	10	Les Croupiers
700	4132	Marcus	Thomas	M	MSEN	01:48:36	765	01:48:30	451	
701	5470	Dale	Lord	M	MSEN	01:48:36	769	01:48:34	452	
702	3814	Darren	Williams	M	MSEN	01:48:37	773	01:48:35	456	
703	5270	Jilly	Holroyd	F	FSEN	01:48:38	676	01:46:42	59	
704	5268	Thomas	Holroyd	M	MSEN	01:48:38	675	01:46:41	394	
705	4413	Julian	Peters	M	MSEN	01:48:39	698	01:47:04	407	
706	3884	Elain	Matthews	F	FSEN	01:48:41	701	01:47:05	63	
707	3994	Stuart	Hockey	M	MSEN	01:48:41	639	01:45:39	373	
708	6101	Waseem	Chaudhry	M	MSEN	01:48:41	665	01:46:24	387	
709	4876	Elizabeth	Barlow	F	FSEN	01:48:46	689	01:46:53	61	
710	3822	Richard	Brand	M	MSEN	01:48:46	653	01:46:01	382	
711	5670	Nicholas	Denny	M	MSEN	01:48:48	751	01:48:14	442	
712	4861	Andrew	Dade	M	M50 - 54	01:48:49	717	01:47:34	42	
713	3514	Alexander	Harris	M	MSEN	01:48:49	669	01:46:31	390	
714	4512	Peter	Thomas	M	MSEN	01:48:51	697	01:47:02	405	
715	5864	Christopher	London	M	MSEN	01:48:51	716	01:47:27	421	
716	3212	D.	Stevens	M	MSEN	01:48:53	754	01:48:15	445	
717	3282	Julie	Donovan	F	F35 - 39	01:48:54	696	01:47:01	15	
718	3314	Andrew	Howitt	M	MSEN	01:49:01	678	01:46:44	397	
719	5460	Stephen	Hall	M	MSEN	01:49:01	784	01:48:46	462	
720	4846	Gavin	Rees	M	MSEN	01:49:01	787	01:48:47	464	
721	5261	Roger	Jones	M	M50 - 54	01:49:05	742	01:48:05	44	
722	5028	Simon	Funnell	M	MSEN	01:49:05	746	01:48:11	439	
723	3454	Adam	Mitchell	M	MSEN	01:49:07	674	01:46:40	393	
724	6165	Julian	Davies	M	MSEN	01:49:07	790	01:49:00	467	
725	3665	Christopher	Wall	M	M40 - 44	01:49:08	748	01:48:12	85	
726	4225	Anthony	Johnson	M	M55 - 59	01:49:08	750	01:48:13	11	
727	6040	Eric	Hubber	M	M60+	01:49:08	729	01:47:51	4	Bideford A A C
728	5251	Mark	Joyce	M	MSEN	01:49:10	655	01:46:07	383	
729	5695	Jeffrey	Donovan	M	M40 - 44	01:49:12	781	01:48:43	89	
730	6112	Jonathan	Stanley	M	MSEN	01:49:12	727	01:47:47	429	
731	3119	Paul	Ellis	M	MSEN	01:49:16	657	01:46:09	384	
732	5536	Mathew	Davies	M	MSEN	01:49:16	741	01:48:01	436	
733	5609	Jerome	Donagh	M	M40 - 44	01:49:18	795	01:49:06	90	
734	3177	Darrell	Walkley	M	MSEN	01:49:18	692	01:46:55	402	
735	4078	Kathleen	Bradbury	F	F45 - 49	01:49:20	673	01:46:40	9	Amman Valley Harriers
736	5626	Anthony	Phillips	M	M40 - 44	01:49:28	668	01:46:29	79	Penarth & Dinas
737	3308	Paul	Evans	M	MSEN	01:49:32	661	01:46:15	385	
738	772	Glyn	Morgan	M	MSEN	01:49:32	703	01:47:09	410	
739	3004	N.	Weaver	M	MSEN	01:49:33	706	01:47:15	413	
740	3676	Johanne	Williams	F	F35 - 39	01:49:34	796	01:49:08	16	
741	3231	Sian	Jones	F	FSEN	01:49:35	760	01:48:21	69	Amman Valley Warriors
742	4035	Jerry	Davies	M	M40 - 44	01:49:35	658	01:46:10	78	
743	3922	Philip	Hollins	M	M50 - 54	01:49:37	654	01:46:03	40	
744	4076	Will	Ing	M	MSEN	01:49:41	771	01:48:34	453	
745	5782	Aiden	Thomas	M	MSEN	01:49:44	818	01:49:32	480	
746	3711	Terry	Irvine	M	M45 - 49	01:49:45	782	01:48:44	59	
747	3820	Mark	McConkey	M	MSEN	01:49:45	708	01:47:18	414	
748	5877	Wayne	Coombs	M	MSEN	01:49:46	735	01:47:56	432	
749	5898	Steven	Tolley	M	MSEN	01:49:46	814	01:49:30	476	
750	3031	Beth	Ford	F	FSEN	01:49:47	756	01:48:16	68	
751	4583	Sarah	Davies	F	FSEN	01:49:47	826	01:49:44	75	
752	5689	Lyndon	Edwards	M	MSEN	01:49:47	808	01:49:27	473	
753	4167	Lon	Morgan	F	F45 - 49	01:49:48	785	01:48:46	12	TROTS
754	3456	Andrew	Young	M	M40 - 44	01:49:48	804	01:49:23	91	
755	3642	Daniel	Smith	M	MSEN	01:49:52	650	01:45:56	380	
756	5660	Sian	Powys	F	F40 - 44	01:49:53	794	01:49:05	14	
757	5275	Mark	Thwaites	M	M40 - 44	01:49:53	778	01:48:40	88	
758	5035	Andy	Briant	M	MSEN	01:49:59	693	01:46:55	403	
759	5288	Gareth	Wedge	M	MSEN	01:50:00	752	01:48:14	443	
760	3928	Tom	Entwistle	M	MSEN	01:50:04	709	01:47:19	415	
761	5430	Ian	McGaw	M	M40 - 44	01:50:09	732	01:47:54	84	
762	3222	Neil	Thomas	M	MSEN	01:50:10	841	01:50:02	493	Islwyn Running Club
763	5591	Carla	Potter	F	FSEN	01:50:11	723	01:47:40	65	
764	387	Danny	Thrasher	M	MSEN	01:50:14	681	01:46:45	398	GILLINGHAM TROTTERS
765	3394	Gareth	Walters	M	MSEN	01:50:14	747	01:48:12	440	
766	3395	Alun	Walters	M	MSEN	01:50:14	749	01:48:13	441	
767	4511	Alex	Hitchins	F	FSEN	01:50:17	775	01:48:39	70	Serpentine
768	4768	Matthew	Bell	M	MSEN	01:50:19	745	01:48:10	438	
769	4711	Michael	Malcorness	M	MSEN	01:50:19	779	01:48:41	459	
770	6166	Darren	Walker	M	MSEN	01:50:22	783	01:48:44	461	Les Croupiers
771	6046	Brett	Green	M	MSEN	01:50:23	705	01:47:13	412	
772	4700	Hywel	Warlow	M	MSEN	01:50:25	768	01:48:34	454	
773	5780	John	Ritchie	M	MSEN	01:50:27	721	01:47:39	426	
774	3817	Kevin	Samuel	M	M40 - 44	01:50:28	757	01:48:20	86	Bitton Road Runners
775	5452	Janice	Harvey	F	F45 - 49	01:50:29	774	01:48:36	11	
776	4422	Jonathan	Taylor	M	M40 - 44	01:50:33	691	01:46:55	80	
777	6096	Steven	Donovan	M	M40 - 44	01:50:35	809	01:49:27	92	
778	4025	Tony	Burge	M	MSEN	01:50:35	770	01:48:34	455	
779	4353	Paul	Griffin	M	MSEN	01:50:35	810	01:49:29	474	

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
780	5895	John	Breslin	M	MSEN	01:50:36	712	01:47:23	417	
781	5672	Benedict	Wigley	M	MSEN	01:50:36	811	01:49:29	475	
782	4071	Aled	Price	M	MSEN	01:50:37	734	01:47:56	433	Moorhaven RC
783	3796	John	Thomas	M	M40 - 44	01:50:40	728	01:47:49	83	
784	3481	Alan	Mason	M	MSEN	01:50:41	763	01:48:23	449	
785	5831	Roger	Biggood	M	M40 - 44	01:50:44	817	01:49:31	93	
786	3992	Bethan	Handyside	F	FSEN	01:50:47	805	01:49:24	74	
787	5505	Edward	Jones	M	M50 - 54	01:50:47	738	01:47:57	43	
788	5838	Ian	Hughes	M	MSEN	01:50:47	713	01:47:24	418	
789	5870	David	Wade	M	MSEN	01:50:49	789	01:48:55	466	
790	3204	Melanie	Whistance	F	FSEN	01:50:51	843	01:50:07	78	
791	5085	Michael	Cowdell	M	MSEN	01:50:56	850	01:50:15	498	
792	5041	Justin	Howells	M	MSEN	01:50:57	694	01:46:59	404	
793	5398	Richard	Hodges	M	MSEN	01:50:57	786	01:48:46	463	
794	4653	Helen	Bown	F	F45 - 49	01:51:00	799	01:49:08	13	Angels
795	3991	Roger	Duncton	M	M60+	01:51:01	755	01:48:16	5	SW Vets
796	5548	Dave	Clarke	M	MSEN	01:51:01	759	01:48:21	446	
797	3317	Darrell	Swain	M	MSEN	01:51:01	807	01:49:26	472	
798	6126	Andrew	Shardhow	M	M45 - 49	01:51:02	846	01:50:09	60	Les Croupiers
799	6195	Matthew	Pinchard	M	MSEN	01:51:02	764	01:48:27	450	
800	5151	Terry	Parfitt	M	M45 - 49	01:51:03	744	01:48:10	58	
801	3684	Mary	Claydon	F	FSEN	01:51:04	833	01:49:49	76	Cardiff Medics
802	3451	Martyn	Davies	M	MSEN	01:51:04	847	01:50:10	495	
803	5084	Lucy	Holmes	F	FSEN	01:51:07	855	01:50:28	80	
804	5194	Benjamin	Gardner-Hall	M	MSEN	01:51:12	816	01:49:31	479	Norton Canes RR
805	4543	Mari	Williams	F	F35 - 39	01:51:14	838	01:49:55	18	
806	4542	Bethan	Williams	F	F35 - 39	01:51:14	837	01:49:55	17	
807	4102	Gordon	Knowles	M	MSEN	01:51:14	780	01:48:42	460	
808	6142	Ria	Evans	F	FSEN	01:51:19	856	01:50:30	81	
809	4468	Anthony	Lee	M	MSEN	01:51:23	857	01:50:30	501	
810	4656	Katherine	Fisher	F	FSEN	01:51:26	842	01:50:03	77	
811	4190	Derek	Hancock	M	M50 - 54	01:51:27	806	01:49:25	45	
812	3698	Hugh	McManus	M	MSEN	01:51:28	798	01:49:08	470	Farnham Triathlon Club
813	4996	Ian	Chitty	M	MSEN	01:51:33	743	01:48:06	437	
814	6057	Oliver	Cowan	M	MSEN	01:51:33	821	01:49:41	482	
815	4646	Adam	Corner	M	MSEN	01:51:33	823	01:49:42	483	
816	5148	Marcelle	Skehan	F	F50 - 54	01:51:34	802	01:49:13	2	
817	5253	Catherine	Williams	F	FSEN	01:51:36	791	01:49:02	72	
818	6032	Leslie	Thomas	M	MSEN	01:51:36	718	01:47:35	422	
819	4847	Sian	Winckle	F	FSEN	01:51:37	776	01:48:40	71	Clwb Rhedeg Menter Caerydd
820	4908	Graham	Schultz	M	MSEN	01:51:38	777	01:48:40	458	
821	4209	Neil	Scott	M	MSEN	01:51:45	792	01:49:03	468	
822	5132	Michael	Cleaves	M	MSEN	01:51:47	852	01:50:18	499	
823	5843	Michael	Tossell	M	MSEN	01:51:47	914	01:51:39	531	
824	6068	Jeff	Jones	M	M40 - 44	01:51:48	766	01:48:32	87	Rhondda Tri Club
825	5189	Brinley	Aherne	M	M55 - 59	01:51:49	737	01:47:57	10	
826	4830	Joseph	O'Reagan	M	M60+	01:51:54	812	01:49:29	6	Runnymede Runners
827	160	Deborah	Roberts	F	FSEN	01:51:56	845	01:50:09	79	Road Runners Club
828	5208	Glynn	Ricketts	M	MSEN	01:51:56	904	01:51:32	527	
829	3169	Tim	Griffiths	M	MSEN	01:51:57	885	01:51:02	514	
830	5665	Hilary	McCarthy	F	F35 - 39	01:51:58	873	01:50:52	19	Cardigan Running Club
831	4845	Adrian	Dinsmore	M	M40 - 44	01:51:59	853	01:50:20	95	
832	6149	Gavin	Parsons	M	MSEN	01:52:00	889	01:51:08	516	
833	5902	Eifion	Williams	M	M40 - 44	01:52:03	874	01:50:53	98	
834	3443	Mike	Spencer	M	M50 - 54	01:52:05	835	01:49:51	47	
835	4038	Mark	Goddard	M	MSEN	01:52:05	902	01:51:24	526	
836	4091	Joanne	Peacock	F	F35 - 39	01:52:06	898	01:51:17	20	Llisswerry Runners
837	5767	Lisa	Cleary	F	F40 - 44	01:52:07	800	01:49:10	15	Penarth & Dinas Runners
838	5625	Teca	Phillips	F	F45 - 49	01:52:10	801	01:49:11	14	Penarth & Dinas
839	6111	Richard	Foscolo	M	MSEN	01:52:10	935	01:52:05	541	
840	3559	Hadrian	Evans	M	M50 - 54	01:52:14	827	01:49:45	46	Virtual Runners
841	3201	Barny	Evans	M	MSEN	01:52:15	830	01:49:46	487	
842	5381	Cheryl	Stansfield	F	F45 - 49	01:52:16	819	01:49:37	15	
843	3640	Andrew	Prout	M	MSEN	01:52:16	758	01:48:21	447	
844	3398	Andrew	Hedley	M	MSEN	01:52:16	772	01:48:35	457	
845	5723	Joe	Cronin	M	MSEN	01:52:16	803	01:49:21	471	
846	5034	Jeremy	Llewellyn	M	MSEN	01:52:16	871	01:50:50	507	
847	5538	Graham	Dicken	M	MSEN	01:52:18	858	01:50:31	502	
848	5440	Rachel	Thompson	F	FSEN	01:52:19	870	01:50:46	86	
849	4812	Thomas	Reeves	M	MSEN	01:52:19	793	01:49:03	469	
850	5428	Colin	Pheasant	M	M45 - 49	01:52:23	943	01:52:18	67	Cannock Chase Harriers
851	4677	Lisa	Tonkin	F	FSEN	01:52:24	868	01:50:42	84	
852	4893	Steve	Daniels	M	MSEN	01:52:25	880	01:50:57	510	
853	3017	K.	Lewis	M	MSEN	01:52:25	887	01:51:06	515	
854	5286	Oliver	Goodier	M	MSEN	01:52:26	878	01:50:56	508	
855	5285	Gethin	Jones	M	MSEN	01:52:26	879	01:50:57	511	
856	3735	Kevin	Murrin	M	M45 - 49	01:52:27	946	01:52:20	68	
857	6005	Huw	Jones	M	M45 - 49	01:52:30	865	01:50:41	62	
858	5535	Ralph	Jones	M	M50 - 54	01:52:32	886	01:51:03	48	
859	6041	Robert	Smart	M	M45 - 49	01:52:34	913	01:51:38	65	
860	6019	Hawys	Rees	F	F35 - 39	01:52:37	957	01:52:35	24	
861	5928	Iwan	Roberts	M	MSEN	01:52:37	859	01:50:33	503	
862	6027	Alison	Morgan	F	F40 - 44	01:52:39	955	01:52:34	21	
863	5744	Debbie	Williams	F	F45 - 49	01:52:40	825	01:49:43	16	Penarth & Dinas Runners
864	6028	Geraint	Morgan	M	M40 - 44	01:52:40	958	01:52:37	105	
865	5289	Emily	Parken	F	FSEN	01:52:44	903	01:51:24	88	
866	4806	Nicholas	Brown	M	MSEN	01:52:45	832	01:49:48	488	

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
867	3486	Andrew	Dunne	M	MSEN	01:52:46	831	01:49:48	489	
868	3568	Catherine	Presland	F	F40 - 44	01:52:47	829	01:49:46	16	
869	3534	Martin	Hilton	M	MSEN	01:52:47	822	01:49:42	484	
870	4034	Mark	Staples	M	MSEN	01:52:47	941	01:52:15	543	
871	5466	Jeffrey	Dare	M	M55 - 59	01:52:48	929	01:52:01	13	
872	3899	Roger	Hardy	M	MSEN	01:52:48	848	01:50:13	496	
873	6079	David	Tosh	M	M40 - 44	01:52:49	872	01:50:51	97	
874	4588	Darren	Jeffer	M	MSEN	01:52:50	883	01:51:00	512	
875	4256	Becky	Jasper	F	FSEN	01:52:52	797	01:49:08	73	
876	3803	Tim	Johnson	M	MSEN	01:52:52	884	01:51:01	513	
877	3118	Sarah	Bowen	F	F35 - 39	01:52:55	919	01:51:50	21	
878	5368	Claudine	Mercer	F	FSEN	01:52:56	860	01:50:35	82	Weston A.C.
879	4450	Kate	Cobley	F	FSEN	01:53:02	934	01:52:04	93	
880	3150	Mike	Bright	M	MSEN	01:53:03	824	01:49:43	485	
881	4264	Simon	Day	M	MSEN	01:53:04	834	01:49:50	490	
882	3272	David	Devonald	M	MSEN	01:53:04	836	01:49:54	491	
883	5728	Nigel	Landeg	M	MSEN	01:53:04	947	01:52:21	546	
884	5146	Martin	Hucker	M	MSEN	01:53:06	954	01:52:33	550	
885	3975	Lee	Walker	M	MSEN	01:53:08	925	01:51:58	536	
886	5468	Keith	Blake	M	MSEN	01:53:10	894	01:51:14	520	Kenilworth
887	5944	William	Innes	M	M40 - 44	01:53:11	987	01:53:09	111	
888	3044	Ian	Llewellyn	M	MSEN	01:53:15	921	01:51:51	534	
889	3374	Paul	Nevitt	M	MSEN	01:53:16	920	01:51:51	535	
890	3060	Neil	McCarthy	M	M40 - 44	01:53:17	982	01:53:03	110	
891	3908	Mark	Carter	M	MSEN	01:53:17	901	01:51:23	525	
892	3281	Paul	Welsh	M	MSEN	01:53:17	974	01:52:56	558	
893	3022	Ian	Corfield	M	MSEN	01:53:17	981	01:53:02	563	
894	3537	Stephanie	Otner	F	FSEN	01:53:18	939	01:52:11	95	
895	5277	Mark	Mcgregor	M	MSEN	01:53:20	813	01:49:30	477	
896	5942	Matthew	Whitefoot	M	MSEN	01:53:20	918	01:51:50	532	
897	5418	Gethin	Thomas	M	MSEN	01:53:21	815	01:49:30	478	Clwb Rhedeg Menter Caerdydd
898	5102	Gary	Singer	M	MSEN	01:53:22	839	01:50:00	492	
899	3463	Jason	Roberts-Jones	M	MSEN	01:53:24	951	01:52:24	548	
900	5353	Huw	Williams	M	MSEN	01:53:24	975	01:52:56	559	
901	4027	Cerys	James	F	FSEN	01:53:25	995	01:53:19	102	
902	5745	David	Reynolds	M	M60+	01:53:26	908	01:51:36	7	
903	5664	Chris	Hammond	M	MSEN	01:53:26	978	01:52:59	561	
904	5649	Gaynor	Ambler	F	F40 - 44	01:53:27	936	01:52:06	19	CAAC
905	4330	Cennydd	Amos	M	MSEN	01:53:27	844	01:50:07	494	
906	4548	Howell	Thomas	M	MSEN	01:53:29	828	01:49:45	486	
907	4816	Gavin	Chappelle	M	MSEN	01:53:29	849	01:50:13	497	
908	4384	Robin	Middleton	M	MSEN	01:53:29	910	01:51:37	529	
909	5994	David	Gilbert	M	M55 - 59	01:53:30	882	01:51:00	12	MDC
910	4347	David	Hughes	M	MSEN	01:53:30	788	01:48:51	465	
911	3681	Andrew	Kerr	M	MSEN	01:53:33	820	01:49:37	481	
912	4972	Gregory	Richards	M	MSEN	01:53:37	932	01:52:03	540	
913	6017	Bethan	Thomas	F	F45 - 49	01:53:38	1017	01:53:36	18	
914	3963	Andrew	Bannister	M	M40 - 44	01:53:39	907	01:51:35	102	
915	3964	Dave	Saunders	M	M45 - 49	01:53:39	905	01:51:33	64	
916	5351	A.	Yule	M	MSEN	01:53:40	854	01:50:23	500	
917	4779	Frances	Symington	F	F35 - 39	01:53:41	950	01:52:24	23	
918	4283	Gina	Hardman	F	FSEN	01:53:41	867	01:50:42	83	Winchester & District AC
919	4715	Rebecca	Blackwell	F	FSEN	01:53:41	983	01:53:05	101	
920	3329	David	Thomas	M	MSEN	01:53:43	967	01:52:46	554	
921	5848	Andy	Cole	M	M40 - 44	01:53:45	890	01:51:12	101	
922	3214	Beverley	Warburton	F	F40 - 44	01:53:46	863	01:50:41	17	
923	5052	Raymond	Thomas	M	M40 - 44	01:53:47	840	01:50:02	94	
924	3424	Sian	Jones	F	FSEN	01:53:48	888	01:51:07	87	
925	3167	David	White	M	M40 - 44	01:53:48	875	01:50:54	99	
926	3003	Edward	Gillan	M	MSEN	01:53:48	1013	01:53:32	579	
927	3342	Lotta	Hedberg	F	FSEN	01:53:49	999	01:53:22	104	
928	4158	David	Edwards	M	M40 - 44	01:53:50	862	01:50:40	96	
929	3778	Robert	Lee	M	M50 - 54	01:53:51	1022	01:53:43	54	
930	3589	Karen	Seeley	F	F35 - 39	01:53:52	930	01:52:02	22	
931	3062	Sian	Lewis	F	F45 - 49	01:53:55	876	01:50:56	17	
932	5681	Ian	Moore	M	M40 - 44	01:53:56	1009	01:53:28	116	
933	5499	Steven	Cornish	M	MSEN	01:53:59	931	01:52:02	539	
934	4623	Jaymie	Balfe	M	MSEN	01:53:59	988	01:53:13	567	
935	4624	Adam	Jolliffe	M	MSEN	01:53:59	989	01:53:13	568	
936	4689	Dick	Donovan	M	M50 - 54	01:54:00	956	01:52:35	51	Tri Running
937	3816	Jeremy	Lewis	M	MSEN	01:54:00	891	01:51:13	517	
938	4272	Alison	Malton	F	F40 - 44	01:54:01	916	01:51:47	18	
939	6151	David	Stoneman	M	MSEN	01:54:02	948	01:52:22	547	
940	5138	Matthew	Turner	M	MSEN	01:54:06	944	01:52:18	545	
941	5431	Gregory	Brown	M	MSEN	01:54:07	861	01:50:36	504	
942	5822	Tasha	Reilly	F	FSEN	01:54:08	915	01:51:47	90	
943	4618	Mohammed	Qureshi	M	MSEN	01:54:09	971	01:52:52	556	
944	4954	Phillip	Hamilton	M	MSEN	01:54:09	1030	01:53:51	588	
945	5583	Diana	Moses	F	FSEN	01:54:10	933	01:52:03	92	
946	3192	Richard	Woodward	M	MSEN	01:54:10	899	01:51:19	523	
947	3145	Phil	Sanders	M	MSEN	01:54:14	897	01:51:16	522	
948	5904	Tim	Williams	M	M45 - 49	01:54:15	895	01:51:15	63	
949	5226	Richard	Ward	M	MSEN	01:54:15	892	01:51:13	518	
950	3052	Richard	Cross	M	MSEN	01:54:15	896	01:51:15	521	
951	5867	Stephen	Hogan	M	MSEN	01:54:16	893	01:51:13	519	
952	5588	Eugene	Sinkevici	M	MSEN	01:54:16	906	01:51:34	528	
953	3093	Oliver	Hodgson	M	MSEN	01:54:16	917	01:51:50	533	

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
954	3171	Annabel	Price	F	FSEN	01:54:17	1011	01:53:30	107	
955	5219	Dermot	Creegan	M	MSEN	01:54:19	980	01:53:00	562	
956	5391	Ian	Tucker	M	MSEN	01:54:20	952	01:52:29	549	
957	3288	Andrew	Le Breuilley	M	MSEN	01:54:23	924	01:51:58	537	
958	5985	Charlotte	Johnson	F	F35 - 39	01:54:24	1038	01:53:55	26	Brackla Harriers
959	5760	Paul	Tucker	M	M50 - 54	01:54:24	938	01:52:11	50	
960	6078	Stephen	Thayer	M	MSEN	01:54:24	866	01:50:41	505	
961	3072	Keith	Miller	M	M45 - 49	01:54:28	851	01:50:16	61	
962	5688	Tony	Baghurst	M	MSEN	01:54:29	1046	01:54:00	595	
963	3498	Sean	Reed	M	MSEN	01:54:32	993	01:53:16	570	
964	5687	Terry	Davies	M	MSEN	01:54:34	1055	01:54:12	600	
965	3311	Paul	Williams	M	MSEN	01:54:35	984	01:53:07	564	
966	4286	Rebekah	Ellaway	F	FSEN	01:54:39	869	01:50:42	85	
967	5453	Thomas	Player	M	MSEN	01:54:40	990	01:53:15	569	
968	5603	Rhys	Jones	M	MSEN	01:54:42	864	01:50:41	506	
969	5605	Hayley	Bowker	F	FSEN	01:54:45	1053	01:54:09	117	
970	4872	Stuart	Howell	M	MSEN	01:54:45	1051	01:54:07	599	
971	4978	Pauline	Brookes	F	FSEN	01:54:46	959	01:52:39	98	
972	5549	John	Ford	M	MSEN	01:54:47	900	01:51:19	524	
973	5883	Heather	Robertson	F	FSEN	01:54:48	997	01:53:21	103	
974	4471	Rhian	Lees	F	FSEN	01:54:49	911	01:51:37	89	
975	4137	Mark	Hutchings	M	M40 - 44	01:54:49	912	01:51:38	103	
976	5618	Phillipa	Crockett	F	FSEN	01:54:50	979	01:53:00	100	
977	5615	Steve	Jones	M	MSEN	01:54:50	909	01:51:37	530	
978	6110	Moore	Trevor	M	MSEN	01:54:54	877	01:50:56	509	
979	4012	Kate	Morgan	F	FSEN	01:54:55	1034	01:53:54	112	
980	4377	Michael	Richards	M	MSEN	01:54:55	986	01:53:07	565	
981	5126	Katharine	Parker	F	FSEN	01:54:56	922	01:51:54	91	
982	5349	Lisa	Humphreys	F	FSEN	01:54:58	937	01:52:07	94	
983	5903	Greg	Williams	M	MSEN	01:54:58	926	01:51:59	538	
984	4216	Philip	Griffiths	M	M50 - 54	01:54:59	1045	01:53:58	55	
985	3960	Gareth	Davies	M	MSEN	01:55:02	962	01:52:42	553	
986	5820	Christopher	McKenzie	M	M40 - 44	01:55:03	881	01:50:59	100	
987	4925	Jo	Probert	F	FSEN	01:55:10	945	01:52:19	96	
988	3350	Catheriine	Beecher	F	FSEN	01:55:10	966	01:52:46	99	
989	5543	Roman	Schubert	M	MSEN	01:55:11	1025	01:53:47	586	
990	3978	Simon	Jones	M	MSEN	01:55:11	1059	01:54:19	602	
991	3073	mark	Headon	M	M40 - 44	01:55:13	923	01:51:55	104	
992	5329	Tony	Griffiths	M	M45 - 49	01:55:13	964	01:52:43	70	
993	4089	Catherine	Harper	F	F40 - 44	01:55:15	1068	01:54:25	22	
994	4507	Gomer	Williams	M	MSEN	01:55:15	1087	01:54:47	613	
995	3588	Emma	Ridgill	F	FSEN	01:55:16	1029	01:53:51	110	Penarth & Dinas Runners
996	5245	David	Mcdaid	M	MSEN	01:55:17	1073	01:54:29	607	
997	5124	Paul	Lynock	M	MSEN	01:55:18	942	01:52:16	544	
998	4730	Victoria	Frosdick	F	FSEN	01:55:19	1033	01:53:52	111	
999	4664	Jillian	Redman	F	F35 - 39	01:55:20	1042	01:53:57	27	
1000	4538	Verity	Criddle	F	FSEN	01:55:20	1043	01:53:57	114	
1001	5046	Sue	Van Duren	F	FSEN	01:55:21	1001	01:53:23	105	
1002	3612	Jayne	Davies	F	F35 - 39	01:55:22	1097	01:54:55	29	
1003	4801	Colette	Borg	F	F35 - 39	01:55:24	1026	01:53:48	25	
1004	3623	Stella	Sturgess	F	FSEN	01:55:24	1041	01:53:57	113	Penarth & Dinas Runners
1005	4796	Nick	Briggs	M	MSEN	01:55:25	1111	01:55:18	625	
1006	5937	Ceri	Jones	M	M40 - 44	01:55:28	998	01:53:21	112	KH3
1007	3237	Christopher	Browning	M	M45 - 49	01:55:30	928	01:51:59	66	
1008	4125	Wayne	Browning	M	M50 - 54	01:55:30	927	01:51:59	49	
1009	6013	Nicholas	Connell	M	MSEN	01:55:30	1023	01:53:44	584	
1010	5658	Simon	Feast	M	MSEN	01:55:30	1054	01:54:12	601	
1011	4456	Roland	Mathews	M	M40 - 44	01:55:31	1064	01:54:24	120	
1012	5198	Peter	Walker	M	M45 - 49	01:55:33	1082	01:54:42	75	Pembrokeshire Harriers
1013	5622	Helen	Brunel-while	F	FSEN	01:55:34	1080	01:54:41	121	
1014	5930	Larry	Burford	M	M40 - 44	01:55:34	1052	01:54:08	118	pegasus running club
1015	5561	Steve	Saunders	M	MSEN	01:55:34	1085	01:54:45	611	
1016	3014	S.	Austin	F	FSEN	01:55:35	1002	01:53:24	106	
1017	4606	Nick	Millward	M	MSEN	01:55:36	1088	01:54:48	614	
1018	5002	Jonathan	Wilkinson	M	MSEN	01:55:37	1118	01:55:34	628	
1019	4168	Jamie	Griffiths	M	MSEN	01:55:38	1018	01:53:38	581	
1020	4575	Nigel	Crutchley	M	MSEN	01:55:38	1037	01:53:55	592	
1021	4939	Richard	Brown	M	M50 - 54	01:55:40	1071	01:54:29	57	
1022	3598	Colin	McCord	M	MSEN	01:55:41	1028	01:53:50	587	
1023	4406	Elliott	Brett	M	MSEN	01:55:43	1096	01:54:54	620	
1024	3130	Andrew	Smith	M	M40 - 44	01:55:46	969	01:52:49	106	
1025	5040	Neil	Plow	M	MSEN	01:55:46	1047	01:54:00	596	
1026	4631	Stephen	Truman	M	MSEN	01:55:46	1048	01:54:00	597	
1027	3749	Jemma	Henderson	F	FSEN	01:55:47	953	01:52:32	97	
1028	5043	Robin	Jaques	M	MSEN	01:55:47	960	01:52:40	551	
1029	5949	Dale	Williams	M	MSEN	01:55:47	961	01:52:41	552	
1030	3057	Robert	Ivor	M	M40 - 44	01:55:49	973	01:52:55	108	
1031	4931	Eric	Guilloteau	M	M40 - 44	01:55:49	1005	01:53:25	114	
1032	3180	Lyn	Brown	F	F40 - 44	01:55:51	1075	01:54:30	23	
1033	3305	Claire	Gibson	F	FSEN	01:55:54	1019	01:53:40	108	
1034	4858	Jackie	Stedman	F	F35 - 39	01:55:55	1056	01:54:14	28	
1035	3315	Mohammad	Yadollahi	M	M45 - 49	01:55:55	1060	01:54:19	73	
1036	4333	Niall	McLellan	M	MSEN	01:55:55	940	01:52:13	542	
1037	6173	Michael	Stephen	M	M50 - 54	01:55:56	1012	01:53:31	53	
1038	4934	Martyn	Morris	M	MSEN	01:55:58	1032	01:53:52	590	
1039	4751	Melinda	Walker	F	FSEN	01:55:59	1131	01:55:49	125	
1040	5484	Stephen	Hill	M	M40 - 44	01:55:59	1074	01:54:30	121	

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
1041	4648	Nigel	Allen	M	M40 - 44	01:56:01	970	01:52:51	107	
1042	5984	Amy	Edwards	F	FSEN	01:56:02	1057	01:54:15	118	Rhondda AC
1043	4126	Mark	Piper	M	M40 - 44	01:56:02	976	01:52:57	109	
1044	5639	Daniel	Francis	M	MSEN	01:56:02	1117	01:55:32	627	
1045	5402	Mike	Richards	M	MSEN	01:56:03	1119	01:55:34	629	
1046	5323	Garry	Newbould	M	M50 - 54	01:56:04	1008	01:53:28	52	
1047	4567	Kenneth	Richards	M	M55 - 59	01:56:08	1040	01:53:56	14	Newcastle A.C.
1048	4581	Rhidian	Cockwell	M	MSEN	01:56:10	1016	01:53:36	580	Cardiff Harlequins
1049	5997	Jeremy	Hoare	M	M50 - 54	01:56:11	1147	01:56:06	59	
1050	367	Marcia	Howells	F	F40 - 44	01:56:13	949	01:52:23	20	Multisport
1051	3750	Darren	Stillman	M	MSEN	01:56:14	1035	01:53:54	591	
1052	5600	Stacey	Dodgson	F	FSEN	01:56:15	1130	01:55:46	124	
1053	4050	Mark	Watts	M	MSEN	01:56:17	972	01:52:55	557	
1054	6056	Jeffrey	Wheeler	M	MSEN	01:56:18	1010	01:53:29	578	
1055	3249	Helen	Phillips	F	F45 - 49	01:56:19	1100	01:54:59	20	
1056	4877	Steve	Lewis	M	M45 - 49	01:56:19	1014	01:53:33	72	
1057	4843	Dean	Fisher	M	MSEN	01:56:20	1129	01:55:46	634	
1058	5037	Dean	Thomas	M	MSEN	01:56:21	1007	01:53:28	577	
1059	5812	Anthony	Vallario	M	M45 - 49	01:56:22	1095	01:54:52	76	Port Talbot Harriers
1060	5556	Martin	Sheppard	M	MSEN	01:56:23	977	01:52:57	560	
1061	4555	Christopher	Finn	M	M45 - 49	01:56:24	968	01:52:48	71	
1062	4031	Esther	Roberts	F	FSEN	01:56:25	1101	01:54:59	123	Penarth and Dinas Runners
1063	3200	Richard	Johns	M	MSEN	01:56:25	1077	01:54:34	608	
1064	4820	Aled	Rees	M	MSEN	01:56:27	1154	01:56:15	641	
1065	4688	Clare	Donovan	F	F50 - 54	01:56:33	1104	01:55:06	3	Tri Running
1066	4314	Mark	Davies	M	MSEN	01:56:34	1106	01:55:10	623	
1067	5421	Paul	Miles	M	MSEN	01:56:34	1172	01:56:27	650	
1068	3528	Michael	Henderson	M	M40 - 44	01:56:36	1015	01:53:34	117	
1069	5920	Blair	Drummond	M	M45 - 49	01:56:36	1138	01:55:54	78	
1070	3423	Andrew	James	M	MSEN	01:56:36	1039	01:53:55	593	
1071	5706	Anthony	Jones	M	MSEN	01:56:37	1004	01:53:24	575	
1072	5616	Christopher	Jones	M	MSEN	01:56:38	1003	01:53:24	576	
1073	3413	Paul	Carty	M	MSEN	01:56:39	1050	01:54:05	598	
1074	4764	Wyn	Thomas	M	MSEN	01:56:40	1000	01:53:22	574	
1075	4133	Scott	White	M	MSEN	01:56:42	1169	01:56:25	648	
1076	3575	Janice	Clement	F	F45 - 49	01:56:44	1112	01:55:18	21	Penarth and Dinas
1077	3427	Nathan	Ryan	M	MSEN	01:56:44	1020	01:53:41	582	
1078	6156	Hilary	Davis	F	F35 - 39	01:56:45	1122	01:55:36	32	
1079	4505	Philip	Haskins	M	M60+	01:56:45	1066	01:54:24	8	
1080	6125	Paul	Mathews	M	MSEN	01:56:46	965	01:52:46	555	
1081	5223	Geraint	Evans	M	M40 - 44	01:56:47	996	01:53:21	113	
1082	4026	Christopher	McCarthy	M	MSEN	01:56:48	1083	01:54:43	609	
1083	4365	Emma	Griffiths	F	FSEN	01:56:49	1049	01:54:02	116	
1084	5114	Sally	Jenkins	F	F40 - 44	01:56:51	1108	01:55:13	25	
1085	4118	Neil	Lewis	M	M45 - 49	01:56:51	1115	01:55:29	77	
1086	5958	Keith	Lowther	M	M45 - 49	01:56:52	963	01:52:42	69	San Domenico
1087	3507	Philip	Haynes	M	MSEN	01:56:53	1193	01:56:51	664	
1088	3706	Jiwan	Gahunia	M	M50 - 54	01:56:54	1058	01:54:17	56	
1089	4410	Kevin	Ireland	M	MSEN	01:56:54	1061	01:54:19	603	
1090	3050	Shaorn	Phillips	F	FSEN	01:56:57	1171	01:56:26	131	
1091	5752	Craig	Jones	M	MSEN	01:56:57	1021	01:53:43	583	
1092	4724	Martin	Duffy	M	MSEN	01:56:58	1065	01:54:24	605	
1093	3363	Jennifer	Shepherd	F	FSEN	01:56:59	1081	01:54:42	122	
1094	3330	Tomos	Davies	M	MSEN	01:56:59	985	01:53:07	566	
1095	5892	Peter	Campbell	M	MSEN	01:57:00	992	01:53:16	571	
1096	5355	Patricia	Hewitt	F	F45 - 49	01:57:02	1180	01:56:37	25	Tavistock
1097	4667	Mark	Shaddick	M	M40 - 44	01:57:05	1006	01:53:25	115	
1098	3932	Wayne	Miles	M	MSEN	01:57:07	1187	01:56:42	659	
1099	5921	Andrew	Perkins	M	MSEN	01:57:08	1069	01:54:26	606	
1100	3024	Daniel	Jones	M	M55 - 59	01:57:09	1109	01:55:15	16	
1101	3828	Sandra	North	F	F55+	01:57:10	1067	01:54:24	2	Trull Trotters
1102	3107	Susan	Johns	F	F35 - 39	01:57:11	1152	01:56:13	38	
1103	3613	Thomas	Himbury	M	MSEN	01:57:14	994	01:53:17	573	
1104	4732	Celia	Thomas	F	F45 - 49	01:57:16	1098	01:54:56	19	
1105	4457	Stephen	Cottrell	M	MSEN	01:57:18	991	01:53:16	572	
1106	3250	Ian	Harris	M	MSEN	01:57:20	1209	01:57:08	668	
1107	4771	Benjamin	Ellis	M	MSEN	01:57:21	1186	01:56:41	658	
1108	4261	Julie	Carlin	F	F35 - 39	01:57:22	1125	01:55:38	33	
1109	4778	Mike	Pooley	M	MSEN	01:57:22	1185	01:56:40	656	
1110	5839	Andrew	Thomas	M	M40 - 44	01:57:23	1166	01:56:23	128	
1111	4916	Gerard	Flaherty	M	M40 - 44	01:57:24	1214	01:57:16	133	
1112	3601	David	Baker	M	MSEN	01:57:26	1105	01:55:08	622	
1113	4086	Andrea	Tanner	F	F35 - 39	01:57:27	1114	01:55:27	30	
1114	5330	Kevin	Gardiner	M	M45 - 49	01:57:27	1070	01:54:27	74	
1115	3708	Anna	McLean	F	FSEN	01:57:28	1079	01:54:38	120	
1116	3020	Dave	Robert	M	M50 - 54	01:57:29	1179	01:56:35	60	
1117	6035	James	Medina	M	MSEN	01:57:29	1150	01:56:08	640	
1118	6064	David	Jones	M	MSEN	01:57:30	1103	01:55:02	621	
1119	4976	Raymond	Morgan	M	M55 - 59	01:57:31	1099	01:54:58	15	
1120	5871	Ann	Selby	F	F35 - 39	01:57:32	1137	01:55:53	37	Barking Road Runners
1121	3548	Richard	Huntley	M	M55 - 59	01:57:33	1165	01:56:23	19	
1122	3035	Kieran	Foley	M	MSEN	01:57:33	1024	01:53:45	585	
1123	6105	Jaswinder	Johal	F	F35 - 39	01:57:34	1135	01:55:52	36	Barking Road Runners
1124	5504	Joanne	Ireland	F	F45 - 49	01:57:34	1155	01:56:15	24	
1125	6095	Douglas	Dalwood	M	M55 - 59	01:57:35	1141	01:55:56	18	
1126	6118	Jeremy	Hall	M	MSEN	01:57:35	1092	01:54:50	618	
1127	5061	Andrew	Sinclair	M	MSEN	01:57:36	1031	01:53:51	589	

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
1128	4657	Robert	Thomas	M	MSEN	01:57:37	1217	01:57:19	675	
1129	6098	Rohan	Yung	M	MSEN	01:57:38	1084	01:54:43	610	
1130	4122	Guy	Wade	M	MSEN	01:57:39	1086	01:54:46	612	
1131	4940	Robert	Young	M	MSEN	01:57:41	1110	01:55:16	624	
1132	3079	Matt	Washburn	M	MSEN	01:57:43	1113	01:55:21	626	
1133	4055	Philip	Thomas	M	MSEN	01:57:43	1204	01:57:00	666	
1134	5183	Susan	Lloyd	F	F40 - 44	01:57:49	1102	01:54:59	24	
1135	4857	Laverne	Richardson	F	F45 - 49	01:57:53	1151	01:56:11	23	
1136	3594	Vanessa	Fowler	F	FSEN	01:57:55	1027	01:53:50	109	
1137	3675	Simon	Marshall	M	MSEN	01:57:55	1063	01:54:22	604	
1138	5488	Alison	Wyatt	F	FSEN	01:57:57	1160	01:56:20	129	
1139	3678	Edward	Thomas	F	FSEN	01:58:01	1044	01:53:58	115	
1140	5836	Simon	Baldwin	M	M40 - 44	01:58:01	1078	01:54:37	123	
1141	5732	Helen	Rincewind	F	F40 - 44	01:58:04	1120	01:55:36	26	
1142	4841	Peter	Clark	M	M50 - 54	01:58:04	1195	01:56:54	61	
1143	3047	Melanie	Jenkins	F	FSEN	01:58:05	1136	01:55:52	126	
1144	5139	Andrew	Carey	M	M40 - 44	01:58:06	1149	01:56:08	127	
1145	3779	Mary	Clements	F	F55+	01:58:08	1196	01:56:55	4	City of Salisbury A&R
1146	3064	David	Palmer	M	M40 - 44	01:58:08	1062	01:54:22	119	
1147	303	Rhian	Evans	F	FSEN	01:58:09	1072	01:54:29	119	
1148	5567	Stephen	Jones	M	MSEN	01:58:09	1181	01:56:38	653	
1149	4119	Angela	Bose	F	FSEN	01:58:11	1190	01:56:48	132	
1150	4917	Robert	Walters	M	MSEN	01:58:13	1089	01:54:49	615	
1151	4454	John	O'Byrne	M	MSEN	01:58:13	1162	01:56:23	645	
1152	5698	Marilyn	Price	F	F40 - 44	01:58:14	1163	01:56:23	27	Presteigne Pacers
1153	4626	Colin	Armstrong	M	M40 - 44	01:58:14	1093	01:54:50	124	
1154	5571	Aldo	Matrundola	M	MSEN	01:58:14	1090	01:54:49	616	Hunters Bog Trotters
1155	5336	Stephen	Rees	M	MSEN	01:58:14	1183	01:56:39	655	
1156	3182	Iona	Mackenzie	F	F35 - 39	01:58:16	1126	01:55:41	34	
1157	3333	Elaine	Knapman	F	F35 - 39	01:58:16	1234	01:57:39	41	
1158	5853	Justine	Dawkins	F	FSEN	01:58:16	1207	01:57:07	137	
1159	5155	Rhiannon	Lewis	F	F40 - 44	01:58:17	1198	01:56:57	28	
1160	3890	Matt	Norman	M	M40 - 44	01:58:18	1231	01:57:37	135	
1161	3063	G.	Evans	M	MSEN	01:58:19	1091	01:54:49	617	
1162	791	Owen	Evans	M	MSEN	01:58:19	1094	01:54:50	619	
1163	3148	Morwenna	Newman	F	FSEN	01:58:20	1164	01:56:23	130	
1164	5983	Steven	Legge	M	MSEN	01:58:25	1174	01:56:27	651	
1165	4189	Mark	Thurling	M	MSEN	01:58:25	1225	01:57:32	677	
1166	4959	Sion	Evans	M	MSEN	01:58:28	1265	01:58:14	696	
1167	3893	Matthew	Zawadzki	M	MSEN	01:58:32	1124	01:55:37	630	Sheffield Steel City Striders
1168	6196	Andrew	Hicks	M	MSEN	01:58:32	1142	01:55:56	636	
1169	3788	Steve	Copplestone	M	MSEN	01:58:32	1228	01:57:35	679	
1170	5145	Steven	Jones	M	MSEN	01:58:33	1242	01:57:45	687	
1171	5320	Michael	Brace	M	MSEN	01:58:34	1143	01:55:57	637	
1172	4803	Matthew	Hughes	M	MSEN	01:58:34	1173	01:56:27	652	
1173	5321	Nigel	Osborne	M	M45 - 49	01:58:36	1144	01:55:58	79	
1174	4995	Brian	Brayford	M	M55 - 59	01:58:36	1200	01:56:57	20	
1175	5080	Steven	Christmas	M	M40 - 44	01:58:40	1076	01:54:32	122	
1176	5650	Clare	Green	F	F35 - 39	01:58:41	1254	01:57:55	42	San Domenico
1177	3981	Cathy	Marshall	F	F35 - 39	01:58:43	1121	01:55:36	31	
1178	3236	Gavin	Moore	M	MSEN	01:58:44	1123	01:55:37	631	
1179	4574	Robert	Smith	M	M55 - 59	01:58:45	1116	01:55:30	17	Hogweed Trotters
1180	6089	Kate	Callaghan	F	F35 - 39	01:58:48	1133	01:55:51	35	
1181	5840	Wendy	Thomas	F	F40 - 44	01:58:49	1248	01:57:49	31	
1182	4227	Paula	Bridge	F	F35 - 39	01:58:50	1158	01:56:16	39	
1183	4145	Susan	Urbano	F	F40 - 44	01:58:50	1246	01:57:48	30	
1184	5872	Mark	Aslett	M	MSEN	01:58:50	1036	01:53:55	594	
1185	3134	Louise	Smyth	F	FSEN	01:58:52	1264	01:58:10	149	
1186	6033	John	Mills	M	M50 - 54	01:58:57	1218	01:57:20	62	
1187	5104	Ian	Tarr	M	MSEN	01:58:59	1288	01:58:33	707	
1188	4647	Stephen	Heath	M	M40 - 44	01:59:02	1134	01:55:52	126	
1189	5924	Richard	Gunn	M	MSEN	01:59:02	1208	01:57:08	669	
1190	5252	Stephen	Holland	M	MSEN	01:59:02	1215	01:57:17	673	
1191	6194	Paul	O'Neill	M	M40 - 44	01:59:03	1177	01:56:32	130	
1192	4465	Ben	Wilson	M	MSEN	01:59:03	1191	01:56:48	662	
1193	6036	Vas	Kimitri	M	MSEN	01:59:03	1240	01:57:43	686	
1194	3168	Timothy	Plumb	M	MSEN	01:59:03	1261	01:58:08	694	
1195	5434	Sarah	Varrell	F	F40 - 44	01:59:04	1279	01:58:26	32	
1196	5437	Victor	Paget	M	MSEN	01:59:04	1260	01:58:06	693	
1197	5182	Mahmoud	Shah	M	MSEN	01:59:05	1184	01:56:40	657	
1198	3747	Neil	Roberts	M	MSEN	01:59:05	1294	01:58:44	711	
1199	5414	Stuart	Mort	M	MSEN	01:59:05	1296	01:58:45	712	
1200	4472	Jason	John	M	MSEN	01:59:06	1127	01:55:42	632	
1201	6038	Peter	Davies	M	MSEN	01:59:06	1295	01:58:45	713	
1202	4910	Richard	Lewis	M	MSEN	01:59:07	1211	01:57:11	670	
1203	5899	John	Harries	M	M50 - 54	01:59:09	1132	01:55:51	58	
1204	3802	Ruth	Dare	F	FSEN	01:59:10	1230	01:57:37	142	
1205	3271	Tony	Edwards	M	MSEN	01:59:10	1145	01:55:59	638	
1206	5746	Josie	Grindulis	F	F45 - 49	01:59:12	1146	01:56:03	22	Les Croupiers
1207	3647	Hayley	Jeans	F	FSEN	01:59:12	1232	01:57:39	143	
1208	5281	Richard	Donne	M	M40 - 44	01:59:12	1107	01:55:12	125	3ms road runners
1209	3887	Howard	Allen	M	M45 - 49	01:59:12	1157	01:56:16	80	
1210	5103	Zamri	Mahmud	M	MSEN	01:59:13	1206	01:57:03	667	
1211	5956	Noel	Williams	M	MSEN	01:59:13	1303	01:58:54	717	
1212	5110	Mark	Jennings	M	MSEN	01:59:14	1170	01:56:25	649	
1213	4947	David	Noble	M	MSEN	01:59:15	1128	01:55:45	633	
1214	5467	Deborah	Green	M	MSEN	01:59:15	1259	01:58:04	692	

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
1215	5324	Sian	Davies	F	FSEN	01:59:16	1153	01:56:14	128	
1216	6153	Timothy	Low	M	MSEN	01:59:18	1159	01:56:17	643	
1217	3888	Mark	Hopwood	M	M40 - 44	01:59:19	1268	01:58:15	137	
1218	4758	Nicola	Joyce	F	FSEN	01:59:21	1253	01:57:54	146	Dulwich Runners AC
1219	3825	Paul	Tattersall	M	MSEN	01:59:21	1189	01:56:47	661	
1220	4756	Leighton	Morris	M	MSEN	01:59:21	1252	01:57:54	690	
1221	3105	Jonathan	Cotson	M	MSEN	01:59:22	1168	01:56:24	646	
1222	5375	Adrian	Townsend	M	MSEN	01:59:22	1192	01:56:50	663	
1223	6148	Bryan	Blatchford	M	MSEN	01:59:24	1167	01:56:24	647	
1224	153	Sandra	Pary	F	F50 - 54	01:59:25	1175	01:56:29	4	
1225	5512	Lucy	Hartwright	F	FSEN	01:59:25	1219	01:57:23	138	Kenilworth
1226	5113	Georgina	Govier	F	F40 - 44	01:59:26	1298	01:58:49	34	
1227	4595	Amber	Putnam	F	FSEN	01:59:26	1227	01:57:35	141	
1228	6170	Peter	Hughes	M	M40 - 44	01:59:26	1199	01:56:57	131	
1229	4397	Chris	Dallard	M	MSEN	01:59:26	1156	01:56:15	642	
1230	5861	Tim	Wess	M	M40 - 44	01:59:29	1278	01:58:26	138	
1231	4051	Dean	Brown	M	MSEN	01:59:30	1148	01:56:07	639	
1232	4182	Ellis	Dowd	F	FSEN	01:59:31	1205	01:57:03	136	
1233	3943	Gareth	Thomas	M	M40 - 44	01:59:31	1221	01:57:24	134	
1234	4979	Glynnne	Leach	M	M45 - 49	01:59:31	1197	01:56:55	81	
1235	3748	Sheila	Brown	F	F55+	01:59:34	1178	01:56:32	3	
1236	5384	Gary	Tippetts	M	M45 - 49	01:59:38	1251	01:57:54	82	
1237	3453	Late	Entry 23	M	MSEN	01:59:39	1286	01:58:31	705	
1238	5926	Alex	Reid	F	FSEN	01:59:40	1203	01:57:00	135	
1239	5096	Olwen	Lewis	F	FSEN	01:59:41	1139	01:55:54	127	
1240	4335	Jeannette	Heard	F	FSEN	01:59:41	1202	01:56:58	134	
1241	3131	Sarah Ann	Lowman	F	FSEN	01:59:41	1223	01:57:27	140	
1242	4009	Peter	Janicijevic	M	M45 - 49	01:59:45	1306	01:58:55	84	
1243	3361	Steven	Goodby	M	MSEN	01:59:45	1238	01:57:41	684	
1244	5866	Robert	Beveridge	M	M40 - 44	01:59:46	1176	01:56:30	129	
1245	5648	Rebecca	Gretton	F	FSEN	01:59:47	1289	01:58:34	152	
1246	4362	Johanna	Curran	F	FSEN	01:59:47	1346	01:59:39	159	
1247	5015	Michelle	Curran	F	FSEN	01:59:48	1347	01:59:39	160	
1248	4324	Gareth	James	M	MSEN	01:59:49	1140	01:55:55	635	
1249	3322	Parthiban	Mookiah	M	MSEN	01:59:49	1276	01:58:24	701	
1250	6086	Alice	O'Connell	F	FSEN	01:59:52	1291	01:58:36	153	
1251	4351	Caroline	Whitehill	F	FSEN	01:59:53	1321	01:59:13	154	
1252	5310	John	Boardley	M	M60+	01:59:54	1310	01:59:00	9	Beverley AC
1253	5297	Ben	Minton	M	MSEN	01:59:54	1194	01:56:52	665	
1254	4359	Richard	Arnold	M	MSEN	01:59:54	1216	01:57:18	674	
1255	4243	Neil	Bass	M	MSEN	01:59:59	1161	01:56:21	644	
1256	4854	Alex	Simpson	M	MSEN	01:59:59	1352	01:59:43	741	
1257	5485	Gareth	Herdman	M	MSEN	02:00:04	1304	01:58:54	718	
1258	4568	Jonathan	Newton	M	MSEN	02:00:05	1212	01:57:12	672	
1259	4605	Andrew	Hobden	M	MSEN	02:00:05	1305	01:58:55	719	
1260	4994	Norton	Davies	M	M50 - 54	02:00:08	1263	01:58:09	64	
1261	4901	Rodney	Jack	M	MSEN	02:00:10	1233	01:57:39	680	
1262	3543	Robert	Flanagan	M	MSEN	02:00:12	1210	01:57:11	671	
1263	4104	Elizabeth	Walsh	F	FSEN	02:00:13	1247	01:57:48	144	
1264	6018	Eifion	Thomas	M	M40 - 44	02:00:13	1369	02:00:11	149	
1265	3027	Linda	Graves	F	F50 - 54	02:00:14	1270	01:58:18	5	
1266	5017	Steven	Davies	M	MSEN	02:00:14	1326	01:59:17	726	
1267	3380	Luke	Oliver	M	MSEN	02:00:14	1332	01:59:23	729	
1268	4043	Natalie	Sayer	F	FSEN	02:00:17	1222	01:57:27	139	
1269	4733	Nicola	Bailey	F	FSEN	02:00:18	1256	01:58:02	147	
1270	5411	Phil	Morris	M	MSEN	02:00:18	1226	01:57:34	678	
1271	4069	Bridie	Edwards	F	FSEN	02:00:21	1201	01:56:58	133	
1272	5157	Fraser	Stroud	M	MSEN	02:00:22	1188	01:56:43	660	
1273	4986	Daniel	Wallace	M	MSEN	02:00:22	1375	02:00:14	753	
1274	5092	James	Burgess	M	MSEN	02:00:23	1292	01:58:40	710	
1275	5747	Patricia	Challis	F	F55+	02:00:27	1244	01:57:47	5	Wells Harriers
1276	5557	John	Miles	M	MSEN	02:00:30	1267	01:58:14	697	
1277	3937	Kevin	Rutherford	M	MSEN	02:00:33	1224	01:57:30	676	
1278	5996	Gareth	Phillips	M	MSEN	02:00:33	1284	01:58:30	704	
1279	3468	Sarah	Branfoot	F	FSEN	02:00:36	1266	01:58:14	150	
1280	5805	Helen	Warrender	F	F35 - 39	02:00:37	1229	01:57:35	40	
1281	4541	Philip	Reardon Smith	M	MSEN	02:00:38	1341	01:59:35	734	
1282	4466	Simon	Hardy	M	MSEN	02:00:41	1277	01:58:25	703	
1283	4111	Gavin	Jones	M	MSEN	02:00:41	1364	02:00:02	748	
1284	5316	Lucy	Slater	F	FSEN	02:00:43	1257	01:58:03	148	
1285	6088	Jo	Vickers	F	F35 - 39	02:00:44	1282	01:58:28	44	
1286	5925	Jonathan	Roderick	M	MSEN	02:00:44	1300	01:58:51	714	
1287	5830	Christopher	Petheram	M	M40 - 44	02:00:47	1339	01:59:34	147	
1288	5573	Rob	Helyar	M	M40 - 44	02:00:52	1213	01:57:14	132	
1289	3538	Gary	Jones	M	M40 - 44	02:00:55	1349	01:59:41	148	
1290	4943	Heather	Kitts	F	F35 - 39	02:00:56	1297	01:58:46	46	
1291	4563	Alun	Phillips	M	MSEN	02:00:56	1350	01:59:42	739	
1292	5614	Jane	Evans	F	F50 - 54	02:00:57	1334	01:59:23	6	
1293	5283	Matthew	Rex	M	MSEN	02:00:57	1239	01:57:42	685	
1294	3758	Steve	Davis	M	M40 - 44	02:00:58	1327	01:59:18	145	
1295	5039	Emma	Tovey	F	FSEN	02:00:59	1330	01:59:22	156	
1296	3811	David	Salt	M	M50 - 54	02:00:59	1220	01:57:23	63	
1297	6192	Alex	Pinchard	M	MSEN	02:00:59	1274	01:58:23	700	
1298	6186	David	Heal	M	MSEN	02:00:59	1275	01:58:24	702	
1299	6147	Hywel	Davies	M	MSEN	02:01:00	1245	01:57:48	688	
1300	5773	Christian	Pearce	M	MSEN	02:01:00	1362	02:00:00	747	
1301	5607	Fiona	Day	F	FSEN	02:01:01	1333	01:59:23	157	

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
1302	5796	Terence	Maloney	M	M45 - 49	02:01:01	1320	01:59:12	85	
1303	6131	Mandy	Harris	F	F40 - 44	02:01:07	1243	01:57:46	29	
1304	5798	Karen	Heath	F	F40 - 44	02:01:07	1281	01:58:28	33	
1305	6129	Tim	Gilbert	M	M40 - 44	02:01:07	1241	01:57:45	136	
1306	6119	Lee	Miller	M	MSEN	02:01:08	1235	01:57:40	681	
1307	3202	Matthew	Watts	M	MSEN	02:01:08	1236	01:57:40	682	
1308	3720	Jamie	Trask	M	MSEN	02:01:08	1353	01:59:47	742	David Lloyds R C
1309	4482	Karen	Price	F	FSEN	02:01:09	1378	02:00:16	165	
1310	5674	Rosalind	Bolton	F	FSEN	02:01:10	1271	01:58:18	151	
1311	4945	Giles	Curtis	M	MSEN	02:01:10	1307	01:58:57	720	
1312	5066	Philip	Davies	M	M40 - 44	02:01:11	1312	01:59:02	140	
1313	5771	Christopher	Cole	M	MSEN	02:01:12	1255	01:58:01	691	
1314	5454	Lucy	Dolman	M	MSEN	02:01:13	1360	01:59:58	746	
1315	3547	Dennis	Philpotts	M	M45 - 49	02:01:14	1373	02:00:13	86	
1316	4414	Richard	Saunders	M	MSEN	02:01:16	1338	01:59:34	732	
1317	5400	Linda	Weedon	F	F55+	02:01:18	1283	01:58:30	6	Handy Cross Runners
1318	4161	Keith	Morgan	M	M45 - 49	02:01:18	1399	02:00:46	87	
1319	5099	Gul	Ornek	F	FSEN	02:01:20	1408	02:00:55	177	
1320	5051	Craig	Nichol	M	MSEN	02:01:22	1366	02:00:06	750	
1321	5988	Paul	Whittaker	M	MSEN	02:01:23	1308	01:59:00	721	
1322	5256	David	Xuereb	M	MSEN	02:01:24	1400	02:00:47	765	
1323	5911	David	Parsons	M	M40 - 44	02:01:25	1322	01:59:16	143	
1324	5314	Neil	Couston	M	MSEN	02:01:25	1237	01:57:40	683	
1325	3577	Sián	Williams	F	FSEN	02:01:28	1379	02:00:16	166	
1326	5210	Lisa	Beacham	F	F35 - 39	02:01:30	1293	01:58:42	45	
1327	4676	Joseph	Cartwright	M	M45 - 49	02:01:33	1280	01:58:28	83	
1328	3026	Shaun	Burges	M	MSEN	02:01:33	1395	02:00:42	762	
1329	5662	Jeffrey	Williams	M	MSEN	02:01:34	1273	01:58:21	699	
1330	3396	Lyn	Davies	F	F40 - 44	02:01:35	1311	01:59:01	35	
1331	3205	Stuart	Pockett	M	MSEN	02:01:35	1402	02:00:49	766	
1332	4961	Cara	Dare	F	FSEN	02:01:36	1249	01:57:50	145	
1333	4962	Martin	Bailey	M	MSEN	02:01:36	1250	01:57:50	689	
1334	3701	Elizabeth	Lewis	F	F40 - 44	02:01:38	1315	01:59:05	37	
1335	3694	Colin	Lewis	M	M40 - 44	02:01:38	1314	01:59:04	141	
1336	4233	Marcus	Bowen	M	MSEN	02:01:43	1324	01:59:16	725	
1337	4340	Jonathan	Pask	M	MSEN	02:01:43	1325	01:59:17	727	
1338	6162	Andrew	Davis	M	MSEN	02:01:44	1335	01:59:26	730	
1339	5231	Stephen	Jackson	M	MSEN	02:01:44	1435	02:01:33	781	
1340	5710	Claire	Cowell	F	FSEN	02:01:45	1384	02:00:27	169	
1341	3007	O.	Rogers	M	MSEN	02:01:46	1329	01:59:21	728	
1342	3129	Sarah-Jane	Bailey	F	FSEN	02:01:48	1361	01:59:59	161	
1343	4039	Ellen	Abraham-Williams	F	FSEN	02:01:48	1385	02:00:27	170	
1344	5953	Mike	Brokenshaw	M	M55 - 59	02:01:53	1258	01:58:04	21	Hogweed trotters
1345	4590	Javier	Desana	M	MSEN	02:01:55	1272	01:58:20	698	
1346	3352	Julian	Patey	M	MSEN	02:01:55	1425	02:01:16	775	
1347	3170	Claire	Davies	F	F35 - 39	02:01:57	1406	02:00:53	51	
1348	4607	Gregory	Cartwright	M	MSEN	02:01:57	1363	02:00:02	749	
1349	4530	Mark	Pearce	M	M40 - 44	02:01:58	1331	01:59:22	146	
1350	5338	Toby	Walsh	M	MSEN	02:01:58	1443	02:01:46	786	
1351	4494	Stephen	Witts	M	M40 - 44	02:02:01	1301	01:58:51	139	
1352	4473	Scott	Howe	M	MSEN	02:02:01	1440	02:01:43	784	
1353	4106	Andrew	Baker	M	MSEN	02:02:02	1285	01:58:31	706	
1354	3985	Trevor	Smith	M	M50 - 54	02:02:03	1358	01:59:56	65	
1355	4458	Paul	Thomas	M	MSEN	02:02:03	1442	02:01:44	785	
1356	4823	Katrina	Darcy	F	FSEN	02:02:04	1383	02:00:27	168	
1357	3382	Jonathan	Roedemer	M	MSEN	02:02:04	1302	01:58:52	716	
1358	4580	Shirlee	MacCrimmon	F	F35 - 39	02:02:05	1309	01:59:00	47	
1359	4835	Angela	Mudge	F	F40 - 44	02:02:09	1354	01:59:50	38	
1360	4291	Tanya	Maidment	F	FSEN	02:02:10	1328	01:59:20	155	AVON VALLEY RUNNERS
1361	4428	Gary	Merrill	M	M40 - 44	02:02:10	1318	01:59:11	142	
1362	4116	Andrew	Byde	M	MSEN	02:02:10	1319	01:59:11	724	
1363	5526	Neil	Cocker	M	MSEN	02:02:10	1424	02:01:15	774	
1364	4064	Debbie	James	F	F35 - 39	02:02:12	1348	01:59:41	48	
1365	3852	Adam	Watts	M	MSEN	02:02:12	1374	02:00:14	754	
1366	3103	Ian	Everett	M	MSEN	02:02:15	1415	02:01:06	771	
1367	4036	Richard	O'Hara	M	MSEN	02:02:17	1357	01:59:53	745	
1368	439	Christopher	O'driscoll	M	MSEN	02:02:18	1287	01:58:33	708	
1369	3270	Trish	Gale	F	F35 - 39	02:02:19	1269	01:58:16	43	
1370	5345	Andrew	Oatley	M	MSEN	02:02:20	1344	01:59:37	737	
1371	3449	Owain	Griffiths	M	MSEN	02:02:22	1182	01:56:38	654	
1372	5530	Richard	Cowley	M	MSEN	02:02:22	1340	01:59:34	733	
1373	5685	Glyn	Walker	M	MSEN	02:02:23	1438	02:01:40	783	
1374	3080	Paul	Ferguson	M	MSEN	02:02:23	1453	02:02:05	791	
1375	5074	Mark	Shatford	M	MSEN	02:02:24	1290	01:58:35	709	
1376	5529	Morgan	Stacey	M	MSEN	02:02:24	1343	01:59:36	736	
1377	5390	Steven	Wilson	M	MSEN	02:02:25	1450	02:01:56	789	
1378	5076	Damian	Kelly	M	MSEN	02:02:28	1262	01:58:08	695	
1379	6161	Paul	Kearns	M	MSEN	02:02:28	1299	01:58:51	715	
1380	6039	Wendy	Lawrence	F	F50 - 54	02:02:30	1365	02:00:04	7	Forest of Dean A C
1381	6182	Emma	Rees	F	FSEN	02:02:30	1413	02:01:04	178	
1382	4832	Gareth	Steggles	M	M40 - 44	02:02:30	1323	01:59:16	144	
1383	4754	Phil	Cook	M	M50 - 54	02:02:30	1419	02:01:12	66	
1384	4460	David	Axten	M	MSEN	02:02:30	1426	02:01:17	776	
1385	6063	Richard	Kaminski	M	M40 - 44	02:02:32	1458	02:02:11	156	
1386	4702	Andrea	Havill	F	FSEN	02:02:37	1381	02:00:18	167	
1387	4436	Hayley	Ackery	F	FSEN	02:02:38	1444	02:01:48	185	
1388	4797	Timothy	Elias	M	M40 - 44	02:02:39	1371	02:00:12	150	Port Talbot Harriers

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
1389	5177	Sarah	Rhodes	F	FSEN	02:02:40	1376	02:00:15	164	
1390	5560	Elsbeth	Jarman	F	F40 - 44	02:02:43	1359	01:59:58	39	
1391	4249	Catherine	Crimmins	F	FSEN	02:02:50	1462	02:02:19	190	
1392	3216	Leah	Millett	F	FSEN	02:02:51	1422	02:01:14	182	
1393	5676	Helen	Kerbey	F	FSEN	02:02:52	1336	01:59:27	158	
1394	5073	Hannah	Arnold	F	FSEN	02:02:53	1367	02:00:10	162	
1395	5071	Robert	Norton	M	MSEN	02:02:53	1368	02:00:10	751	
1396	3264	Kenneth	Jones	M	MSEN	02:02:55	1411	02:01:01	768	
1397	4602	Lucy	Hill	F	FSEN	02:02:56	1392	02:00:37	173	
1398	4434	Lynne	Lock	F	F40 - 44	02:02:58	1313	01:59:03	36	
1399	4475	Wayne	Jenkins	M	M40 - 44	02:02:58	1463	02:02:20	157	
1400	4383	Molly	Williams	F	F45 - 49	02:03:01	1421	02:01:13	26	
1401	3213	Gitte	Knudsen	F	FSEN	02:03:02	1387	02:00:34	171	
1402	5234	Nicola	Fulin	F	FSEN	02:03:06	1454	02:02:05	189	
1403	6113	Richard	Howe	M	MSEN	02:03:08	1342	01:59:35	735	
1404	5604	Spencer	Shields	M	MSEN	02:03:08	1380	02:00:16	756	
1405	4693	Chris	Wherritt	M	MSEN	02:03:10	1386	02:00:31	758	
1406	4409	Rachel	Kirkby	F	FSEN	02:03:14	1448	02:01:54	187	
1407	4241	Jeremy	Davies	M	MSEN	02:03:14	1391	02:00:37	760	
1408	5719	Amanda	Humphreys	F	FSEN	02:03:17	1407	02:00:53	176	
1409	3502	Ceri	Abdulla	F	FSEN	02:03:18	1446	02:01:50	186	
1410	5082	Gary	Mickelsen	M	MSEN	02:03:18	1477	02:02:50	799	
1411	6100	Angelo	Pucella	M	MSEN	02:03:19	1481	02:02:54	801	
1412	3532	Darren	Gilmore	M	MSEN	02:03:23	1356	01:59:52	744	
1413	5596	Suzanne	Thomas	F	F35 - 39	02:03:28	1388	02:00:34	49	
1414	3861	Elizabeth	Jenks	F	FSEN	02:03:29	1434	02:01:30	183	
1415	3175	Giles	Nuttall	M	MSEN	02:03:30	1351	01:59:42	740	
1416	5783	Dean	Milton	M	MSEN	02:03:31	1316	01:59:06	722	
1417	3165	Stuart	Poulton	M	MSEN	02:03:31	1345	01:59:38	738	
1418	5829	Marcus	Lush	M	MSEN	02:03:32	1317	01:59:06	723	
1419	5119	Richard	Davies	M	M55 - 59	02:03:34	1517	02:03:31	22	
1420	4251	David	Cropper	M	MSEN	02:03:36	1432	02:01:26	779	
1421	4252	Paul	Barnett	M	MSEN	02:03:36	1433	02:01:26	780	
1422	5576	James	Richards	M	MSEN	02:03:39	1428	02:01:21	777	
1423	4553	James	Armstrong	M	MSEN	02:03:39	1429	02:01:22	778	
1424	5225	Shirley	Davies	F	F40 - 44	02:03:40	1524	02:03:35	42	
1425	4856	Paul	Armstrong	M	M50 - 54	02:03:40	1430	02:01:23	67	
1426	5852	Nicholas	Davies	M	M40 - 44	02:03:41	1393	02:00:38	151	
1427	5101	Sam	Waldron	M	MSEN	02:03:41	1491	02:03:04	806	
1428	3010	A.	McKenzie Kerr	M	MSEN	02:03:42	1493	02:03:04	807	
1429	4921	Rachel	Potts	F	FSEN	02:03:44	1389	02:00:34	172	
1430	5287	Andrew	Sheppard	M	MSEN	02:03:44	1390	02:00:35	759	
1431	3415	Mazidur	Rahman	M	MSEN	02:03:45	1355	01:59:50	743	
1432	6030	Helen	Bryan	F	FSEN	02:03:46	1416	02:01:07	179	
1433	4770	Gareth	Jones	M	MSEN	02:03:50	1410	02:01:01	769	
1434	5813	Hannah	Coleman	F	FSEN	02:03:52	1372	02:00:12	163	
1435	5216	Toby	Hurst	M	MSEN	02:03:52	1370	02:00:11	752	
1436	4307	Nicki	Dannati	F	F35 - 39	02:03:55	1483	02:02:54	54	
1437	4453	Laura	Hammond	F	FSEN	02:03:55	1404	02:00:50	175	
1438	4306	Cheryl	Clarke	F	FSEN	02:03:55	1484	02:02:56	198	
1439	4547	Lowri	Randall	F	FSEN	02:03:57	1417	02:01:07	180	
1440	3958	Mauny	Wright	F	FSEN	02:03:57	1530	02:03:45	208	
1441	3983	Katharine	Fisher	F	FSEN	02:03:57	1532	02:03:46	209	
1442	4231	Christian	Williams	M	MSEN	02:03:57	1377	02:00:15	755	
1443	5509	Ben	Edwards	M	MSEN	02:03:58	1412	02:01:04	770	
1444	5508	Julie	Iles	F	FSEN	02:04:00	1418	02:01:07	181	
1445	5857	Ncneill	Byron	M	M40 - 44	02:04:00	1409	02:00:57	153	
1446	5447	Alan	Baker	M	MSEN	02:04:00	1397	02:00:44	764	
1447	5166	Johnathan	Taylor	M	MSEN	02:04:00	1535	02:03:47	820	
1448	5333	Adrian	Phillips	M	MSEN	02:04:01	1396	02:00:43	763	
1449	5748	Alun	Williams	M	MSEN	02:04:03	1382	02:00:19	757	
1450	5130	Nicola	Leitch	F	F35 - 39	02:04:04	1459	02:02:11	52	
1451	5912	Ed	Balcomb	M	MSEN	02:04:04	1528	02:03:37	819	
1452	5711	Anthony	Moore	M	M40 - 44	02:04:06	1439	02:01:40	155	
1453	297	John	Bird	M	M40 - 44	02:04:09	1504	02:03:16	162	
1454	5800	Michael	Muirden	M	MSEN	02:04:09	1456	02:02:07	792	RAF St Athan
1455	4420	Richard	Stephens	M	MSEN	02:04:10	1337	01:59:31	731	
1456	3761	Nuria	Martinez-Perez	F	FSEN	02:04:12	1514	02:03:27	203	Les Croupiers
1457	4130	Kerry	Thomas	F	FSEN	02:04:13	1515	02:03:27	204	
1458	6120	Anne	Fry	F	FSEN	02:04:18	1529	02:03:44	207	
1459	4610	Justin	Aleman	M	MSEN	02:04:18	1394	02:00:40	761	
1460	5361	David	Partridge	M	MSEN	02:04:18	1547	02:04:06	826	
1461	4486	Alexandra	Wilson	F	FSEN	02:04:21	1403	02:00:49	174	
1462	4488	Brendan	Sweeney	M	MSEN	02:04:21	1401	02:00:49	767	
1463	3274	Linzi	Tierney	F	F35 - 39	02:04:23	1554	02:04:14	61	
1464	4793	Jessica	Maki	F	FSEN	02:04:23	1507	02:03:23	202	
1465	5141	Lee	Richards	M	MSEN	02:04:26	1436	02:01:34	782	
1466	4833	Miles	Hooper	M	MSEN	02:04:27	1472	02:02:39	798	
1467	4614	Carl	Udry	M	MSEN	02:04:28	1525	02:03:36	818	
1468	4259	Michelle	Evans	F	FSEN	02:04:29	1497	02:03:09	200	Les Croupiers
1469	3178	Vivian	Davies	M	M45 - 49	02:04:29	1455	02:02:05	89	
1470	3260	Mark	Evans	M	MSEN	02:04:32	1560	02:04:27	831	
1471	5568	Paul	Osmond	M	MSEN	02:04:35	1556	02:04:19	828	
1472	0					02:04:35	1558	02:04:20	1	
1473	3925	Jayne	Evans	F	F35 - 39	02:04:36	1518	02:03:32	58	
1474	3686	Janina	Burczyk	F	FSEN	02:04:36	1523	02:03:34	205	
1475	3632	Lianne	Booth	F	F35 - 39	02:04:39	1562	02:04:30	63	

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
1476	3877	Mark	Palmer	M	M45 - 49	02:04:40	1473	02:02:41	91	
1477	3867	Angela	Rowlands	F	F50 - 54	02:04:41	1513	02:03:26	11	
1478	5494	Rod	Hough	M	M40 - 44	02:04:41	1405	02:00:51	152	
1479	4364	Steve	Rhodes	M	M45 - 49	02:04:41	1510	02:03:25	93	
1480	5089	Tim	Wray	M	MSEN	02:04:43	1414	02:01:06	772	
1481	5322	Nick	Fleeman	M	M45 - 49	02:04:51	1441	02:01:44	88	Cranbourne Road Runners
1482	5587	Andy	Parry	M	MSEN	02:04:52	1461	02:02:14	795	
1483	4320	Johnathan	Bowden	M	MSEN	02:04:54	1420	02:01:13	773	
1484	5207	Ben	Eade	M	MSEN	02:04:54	1508	02:03:23	814	
1485	5761	Susan	Tucker	F	F50 - 54	02:04:55	1474	02:02:42	8	
1486	3448	Ian	Parry	M	MSEN	02:04:55	1482	02:02:54	802	
1487	6140	Francine	Duke	F	FSEN	02:04:56	1467	02:02:29	192	
1488	3904	Catrina	Howells	F	F35 - 39	02:04:57	1509	02:03:24	56	
1489	5628	Paul	Hankinson	M	M50 - 54	02:04:57	1431	02:01:25	68	
1490	5473	Michael	Camilleri	M	MSEN	02:04:57	1449	02:01:56	790	
1491	3683	Rebecca	Williams	F	F35 - 39	02:04:58	1398	02:00:45	50	
1492	4506	Sian	Brown	F	F45 - 49	02:04:58	1546	02:04:06	28	
1493	4726	Aimi	Thornhill	F	FSEN	02:05:01	1569	02:04:43	215	
1494	5634	Jolie	Sweeney	F	FSEN	02:05:01	1567	02:04:43	214	
1495	5702	Jeremy	Williams	M	M40 - 44	02:05:04	1423	02:01:14	154	
1496	3762	Owain	Griffiths	M	MSEN	02:05:04	1519	02:03:33	815	
1497	5999	Alison	Elliott	F	FSEN	02:05:05	1451	02:02:01	188	
1498	5962	Linda	Skelding	F	F40 - 44	02:05:06	1489	02:03:02	41	Stourbridge RC
1499	5963	Jackie	Thomas	F	F50 - 54	02:05:07	1488	02:03:01	9	Stourbridge RC
1500	3053	Paul	Gray	M	MSEN	02:05:08	1457	02:02:08	793	
1501	4065	Deborah	Bines	F	FSEN	02:05:12	1465	02:02:25	191	
1502	4612	Amy	Norman	F	FSEN	02:05:15	1470	02:02:35	193	
1503	3649	Dean	Andrews	M	M40 - 44	02:05:16	1543	02:04:05	165	
1504	4339	Paul	Thomas	M	MSEN	02:05:16	1564	02:04:37	834	
1505	5525	Richard	Phillips	M	MSEN	02:05:17	1487	02:03:01	803	
1506	6146	Rachel	Gardiner	F	F35 - 39	02:05:18	1555	02:04:15	62	
1507	4896	Victoria	Weller	F	FSEN	02:05:18	1471	02:02:38	194	
1508	4403	Philip	Addicott	M	MSEN	02:05:18	1574	02:04:53	838	
1509	5669	Gary	Collier	M	M55 - 59	02:05:19	1522	02:03:34	23	
1510	5799	Peter	Muirden	M	M45 - 49	02:05:21	1505	02:03:19	92	
1511	5224	Catherine	Richards	F	F40 - 44	02:05:23	1596	02:05:18	45	
1512	4576	Gafyn	Stiff	M	MSEN	02:05:25	1498	02:03:10	811	
1513	3504	Martyn	Williams	M	MSEN	02:05:25	1597	02:05:19	844	
1514	4772	Craig	Manson	M	MSEN	02:05:26	1469	02:02:34	797	
1515	4849	Daniel	Jones	M	MSEN	02:05:27	1521	02:03:34	816	
1516	5276	Lynne	Toogood	F	F35 - 39	02:05:28	1568	02:04:43	64	Les Croupiers
1517	4250	Brett	Jones	M	MSEN	02:05:29	1478	02:02:52	800	
1518	5881	Ross	Hill	M	MSEN	02:05:30	1460	02:02:12	794	
1519	4179	Cari	Sowden-Taylor	F	FSEN	02:05:31	1479	02:02:53	197	
1520	4244	Ian	Bailey	M	MSEN	02:05:31	1445	02:01:49	787	
1521	4987	Ashley	Brazier	M	MSEN	02:05:31	1601	02:05:21	846	
1522	5010	Laura	Bretherton	F	FSEN	02:05:32	1501	02:03:10	201	
1523	4127	Emma	Parfitt	F	FSEN	02:05:33	1437	02:01:35	184	
1524	5334	Suzanna	Divine	F	FSEN	02:05:37	1526	02:03:36	206	Kenilworth
1525	4613	Stephen	Wigmore	M	MSEN	02:05:37	1447	02:01:53	788	
1526	3244	Eiros	Davies	M	MSEN	02:05:38	1575	02:04:54	839	
1527	5441	Alma	Riggs	F	FSEN	02:05:39	1476	02:02:48	196	
1528	4124	Ann	Williams	F	F35 - 39	02:05:40	1516	02:03:27	57	NSRRA
1529	3128	Rathika	Chinnadurai	F	FSEN	02:05:41	1541	02:03:59	211	
1530	5493	John	Smith	M	M60+	02:05:41	1545	02:04:05	11	100 Marathon Club
1531	5229	Gavin	Attorre	M	MSEN	02:05:41	1544	02:04:05	825	
1532	3467	Sarah-Jane	Rudge	F	FSEN	02:05:42	1566	02:04:42	213	
1533	6058	Melanie	Rowlands	F	FSEN	02:05:43	1584	02:05:07	220	
1534	6059	Christopher	Allen	M	M40 - 44	02:05:43	1583	02:05:07	169	
1535	5635	Gareth	Jenkins	M	MSEN	02:05:43	1536	02:03:49	822	
1536	3377	Stuart	Love	M	M40 - 44	02:05:46	1503	02:03:12	161	
1537	3591	Ann	Barrett	F	F45 - 49	02:05:48	1452	02:02:03	27	
1538	3875	Gilbert	Kebaletsure	M	MSEN	02:05:48	1502	02:03:11	812	
1539	3580	Helen	Roberts	F	F40 - 44	02:05:54	1427	02:01:20	40	TROTS
1540	5162	Lee	Tasker	M	MSEN	02:06:01	1468	02:02:33	796	
1541	3516	Gemma	Brain	F	FSEN	02:06:03	1610	02:05:36	230	
1542	3906	David	Evans	M	MSEN	02:06:03	1559	02:04:22	830	
1543	4906	Melfyn	Owens	M	M40 - 44	02:06:04	1480	02:02:53	158	
1544	3181	Timothy	Penn	M	M50 - 54	02:06:07	1548	02:04:09	69	
1545	5531	Thomas	Durrant	M	MSEN	02:06:07	1506	02:03:19	813	
1546	3784	Aled	Mason	M	MSEN	02:06:07	1537	02:03:50	823	
1547	4521	Hannah	Mansfield	F	FSEN	02:06:10	1579	02:04:59	218	
1548	3617	Victoria	Jones	F	FSEN	02:06:11	1605	02:05:26	227	
1549	4523	Ian	Dodsworth	M	MSEN	02:06:12	1495	02:03:06	810	
1550	3940	Richard	Thurston	M	MSEN	02:06:12	1581	02:05:00	840	
1551	3089	Robert	Murphy	M	M40 - 44	02:06:14	1552	02:04:11	167	
1552	3967	Eilish	Perkins	F	F35 - 39	02:06:15	1485	02:03:00	55	
1553	4485	Stuart	Lyden	M	M40 - 44	02:06:15	1511	02:03:25	163	
1554	4120	Phillip	Thomas	M	MSEN	02:06:15	1486	02:03:01	804	
1555	4737	Jayne	Evans	F	F50 - 54	02:06:16	1512	02:03:26	10	
1556	5931	Rhian	Humphreys	F	FSEN	02:06:17	1629	02:06:09	238	
1557	5968	George	Maggs	M	MSEN	02:06:17	1620	02:05:51	851	
1558	4909	Alexandra	Battson	F	FSEN	02:06:18	1611	02:05:37	231	
1559	3138	Edward	Bamfylde	M	MSEN	02:06:19	1557	02:04:19	829	
1560	4991	Julie	Hunt	F	F35 - 39	02:06:25	1464	02:02:25	53	
1561	3445	Richard	Oram	M	MSEN	02:06:26	1494	02:03:04	808	
1562	5206	Stephen	Enticott	M	MSEN	02:06:26	1492	02:03:04	809	

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
1563	3277	Eliot	Grant	M	MSEN	02:06:28	1563	02:04:35	833	
1564	4352	Hannah	Watkins	F	FSEN	02:06:29	1496	02:03:08	199	
1565	5969	Jonathan	Gunter	M	MSEN	02:06:29	1625	02:06:03	853	
1566	5127	Dominic	Baker	M	MSEN	02:06:30	1572	02:04:50	836	
1567	3780	Craig	James	M	M40 - 44	02:06:35	1499	02:03:10	159	
1568	3627	Dean	James	M	M40 - 44	02:06:35	1500	02:03:10	160	
1569	6001	Tim	Evans	M	M45 - 49	02:06:36	1540	02:03:59	94	
1570	4210	Rachel	Gwilliam	F	FSEN	02:06:37	1598	02:05:19	224	
1571	4951	Colin	Jones	M	M45 - 49	02:06:37	1466	02:02:28	90	
1572	5939	Robert	White	M	M45 - 49	02:06:38	1585	02:05:10	97	
1573	3302	Heike	Verdon	F	F40 - 44	02:06:40	1527	02:03:36	43	
1574	5814	Allen	Bevan	M	M45 - 49	02:06:42	1576	02:04:57	95	
1575	5396	Richard	Wood	M	MSEN	02:06:44	1615	02:05:43	849	
1576	3466	Karen	Chadwell	F	F35 - 39	02:06:45	1531	02:03:46	59	
1577	4966	Thomas	Farrelly	M	M45 - 49	02:06:45	1578	02:04:58	96	
1578	4090	Katherine	Thomas	F	F40 - 44	02:06:47	1624	02:05:55	46	
1579	5049	Nicola	Titmus	F	F40 - 44	02:06:48	1649	02:06:44	47	
1580	3977	Anna	Bellamy	F	FSEN	02:06:48	1475	02:02:43	195	
1581	4180	Sarah	Wherritt	F	FSEN	02:06:48	1550	02:04:10	212	
1582	3744	Emily	Connolly	F	FSEN	02:06:53	1634	02:06:20	240	
1583	5490	Alfred	Slater	M	M55 - 59	02:06:56	1589	02:05:14	24	Norton Canes RR
1584	5637	Masum	Rashid	M	MSEN	02:06:58	1490	02:03:03	805	
1585	5192	Les	Hall	M	M55 - 59	02:07:00	1595	02:05:18	26	Norton Canes RR
1586	5691	Sarah	Griffiths	F	FSEN	02:07:01	1608	02:05:34	229	
1587	4569	Phil	Morgan	M	MSEN	02:07:05	1553	02:04:11	827	
1588	4839	Ruth	Burton	F	FSEN	02:07:07	1586	02:05:12	221	
1589	4361	Nicola	Adams	F	FSEN	02:07:07	1618	02:05:50	233	
1590	4360	Sharon	Alder	F	FSEN	02:07:07	1619	02:05:50	234	
1591	4898	Siliva	Tufuga	M	MSEN	02:07:07	1573	02:04:52	837	
1592	3630	Melissa	Coles	F	FSEN	02:07:10	1571	02:04:47	216	Pontypridd Rodents
1593	5610	Claire	Boothroyd	F	F40 - 44	02:07:14	1660	02:07:00	49	
1594	3746	Heulwen	Simm	F	FSEN	02:07:15	1539	02:03:56	210	
1595	4850	Clive	Evans	M	M60+	02:07:15	1533	02:03:47	10	
1596	4710	Joe	Carter	M	MSEN	02:07:16	1599	02:05:19	845	
1597	4692	Nigel	Howells	M	MSEN	02:07:17	1603	02:05:21	847	
1598	4651	Rebecca	Geach	F	FSEN	02:07:20	1654	02:06:53	246	
1599	3082	Paul	Murphy	M	MSEN	02:07:20	1591	02:05:15	842	
1600	6071	Clare	Wilks	F	FSEN	02:07:21	1670	02:07:18	250	
1601	4510	Nicola	Mcleese	F	FSEN	02:07:21	1671	02:07:19	251	
1602	3225	Deborah	Cook	F	FSEN	02:07:22	1604	02:05:23	226	
1603	3941	Caroline	Lansdown	F	F35 - 39	02:07:25	1588	02:05:14	65	
1604	3096	Hilary	Fensome	F	F40 - 44	02:07:25	1587	02:05:13	44	
1605	5410	Ed	Guccione	M	MSEN	02:07:25	1534	02:03:47	821	
1606	4955	Paul	Nicholas	M	M40 - 44	02:07:26	1652	02:06:50	174	
1607	4266	Simon	Jones	M	M40 - 44	02:07:27	1570	02:04:45	168	
1608	5882	Jenny	Hill	F	F35 - 39	02:07:28	1549	02:04:09	60	
1609	3473	Bethan	Galluzzo	F	FSEN	02:07:30	1577	02:04:58	217	
1610	4745	Martha	Chan	F	FSEN	02:07:30	1592	02:05:15	223	
1611	4790	Mike	Pearce	M	M45 - 49	02:07:32	1653	02:06:52	100	
1612	5475	Emma	Tamplin	F	FSEN	02:07:34	1650	02:06:48	245	
1613	3654	Carolyn	Hairsine	F	F35 - 39	02:07:37	1640	02:06:35	68	
1614	3653	Andrew	Devereux	M	MSEN	02:07:37	1639	02:06:33	856	
1615	4046	Joe	Hughes	M	MSEN	02:07:38	1520	02:03:34	817	
1616	3218	Julian	Thomas	M	M40 - 44	02:07:43	1542	02:04:02	164	
1617	5699	Louise	Belcher	F	FSEN	02:07:47	1662	02:07:05	248	
1618	5708	Ryan	Belcher	M	MSEN	02:07:47	1665	02:07:06	861	
1619	5267	Helen	Gubby	F	FSEN	02:07:48	1612	02:05:39	232	
1620	3425	Matthew	Mithan	M	MSEN	02:07:48	1538	02:03:56	824	
1621	6155	Simon	Davis	M	M40 - 44	02:07:50	1646	02:06:43	173	
1622	3527	Brian	Dews	M	M50 - 54	02:07:55	1609	02:05:34	70	
1623	4644	Michael	Clee	M	M40 - 44	02:07:56	1551	02:04:10	166	
1624	5790	Phillip	Thomas	M	M50 - 54	02:07:57	1645	02:06:41	71	
1625	4518	Simon	Elias	M	M45 - 49	02:07:58	1630	02:06:12	98	
1626	3722	Geoff	Wright	M	M55 - 59	02:07:59	1617	02:05:48	28	Les Croupiers
1627	3275	Jonathan	Evans	M	MSEN	02:08:00	1647	02:06:43	857	
1628	5376	Catherine	Mears	F	F35 - 39	02:08:02	1656	02:06:57	71	
1629	3945	Hannah	Bevan	F	FSEN	02:08:02	1644	02:06:39	244	
1630	4292	Tracie	Williams	F	FSEN	02:08:03	1677	02:07:29	252	
1631	3929	Andrew	Hollins	M	MSEN	02:08:03	1561	02:04:28	832	
1632	5492	Natalie	Houghton	F	FSEN	02:08:08	1633	02:06:20	239	
1633	896	Huw	Thomas	M	MSEN	02:08:12	1659	02:07:00	860	Datchet Dashers
1634	3901	Sharon	Magill	F	FSEN	02:08:13	1602	02:05:21	225	
1635	3215	Karen	Wilkinson	F	FSEN	02:08:14	1590	02:05:15	222	
1636	4629	Kathleen	Holland	F	F45 - 49	02:08:16	1638	02:06:29	29	
1637	5341	Liz	Ford	F	FSEN	02:08:17	1582	02:05:02	219	
1638	4502	Emily	Turpin	F	FSEN	02:08:20	1693	02:07:53	260	
1639	4694	Stephen	Thomas	M	MSEN	02:08:23	1565	02:04:41	835	
1640	5382	Steve	Young	M	M55 - 59	02:08:26	1606	02:05:28	27	
1641	4433	Neil	Coleman	M	MSEN	02:08:31	1613	02:05:40	848	
1642	5495	Simon	Williams	M	MSEN	02:08:32	1673	02:07:24	863	
1643	4495	Rebecca	Parker	F	FSEN	02:08:33	1621	02:05:52	235	
1644	4262	Claire	Makin	F	F35 - 39	02:08:37	1672	02:07:24	73	
1645	4263	Richard	Makin	M	MSEN	02:08:37	1674	02:07:25	864	
1646	3972	Robert	Carter	M	M55 - 59	02:08:44	1593	02:05:17	25	
1647	3971	Mark	Carter	M	MSEN	02:08:44	1594	02:05:17	843	
1648	3197	Sie	Lau	M	MSEN	02:08:45	1637	02:06:26	855	
1649	5970	Maek	Woodman	M	MSEN	02:08:45	1702	02:08:17	874	

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
1650	5592	Kathleen	Hughes	F	F35 - 39	02:08:46	1632	02:06:19	67	
1651	4826	Caroline	Barker	F	F45 - 49	02:08:46	1681	02:07:30	31	
1652	4965	Samantha	Hughes	F	FSEN	02:08:49	1684	02:07:35	255	
1653	4544	Emma	Phillips	F	FSEN	02:08:49	1685	02:07:35	256	
1654	3005	Martin	Smith	M	M40 - 44	02:08:53	1675	02:07:27	175	
1655	4141	Sophie	Norman	F	F35 - 39	02:08:56	1627	02:06:08	66	
1656	5729	Michelle	Beattie	F	FSEN	02:08:56	1692	02:07:53	259	
1657	6007	Lisa	Thomas	F	F35 - 39	02:08:58	1725	02:08:51	82	
1658	3386	Lisa	Davies	F	F35 - 39	02:08:58	1726	02:08:52	83	
1659	6053	Steve	Howson	M	M40 - 44	02:08:58	1600	02:05:20	170	
1660	3042	Mike	Atkin	M	M40 - 44	02:09:01	1614	02:05:43	171	
1661	5919	Rebecca	Smith	F	FSEN	02:09:05	1667	02:07:09	249	
1662	4325	Sarah	Jones	F	FSEN	02:09:06	1683	02:07:34	254	
1663	3959	Mike	Aubrey	M	MSEN	02:09:06	1580	02:05:00	841	
1664	4054	Tim	Cox	M	M40 - 44	02:09:07	1708	02:08:24	178	
1665	3252	David	Chapple	M	M40 - 44	02:09:07	1709	02:08:25	179	Tamar Trotters
1666	4889	Adam	Henderson	M	MSEN	02:09:11	1636	02:06:22	854	
1667	5624	Jayne	Coles	F	FSEN	02:09:12	1661	02:07:04	247	
1668	3973	Stuart	Davies	M	MSEN	02:09:12	1657	02:06:59	859	
1669	5018	Carl	Pheasant	M	MSEN	02:09:13	1616	02:05:46	850	
1670	3550	Melissa	Neill	F	F35 - 39	02:09:14	1714	02:08:30	79	
1671	3186	Joanna	Hendry	F	F35 - 39	02:09:15	1691	02:07:52	76	Penarth & Dinas Runners
1672	4057	David	Hain	M	M50 - 54	02:09:17	1668	02:07:10	72	
1673	4423	Melloney	Beynon	F	F35 - 39	02:09:19	1642	02:06:38	69	
1674	4911	Stephanie Sims	Davies	F	FSEN	02:09:19	1607	02:05:34	228	
1675	4424	Clare	Stevens	F	FSEN	02:09:19	1643	02:06:38	243	
1676	6069	Samantha	Evans	F	FSEN	02:09:36	1622	02:05:53	236	
1677	4068	Karen	Phelps	F	FSEN	02:09:42	1626	02:06:07	237	
1678	5595	Stephanie	Foster	F	F35 - 39	02:09:44	1651	02:06:49	70	
1679	4725	Tim	Corner	M	MSEN	02:09:45	1724	02:08:50	878	
1680	5572	Pete	Regan	M	M40 - 44	02:09:46	1628	02:06:09	172	
1681	4739	Jonathan	Hoskins	M	MSEN	02:09:46	1682	02:07:33	865	
1682	3111	Karen	Davies	F	FSEN	02:09:51	1635	02:06:21	241	
1683	4425	Catherine	Ogilvie	F	FSEN	02:09:51	1641	02:06:36	242	
1684	4596	John	Archer	M	MSEN	02:09:52	1686	02:07:40	866	
1685	4315	Sandra	Huffen	F	F45 - 49	02:09:54	1648	02:06:43	30	
1686	4077	Mark	Silberrad	M	MSEN	02:09:55	1623	02:05:55	852	
1687	3365	David	Potter	M	M50 - 54	02:10:02	1703	02:08:17	73	
1688	3821	Katie	Birchall	F	FSEN	02:10:07	1700	02:08:10	261	
1689	3509	Victoria	Fitzgerald	F	FSEN	02:10:09	1745	02:09:27	271	
1690	5712	Dawn	Stoneman	F	F35 - 39	02:10:13	1705	02:08:21	78	
1691	5397	Alan	Oliver	M	M40 - 44	02:10:14	1712	02:08:28	182	
1692	5291	Lesley	Watkins	F	F35 - 39	02:10:15	1664	02:07:06	72	
1693	3381	Joanne	Okill	F	FSEN	02:10:16	1729	02:08:58	265	
1694	3934	Christopher	Driscoll	M	M40 - 44	02:10:16	1722	02:08:43	183	
1695	5621	John	Watkins	M	M45 - 49	02:10:16	1663	02:07:06	101	
1696	4023	Phineas	Brooks	M	MSEN	02:10:18	1767	02:10:06	891	
1697	4044	Steve	Quinn	M	MSEN	02:10:18	1770	02:10:08	895	
1698	3447	Malcolm	Barks	M	MSEN	02:10:21	1697	02:08:02	871	
1699	5632	Vicky	Porteus	F	F40 - 44	02:10:23	1658	02:06:59	48	
1700	4794	Rhidian	Crompton	M	MSEN	02:10:26	1740	02:09:24	884	
1701	4963	Andrew	Roberts	M	MSEN	02:10:27	1690	02:07:50	868	Trentham Running Club
1702	5755	Charles	Cummings	M	M55 - 59	02:10:29	1666	02:07:09	29	Les Croupiers 031100301VM
1703	4142	Gareth	Neale	M	M45 - 49	02:10:40	1780	02:10:29	106	
1704	4385	Annemarie	Evans	F	FSEN	02:10:45	1730	02:08:59	266	
1705	3641	Alex	Paerson	M	MSEN	02:10:48	1655	02:06:53	858	
1706	5075	Nicole	Skehan	F	FSEN	02:10:50	1752	02:09:52	274	
1707	6128	Sarah	Allen	F	FSEN	02:10:52	1721	02:08:42	263	
1708	4641	Ed	Webster	M	MSEN	02:10:52	1734	02:09:09	881	
1709	5077	Catherine	Hather	F	F35 - 39	02:10:54	1676	02:07:28	74	
1710	4045	Rhodri	Thomas	M	MSEN	02:10:55	1699	02:08:09	872	
1711	4328	Dafydd	Snelling	M	MSEN	02:10:55	1698	02:08:09	873	
1712	5436	Mark	Donovan	M	M45 - 49	02:10:58	1631	02:06:17	99	
1713	5860	Tim	Sparks	M	MSEN	02:10:58	1669	02:07:12	862	
1714	4557	Serian	Walker	F	FSEN	02:11:02	1680	02:07:29	253	
1715	4556	Colin	Briggs	M	M40 - 44	02:11:02	1679	02:07:29	176	
1716	4998	Nick	James	M	M40 - 44	02:11:03	1711	02:08:27	180	
1717	4163	Amanda	Morgan	F	FSEN	02:11:04	1761	02:10:01	276	TROTS
1718	5766	Paul	Hancock	M	MSEN	02:11:04	1754	02:09:53	886	
1719	5517	Paul	Allen	M	MSEN	02:11:04	1755	02:09:54	887	Pontypridd Roadents
1720	4156	Carrie	Hayward	F	F50 - 54	02:11:06	1718	02:08:35	12	
1721	4157	Stephen	Hayward	M	M50 - 54	02:11:06	1717	02:08:35	75	
1722	3927	Helen	Driscoll	F	FSEN	02:11:10	1747	02:09:36	272	
1723	5629	Nadia	Lovell	F	FSEN	02:11:13	1742	02:09:26	269	
1724	4924	Steven	Stennett	M	MSEN	02:11:13	1687	02:07:42	867	
1725	4935	Teresa	Blainey	F	FSEN	02:11:14	1750	02:09:48	273	
1726	3787	Zoë	Anderson	F	FSEN	02:11:14	1776	02:10:18	279	
1727	779	Vivienne	Keeble	F	F50 - 54	02:11:15	1779	02:10:28	14	Worcester Athletics
1728	3232	Ieuan	Counsell	M	M40 - 44	02:11:15	1701	02:08:14	177	
1729	5153	Lorna	Archer	F	FSEN	02:11:18	1787	02:10:34	282	
1730	4240	Emily	Charette	F	F35 - 39	02:11:20	1678	02:07:29	75	
1731	3023	Sian	Lonergan	F	F35 - 39	02:11:20	1696	02:08:02	77	
1732	3633	Michelle	Thomas	F	FSEN	02:11:23	1803	02:11:14	286	
1733	4469	Iain	Clark	M	MSEN	02:11:23	1781	02:10:29	898	
1734	4808	Joanne	Whittaker	F	FSEN	02:11:26	1741	02:09:24	268	Thornbury
1735	5427	Paul	Drake	M	MSEN	02:11:27	1739	02:09:23	883	
1736	5426	Clare	Drake	F	FSEN	02:11:30	1744	02:09:26	270	

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
1737	5656	Victoria	Warwick	F	FSEN	02:11:31	1706	02:08:21	262	Les Croupiers
1738	5657	Steven	Warwick	M	M50 - 54	02:11:31	1707	02:08:22	74	Les Croupiers
1739	4881	John	Lewis	M	M55 - 59	02:11:31	1746	02:09:32	30	
1740	3511	Glenn	Daniels	M	MSEN	02:11:32	1766	02:10:06	892	
1741	3493	David	Stephens	M	MSEN	02:11:33	1694	02:07:57	869	
1742	6134	Suzanne	Langrish	F	F40 - 44	02:11:34	1704	02:08:18	50	
1743	4804	Catherine	Pape	F	FSEN	02:11:34	1689	02:07:47	258	
1744	3387	Emily	Tong	F	F35 - 39	02:11:40	1822	02:11:34	91	
1745	3349	Katie	Eatwell	F	F35 - 39	02:11:41	1736	02:09:17	86	
1746	4630	Rachel	Ker	F	FSEN	02:11:42	1735	02:09:13	267	
1747	3721	Joanne	Allen	F	FSEN	02:11:43	1794	02:10:51	285	
1748	3635	Christopher	Cottle	M	MSEN	02:11:45	1720	02:08:37	876	
1749	3915	Lesley	Alexander	F	F45 - 49	02:11:46	1716	02:08:32	32	Brackla Harriers
1750	5255	Barbara	Panagi	F	F45 - 49	02:11:46	1765	02:10:04	34	
1751	4011	Ronnie	Wells	M	M40 - 44	02:11:49	1763	02:10:03	185	
1752	4810	Hayley	MacNamara	F	FSEN	02:11:50	1811	02:11:22	287	
1753	4811	Mark	Blake	M	MSEN	02:11:50	1809	02:11:21	908	
1754	5386	Sarah	Rees	F	FSEN	02:11:51	1688	02:07:46	257	
1755	4990	Mark	Arbouine	M	MSEN	02:11:51	1719	02:08:37	877	
1756	3194	Heather	Gourley	F	FSEN	02:11:52	1727	02:08:52	264	
1757	5364	David	Llewellyn	M	M45 - 49	02:11:55	1748	02:09:41	103	
1758	3938	Christopher	Davies	M	MSEN	02:11:58	1804	02:11:16	905	
1759	3299	Roger	Lewis	M	MSEN	02:12:00	1713	02:08:29	875	
1760	3611	Tara	Stanford	F	FSEN	02:12:04	1758	02:09:58	275	Calne Running Club
1761	4432	Brian	Slate	M	M55 - 59	02:12:08	1753	02:09:53	31	
1762	5788	Vennessa	Hunter	F	FSEN	02:12:09	1783	02:10:32	281	
1763	5874	Greg	Mullett	M	M50 - 54	02:12:09	1749	02:09:42	76	
1764	4805	Seth	Frelford	M	MSEN	02:12:09	1695	02:08:01	870	
1765	3144	Cain	Thomas	M	MSEN	02:12:09	1769	02:10:07	893	
1766	4718	Lowri	James	F	FSEN	02:12:11	1777	02:10:22	280	
1767	4379	Rod	Brookes	M	M40 - 44	02:12:14	1710	02:08:27	181	
1768	5367	Judith	Frost	F	F35 - 39	02:12:15	1733	02:09:07	85	
1769	3109	Clare	Holden	F	FSEN	02:12:16	1772	02:10:14	277	
1770	3290	Kevin	Lenahan	M	MSEN	02:12:16	1838	02:12:06	918	
1771	5425	Ken	East	M	M45 - 49	02:12:18	1808	02:11:21	108	
1772	4831	Lee	Davis	M	MSEN	02:12:18	1828	02:11:52	913	
1773	3068	Sarah	Gage	F	F35 - 39	02:12:19	1728	02:08:56	84	
1774	4967	Bernard	Carter	M	M50 - 54	02:12:20	1784	02:10:33	78	
1775	3855	Nick	Bax	M	MSEN	02:12:32	1762	02:10:02	889	
1776	3312	Matthew	Streeter	M	MSEN	02:12:33	1825	02:11:42	911	
1777	3976	Sarah	Mynott	F	F35 - 39	02:12:36	1715	02:08:31	80	
1778	3254	James	Morshead	M	MSEN	02:12:37	1789	02:10:37	900	
1779	4297	Mark	Emery	M	MSEN	02:12:39	1796	02:10:57	902	
1780	4135	Gareth	Earle	M	MSEN	02:12:45	1773	02:10:15	896	
1781	4305	C.	Geisset	F	FSEN	02:12:46	1831	02:11:58	292	
1782	3196	Anthony	Giles	M	M50 - 54	02:12:46	1759	02:09:59	77	
1783	3849	Carl	Franklyn	M	MSEN	02:12:46	1788	02:10:36	899	
1784	4604	Andy	Smith	M	MSEN	02:12:46	1791	02:10:45	901	
1785	3041	C.	Homes	M	MSEN	02:12:46	1832	02:11:58	915	
1786	5003	Liz	Mallen	F	F35 - 39	02:12:51	1723	02:08:48	81	
1787	624	Paul	Davies	M	M45 - 49	02:12:52	1743	02:09:26	102	
1788	5292	Mark	Brigham	M	MSEN	02:12:53	1737	02:09:20	882	
1789	3489	Katherine	Allinson	F	FSEN	02:13:00	1830	02:11:58	291	
1790	5125	Owen	Williams	M	MSEN	02:13:03	1764	02:10:04	890	
1791	5638	Bernadette	Davies	F	F40 - 44	02:13:05	1786	02:10:34	52	
1792	3865	Judy	Evans	F	F50 - 54	02:13:05	1738	02:09:22	13	
1793	3544	Janet	Moyle	F	F35 - 39	02:13:06	1801	02:11:06	89	
1794	3292	John	Morris	M	MSEN	02:13:08	1732	02:09:06	879	
1795	5640	Matthew	Mearns	M	MSEN	02:13:08	1768	02:10:07	894	
1796	5023	Elizabeth	Wright	F	F35 - 39	02:13:09	1785	02:10:33	87	
1797	4389	Martyn	Sayce	M	M40 - 44	02:13:12	1868	02:13:00	190	
1798	4743	Paul	Jones	M	MSEN	02:13:13	1751	02:09:49	885	
1799	5858	Ceri	Davies	M	MSEN	02:13:15	1731	02:09:06	880	
1800	3404	Gary	Hammond	M	MSEN	02:13:16	1806	02:11:18	906	
1801	5792	Mark	Davies	M	MSEN	02:13:18	1839	02:12:10	919	
1802	5856	Nick	Williams	M	M45 - 49	02:13:21	1778	02:10:26	105	
1803	6152	Rachel	Mooney	F	F35 - 39	02:13:23	1836	02:12:04	92	
1804	5304	Martin	Kelland	M	M40 - 44	02:13:30	1757	02:09:57	184	
1805	4445	Jojo	Luxmore-Read	F	FSEN	02:13:33	1829	02:11:57	290	
1806	5188	Richard	Cook	M	M45 - 49	02:13:36	1771	02:10:12	104	
1807	6024	Matthew	Ferriday	M	MSEN	02:13:36	1845	02:12:30	921	
1808	5063	Helen	Cahill	F	F45 - 49	02:13:39	1820	02:11:32	36	
1809	3914	Mary	Davies	F	F45 - 49	02:13:39	1821	02:11:33	37	
1810	5187	Stephen	White	M	MSEN	02:13:39	1800	02:11:06	904	
1811	5679	Dilys	Morris-Jones	F	F45 - 49	02:13:42	1860	02:12:49	41	
1812	4208	Rachel	Ovett	F	FSEN	02:13:43	1879	02:13:23	309	
1813	4912	Ian	Weavers	M	MSEN	02:13:45	1760	02:10:00	888	
1814	3540	Julie	Dentus	F	F40 - 44	02:13:50	1849	02:12:35	56	
1815	5580	Marieh	Esmaeelpour	F	FSEN	02:13:52	1774	02:10:16	278	
1816	3592	Spencer	Clarke	M	MSEN	02:13:52	1885	02:13:36	929	
1817	4375	Alan	Jones	M	MSEN	02:13:53	1833	02:11:58	916	
1818	3539	Angela	Jones	F	F45 - 49	02:13:55	1853	02:12:41	40	
1819	3954	Phil	Copestake	M	MSEN	02:13:57	1826	02:11:47	912	
1820	5496	Hannah	Fowler	F	FSEN	02:13:58	1840	02:12:21	294	Pontypridd Roadents
1821	4110	Matthew	Jones	M	MSEN	02:13:59	1877	02:13:19	927	
1822	5562	Gareth	Jones	M	MSEN	02:14:00	1834	02:12:00	917	
1823	333	Dale	Thomas	M	M45 - 49	02:14:01	1802	02:11:06	107	

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
1824	5175	Dean	Martin	M	MSEN	02:14:01	1819	02:11:31	910	
1825	4304	Marianne	Burridge	F	F45 - 49	02:14:03	1756	02:09:55	33	Fairwater Runners
1826	3383	Louise	Mahoney	F	F40 - 44	02:14:05	1782	02:10:30	51	
1827	4895	Liz	Byer	F	F50 - 54	02:14:05	1841	02:12:22	15	Bedford Harriers
1828	4193	Steven	Jones	M	MSEN	02:14:10	1886	02:13:39	930	
1829	4449	Bryan	Read	M	M40 - 44	02:14:12	1805	02:11:16	186	
1830	3058	Emma	Tarry	F	FSEN	02:14:15	1872	02:13:11	305	
1831	4918	Kamran	Rehman	M	MSEN	02:14:16	1775	02:10:17	897	
1832	5582	Ian	Smith	M	MSEN	02:14:16	1795	02:10:57	903	
1833	3296	Julia	Smith	F	F35 - 39	02:14:17	1815	02:11:25	90	
1834	3484	Sali	Beynon	F	FSEN	02:14:17	1812	02:11:23	288	
1835	3439	Don	Clarey	M	M50 - 54	02:14:17	1818	02:11:26	80	
1836	4704	Sarah	Carson	F	F35 - 39	02:14:18	1882	02:13:25	96	
1837	4232	Becca	Lale	F	FSEN	02:14:18	1835	02:12:01	293	
1838	4734	Helen	Dunn	F	FSEN	02:14:19	1881	02:13:25	311	
1839	3070	Ceri	Jones	F	F40 - 44	02:14:25	1799	02:11:05	54	
1840	3663	Gareth	Edwards	M	M50 - 54	02:14:25	1798	02:11:04	79	
1841	3924	Pippa	Nicholas	F	F35 - 39	02:14:27	1790	02:10:39	88	
1842	5845	Claire	Barry	F	FSEN	02:14:29	1858	02:12:47	301	
1843	5844	Samantha	Carter	F	FSEN	02:14:29	1859	02:12:48	302	
1844	3303	Mara	Cadman-Davies	F	F45 - 49	02:14:34	1816	02:11:25	35	
1845	3304	David	Davies	M	M45 - 49	02:14:34	1814	02:11:23	109	
1846	4270	Amanda	Gilkes	F	F40 - 44	02:14:37	1823	02:11:38	55	
1847	3760	Nadine	Jones	F	FSEN	02:14:39	1892	02:14:04	312	
1848	5834	Andrew	Turner	M	MSEN	02:14:39	1857	02:12:47	922	
1849	3001	Karen	Pinches	M	MSEN	02:14:45	1887	02:13:48	931	
1850	4493	Sarah	Baker	F	FSEN	02:14:46	1855	02:12:42	299	
1851	4401	Sarah	Crawford	F	FSEN	02:14:46	1854	02:12:42	298	
1852	4492	Penny	Coyle	F	FSEN	02:14:46	1856	02:12:43	300	
1853	3952	Brydon	Williams	F	F40 - 44	02:14:47	1797	02:10:59	53	
1854	4503	Marilyn	Rowson	F	F55+	02:14:50	1824	02:11:39	7	Les Croupiers
1855	3256	Judith	Maragna	F	F45 - 49	02:14:54	1837	02:12:06	38	
1856	3669	Deanna	Heathfield	F	FSEN	02:14:55	1792	02:10:50	283	
1857	4675	Rhian	Griffiths	F	FSEN	02:14:55	1793	02:10:50	284	
1858	5686	Phil	Swan	M	MSEN	02:14:59	1902	02:14:29	939	
1859	4886	Bethan	Morgan	F	FSEN	02:15:11	1907	02:14:45	317	
1860	4887	Rhys	Lloyd	M	MSEN	02:15:11	1908	02:14:48	942	
1861	4679	Sarah	Lloyd	F	FSEN	02:15:12	1870	02:13:02	304	
1862	5952	Tracey	Hewett	F	FSEN	02:15:12	1874	02:13:14	306	
1863	3597	Keith	Watson	M	MSEN	02:15:13	1871	02:13:02	925	
1864	5961	Paul	Parsons	M	MSEN	02:15:14	1898	02:14:18	936	
1865	4802	Lucy	Roblin	F	FSEN	02:15:16	1842	02:12:22	295	
1866	3622	Ruth	Graham	F	FSEN	02:15:16	1897	02:14:15	314	
1867	3293	Helen	Stickler	F	FSEN	02:15:17	1813	02:11:23	289	
1868	3294	Gareth	Bowen	M	M40 - 44	02:15:17	1810	02:11:22	187	
1869	3792	Heike	O'Neill	F	F50 - 54	02:15:21	1843	02:12:24	16	
1870	4396	Robert	Green	M	MSEN	02:15:22	1844	02:12:25	920	
1871	5433	Linda	Foster	F	F35 - 39	02:15:23	1865	02:12:56	94	
1872	5594	Carl	Thomas	M	MSEN	02:15:23	1817	02:11:25	909	
1873	3310	Julie	Gandy	F	FSEN	02:15:26	1905	02:14:40	316	
1874	3309	Ray	Gandy	M	MSEN	02:15:27	1906	02:14:42	941	
1875	5891	Margaret	Morgan	F	F45 - 49	02:15:28	1846	02:12:33	39	
1876	3517	Matthew	Evans	M	MSEN	02:15:29	1807	02:11:20	907	
1877	4415	Juliet	Buckley	F	FSEN	02:15:33	1878	02:13:19	308	
1878	5365	Jane	Llewellyn	F	F45 - 49	02:15:35	1876	02:13:18	42	
1879	5366	Lisa	Williams	F	FSEN	02:15:35	1875	02:13:18	307	
1880	5451	Dean	Adams	M	MSEN	02:15:36	1903	02:14:37	940	
1881	5808	Peter	Burgess	M	M50 - 54	02:15:40	1852	02:12:40	81	
1882	4288	Michael	Davies	M	M40 - 44	02:15:42	1900	02:14:20	193	
1883	6124	Richard	Davies	M	M40 - 44	02:15:47	1861	02:12:50	189	
1884	5479	Lyndon	Williams	M	M45 - 49	02:15:47	1863	02:12:51	111	
1885	5269	Judith	Holroyd	F	F55+	02:15:50	1888	02:13:53	8	
1886	5450	Gareth	Morris	M	M40 - 44	02:15:51	1891	02:14:04	191	
1887	3844	Kathryn	Drinkall	F	FSEN	02:15:53	1850	02:12:38	297	
1888	3069	Karen	Aslan	F	F35 - 39	02:15:59	1848	02:12:34	93	
1889	4049	Suzanne	Davies	F	FSEN	02:15:59	1847	02:12:34	296	
1890	6073	Richard	Cook	M	MSEN	02:16:00	1921	02:15:10	947	
1891	6072	Matthew	Thomas	M	MSEN	02:16:00	1922	02:15:11	948	
1892	3767	Andrew	Brunsdon	M	MSEN	02:16:03	1827	02:11:52	914	
1893	3891	Bethan	Jones	F	FSEN	02:16:04	1880	02:13:24	310	
1894	3874	Naheem	Hashim	M	MSEN	02:16:04	1889	02:14:02	932	
1895	4002	Sarah	Williams	F	FSEN	02:16:05	1924	02:15:15	324	
1896	4871	Karen	Elvers	F	FSEN	02:16:07	1904	02:14:39	315	
1897	5284	John	Dodson	M	MSEN	02:16:13	1873	02:13:12	926	
1898	3689	Huw	Oddy	M	M40 - 44	02:16:20	1851	02:12:39	188	Egdon Harriers
1899	4022	Shaun	Winter	M	MSEN	02:16:22	1948	02:16:12	958	
1900	3629	Ross	Hunter	M	MSEN	02:16:25	1890	02:14:03	933	
1901	5787	James	Millett	M	MSEN	02:16:26	1884	02:13:27	928	
1902	3339	Jo-anne	Thomas	F	FSEN	02:16:27	1916	02:14:55	321	
1903	3340	Claire	Snook	F	FSEN	02:16:27	1915	02:14:55	320	
1904	3576	Nicola	Perry	F	FSEN	02:16:27	1914	02:14:55	319	
1905	5643	Victoria	Hutchings	F	FSEN	02:16:27	1917	02:14:56	322	
1906	5417	James	Snook	M	MSEN	02:16:27	1918	02:14:56	945	
1907	4709	Gary	Evans	M	MSEN	02:16:30	1894	02:14:07	934	
1908	4907	Matthew	Williams	M	MSEN	02:16:30	1895	02:14:08	935	
1909	5057	Clare	Jones	F	FSEN	02:16:31	1893	02:14:07	313	
1910	5477	Chris	Dexter	M	MSEN	02:16:33	1864	02:12:54	923	

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
1911	3833	Carolyn	Davies	F	F35 - 39	02:16:37	1869	02:13:01	95	
1912	5608	Sonia	Crisp	F	F45 - 49	02:16:39	1883	02:13:27	43	rrc
1913	5916	Paul	Moore	M	MSEN	02:16:43	1910	02:14:51	943	
1914	4067	Barry	Wyman	M	M45 - 49	02:16:47	1862	02:12:50	110	
1915	3457	Jennifer	Colburn	F	FSEN	02:16:57	1965	02:16:38	338	
1916	3458	Gavin	Thomas	M	MSEN	02:16:57	1968	02:16:40	962	
1917	3500	Tim	Wright	M	MSEN	02:16:57	1967	02:16:40	963	
1918	4663	David	Bell	M	MSEN	02:16:59	1930	02:15:43	950	
1919	4695	Lyndon	Beaumont	M	MSEN	02:16:59	1932	02:15:44	952	
1920	3183	Steve	King	M	M55 - 59	02:17:02	1925	02:15:20	32	Ilse of Wight RR
1921	3962	Natalie	Avery	F	FSEN	02:17:03	1974	02:16:46	342	
1922	3012	Anthony	Burridge	M	MSEN	02:17:03	1899	02:14:19	937	
1923	3826	Joanne	Pary	F	FSEN	02:17:09	1942	02:16:00	329	
1924	3827	Jacquiline	Smith	F	FSEN	02:17:09	1943	02:16:01	330	
1925	5927	Mike	Lockey	M	MSEN	02:17:20	1944	02:16:03	957	
1926	4525	Pippa	Gray	F	FSEN	02:17:21	1867	02:12:59	303	
1927	4526	Dominic	Squire	M	MSEN	02:17:21	1866	02:12:58	924	
1928	4265	Keith	Harris	M	M40 - 44	02:17:22	1896	02:14:14	192	
1929	5765	Chris	Walters	M	MSEN	02:17:25	1949	02:16:13	959	
1930	4402	Paul	Crump	M	MSEN	02:17:28	1931	02:15:43	951	
1931	3939	Philip	Hodgkiss	M	M40 - 44	02:17:31	1960	02:16:28	195	
1932	4691	Elgan	Morgan	M	MSEN	02:17:33	1928	02:15:36	949	
1933	3812	Nicky	Brain	F	F40 - 44	02:17:35	1984	02:17:07	59	
1934	3120	Matthew J.	Davies	M	MSEN	02:17:37	1977	02:16:53	964	
1935	6034	Saagar	Patel	M	MSEN	02:17:39	1954	02:16:19	960	
1936	4748	Jennifer	Tawiah	F	FSEN	02:17:40	1926	02:15:26	325	
1937	5722	Graham	Kitchen	M	M60+	02:17:49	2000	02:17:36	13	
1938	3429	Julie	Hudson	F	F35 - 39	02:17:54	1982	02:17:06	108	
1939	3783	Marcus	Bosano	M	MSEN	02:17:55	1964	02:16:37	961	
1940	5163	Michele	Faust	F	F35 - 39	02:18:08	1913	02:14:53	97	
1941	5164	Greg	Peters	M	MSEN	02:18:08	1911	02:14:52	944	
1942	3719	Laurie	Robins	F	FSEN	02:18:11	1976	02:16:49	343	
1943	3634	Ashley	Mathews	M	MSEN	02:18:17	1901	02:14:20	938	
1944	5191	William	Collier	M	MSEN	02:18:17	1995	02:17:30	971	
1945	5178	Lissa	Heard	F	F35 - 39	02:18:20	1980	02:16:54	107	
1946	5179	Ron	Devine	M	MSEN	02:18:20	1979	02:16:54	965	
1947	4818	Samantha	Spence	F	F35 - 39	02:18:23	1978	02:16:53	106	
1948	5389	Carol	Palmer	F	F55+	02:18:26	1988	02:17:15	9	Newport Harriers
1949	5070	Adam	Johnson	M	MSEN	02:18:33	1937	02:15:49	955	
1950	4936	David	Mellars	M	MSEN	02:18:33	1983	02:17:06	967	
1951	5159	Louise	Brodrick	F	F40 - 44	02:18:41	1923	02:15:14	57	
1952	3474	Ellie	Powell	F	FSEN	02:18:41	1946	02:16:09	332	
1953	5121	Linos	Slade	F	FSEN	02:18:46	1909	02:14:49	318	
1954	5205	Mary	Bryden	F	F50 - 54	02:18:47	2008	02:17:52	18	
1955	4148	Hannah	Fish	F	FSEN	02:18:54	2019	02:18:20	356	
1956	3408	Judith	Terry	F	FSEN	02:18:59	1936	02:15:48	327	
1957	5235	Colleen	Owens	F	F35 - 39	02:19:01	1927	02:15:28	98	
1958	4140	Vicky	Crabtree	F	F40 - 44	02:19:04	1951	02:16:15	58	
1959	5777	Kevin	Seal	M	M40 - 44	02:19:08	2031	02:18:51	202	
1960	5631	John	Pasztor	M	M45 - 49	02:19:08	1912	02:14:53	112	
1961	6181	Sandra	Loy	F	FSEN	02:19:09	1920	02:15:07	323	
1962	6180	Mark	Fraser	M	MSEN	02:19:09	1919	02:15:07	946	
1963	4723	Sue	Mcgowan	F	F35 - 39	02:19:12	1972	02:16:45	105	
1964	4720	Maja	Armstrong	F	FSEN	02:19:12	1973	02:16:45	341	
1965	4517	Elizabeth	Waites	F	F45 - 49	02:19:19	1997	02:17:33	45	
1966	5740	Geraint	Jeffreys	M	M50 - 54	02:19:21	1953	02:16:18	82	
1967	5825	Johnathan	Bosman	M	M50 - 54	02:19:23	2030	02:18:47	84	
1968	4932	Sara	Hunter	F	FSEN	02:19:27	1938	02:15:55	328	
1969	3054	Bethan	Lewis	F	FSEN	02:19:33	2012	02:17:59	352	
1970	3114	Jane	Ellis	F	FSEN	02:19:34	2011	02:17:59	351	
1971	3065	Simon	Morgan	M	M40 - 44	02:19:34	1935	02:15:47	194	
1972	4840	Adrian	Burton	M	M40 - 44	02:19:34	2005	02:17:40	197	
1973	3117	David	Wakeham	M	MSEN	02:19:34	1933	02:15:47	953	
1974	3832	Kellie	Jeffcott	F	F35 - 39	02:19:35	1940	02:15:57	99	
1975	4224	Alison	Pollock	F	F35 - 39	02:19:35	1941	02:15:58	100	
1976	4919	Conte	Franca	F	FSEN	02:19:39	1929	02:15:40	326	
1977	4686	Sara	Cole	F	FSEN	02:19:39	2026	02:18:41	358	
1978	3680	Donna	Harrison	F	F50 - 54	02:19:41	1975	02:16:48	17	Wotton Road Runners
1979	5328	Julie	Griffiths	F	F40 - 44	02:19:44	1987	02:17:15	60	
1980	4239	Fflur	Bedwyr	F	FSEN	02:19:45	1959	02:16:24	337	
1981	3397	Emilie	Thornton	F	FSEN	02:19:46	1945	02:16:05	331	
1982	4202	Sarah	Jones	F	F35 - 39	02:19:47	1958	02:16:24	101	
1983	4633	Matthew	Hurley	M	MSEN	02:19:47	1934	02:15:47	954	
1984	5714	Alexis	Williams	F	FSEN	02:19:48	1955	02:16:20	334	
1985	5136	Hayley	James	F	FSEN	02:19:48	1956	02:16:21	335	
1986	5947	Suzanne	Jenkins	F	FSEN	02:19:48	1957	02:16:21	336	
1987	4355	Maxine	Gardner	F	F35 - 39	02:19:52	1962	02:16:33	102	
1988	4981	Davina	Perkins	F	FSEN	02:19:52	1985	02:17:10	344	
1989	5106	Hayley	Rogers	F	F35 - 39	02:19:53	1963	02:16:33	103	
1990	5564	John	Parkman	M	M60+	02:20:01	1950	02:16:14	12	
1991	3420	Jason	Garrahan	M	MSEN	02:20:04	1939	02:15:56	956	
1992	5602	Nicola	Davies	F	F35 - 39	02:20:05	1971	02:16:44	104	
1993	5971	Michael	Hansford	M	M55 - 59	02:20:06	1947	02:16:09	33	Les Croupiers
1994	3570	Jacquiline	Hatton-Bell	F	FSEN	02:20:07	1952	02:16:17	333	
1995	3076	Rhian	Jeffreys	F	FSEN	02:20:07	1999	02:17:33	346	
1996	4712	John	Derrick	M	MSEN	02:20:07	2061	02:19:48	992	
1997	6108	Tony	Lloyd	M	MSEN	02:20:08	2029	02:18:46	978	

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
1998	4587	Sarah	Hart	F	F35 - 39	02:20:09	1991	02:17:25	109	
1999	4586	Caroline	Hart	F	F35 - 39	02:20:09	1992	02:17:25	110	
2000	3659	Laura	Hamblin	F	FSEN	02:20:12	2010	02:17:58	350	
2001	4221	Leanne	Fakande	F	FSEN	02:20:13	1994	02:17:28	345	
2002	3781	Royston	Liddle	M	M45 - 49	02:20:14	1986	02:17:10	113	
2003	4933	Abi	Pearce	F	FSEN	02:20:15	1970	02:16:43	340	
2004	5914	Shevaun	Mckenna	F	FSEN	02:20:15	2056	02:19:42	368	
2005	5889	Craig	Gardner	M	MSEN	02:20:15	2055	02:19:41	991	
2006	5647	Avril	Tough	F	F45 - 49	02:20:18	1966	02:16:38	44	
2007	5500	Deborah	Jackson	F	F40 - 44	02:20:19	2004	02:17:40	61	
2008	5501	Rebecca	Stockham	F	FSEN	02:20:19	2003	02:17:40	349	
2009	5346	Juliet	Gibbon	F	F40 - 44	02:20:22	2062	02:19:49	63	
2010	5031	Carolyn	Phillips	F	FSEN	02:20:25	2037	02:19:04	361	
2011	4350	Chantal	Hoelt	F	FSEN	02:20:25	2043	02:19:17	363	
2012	4654	Bethan	Whitehead	F	FSEN	02:20:27	2033	02:18:55	360	
2013	5847	Stephen	Whitehead	M	M50 - 54	02:20:27	2032	02:18:54	85	
2014	4005	Anne	Aison	F	FSEN	02:20:33	1969	02:16:42	339	
2015	3946	Lucy	Crowther	F	FSEN	02:20:35	2068	02:20:01	373	
2016	3393	Justine	Jones	F	F35 - 39	02:20:39	2071	02:20:07	113	
2017	4767	Mark	Jones	M	M40 - 44	02:20:39	2070	02:20:06	205	
2018	6138	Paul	Maloney	M	M50 - 54	02:20:45	1961	02:16:29	83	
2019	3300	Paula	Mullins	F	FSEN	02:20:50	2002	02:17:38	348	
2020	4230	Michael	Stinchcombe	M	M40 - 44	02:20:52	2035	02:18:58	203	
2021	5865	Jayne	Wilkins	F	F40 - 44	02:20:54	2020	02:18:21	62	
2022	4302	Rachel	Abrey	F	FSEN	02:20:56	2069	02:20:04	374	
2023	5597	Teleri	Dyer	F	FSEN	02:21:02	2075	02:20:30	376	
2024	6084	Carys	Dyer	F	FSEN	02:21:03	2076	02:20:31	377	
2025	5533	Michael	Thomas	M	M40 - 44	02:21:04	1998	02:17:33	196	
2026	4697	James	Davis	M	MSEN	02:21:04	1993	02:17:28	970	
2027	3949	D.	Phelps	M	MSEN	02:21:04	1996	02:17:32	972	
2028	3794	David	Evans	M	M40 - 44	02:21:06	2077	02:20:32	206	
2029	4253	Iwan	Pryce	M	MSEN	02:21:09	1981	02:17:05	966	
2030	6029	Dean	Ahmed	M	M40 - 44	02:21:13	2079	02:20:37	207	
2031	3410	Helen	Oberholzer	F	FSEN	02:21:18	2028	02:18:45	359	
2032	4952	Gaynor	Mayers	F	F40 - 44	02:21:19	2064	02:19:57	64	
2033	4953	Nicola	Wilson	F	F40 - 44	02:21:19	2065	02:19:57	65	
2034	4017	Susan	Clark	F	FSEN	02:21:21	2017	02:18:16	354	
2035	4018	Sophie	Henry	F	FSEN	02:21:21	2018	02:18:16	355	
2036	3452	Michael	Brookes	M	M40 - 44	02:21:24	2007	02:17:42	198	
2037	3450	Gary	Olding	M	MSEN	02:21:24	2006	02:17:41	973	
2038	6160	Fiona	Partington	F	FSEN	02:21:25	2001	02:17:36	347	
2039	6051	Paul	Walters	M	MSEN	02:21:26	1989	02:17:25	968	
2040	6050	Christopher	Ruddy	M	MSEN	02:21:26	1990	02:17:25	969	
2041	5471	Jennifer	Conway	F	F50 - 54	02:21:29	2021	02:18:22	19	
2042	3325	Wendy	Thomas	F	F35 - 39	02:21:32	2009	02:17:52	111	
2043	5094	Gillian	Barker	F	FSEN	02:21:33	2060	02:19:47	370	
2044	5393	Katie	Bement	F	FSEN	02:21:33	2059	02:19:47	369	
2045	4717	Jason	Mathias	M	MSEN	02:21:34	2036	02:18:59	980	
2046	3411	Mduduzi	Mlotshwa	M	MSEN	02:21:35	2074	02:20:26	993	
2047	3412	Paul	Richards	M	MSEN	02:21:39	2015	02:18:13	976	
2048	5586	Piers	Burroughs	M	MSEN	02:21:47	2041	02:19:15	983	
2049	3862	Paul	Grosvenor	M	MSEN	02:21:48	2027	02:18:44	977	
2050	5684	Barrie	Williams	M	MSEN	02:21:51	2095	02:21:29	998	
2051	3841	Nicola	Barker	F	FSEN	02:21:52	2067	02:20:00	372	
2052	4442	Charlotte	Denham	F	FSEN	02:21:54	2052	02:19:35	367	
2053	4685	John	O'brien	M	M40 - 44	02:21:54	2025	02:18:32	201	
2054	1204	Nigel	Fronwen	M	MSEN	02:21:54	2013	02:18:05	974	
2055	4443	Neil	Whelpton	M	MSEN	02:21:54	2051	02:19:35	989	
2056	4977	Susan	John	F	F45 - 49	02:21:58	2063	02:19:50	46	
2057	4085	Philip	Caple	M	M40 - 44	02:21:58	2023	02:18:25	199	
2058	4160	Kate	Griffiths	F	FSEN	02:22:00	2090	02:21:13	385	
2059	3737	Louise	Burns	F	FSEN	02:22:13	2087	02:21:09	383	
2060	4084	Ryan	Stamp	M	MSEN	02:22:13	2081	02:20:40	994	
2061	3476	Sarah	Griffiths	F	FSEN	02:22:17	2016	02:18:13	353	
2062	6117	Helen	Hayes	F	FSEN	02:22:18	2022	02:18:22	357	
2063	4879	Linda	Smart	F	FSEN	02:22:18	2073	02:20:13	375	Calne Running Club
2064	4274	Catherine	Davies	F	FSEN	02:22:21	2047	02:19:23	364	
2065	4276	Lian	Abbott	F	FSEN	02:22:23	2098	02:21:34	389	
2066	4411	Simon	Davies	M	MSEN	02:22:23	2084	02:20:54	995	
2067	4285	Paul	Jones	M	MSEN	02:22:25	2045	02:19:18	985	
2068	5161	David	Thomas	M	M40 - 44	02:22:26	2024	02:18:28	200	
2069	3771	Rachel	Paddock	F	FSEN	02:22:32	2048	02:19:23	365	
2070	4827	David	Bailey	M	M60+	02:22:34	2057	02:19:44	14	Serpentine
2071	4254	Sion	Evans	M	MSEN	02:22:36	2040	02:19:14	981	
2072	5704	Richard	Davies	M	MSEN	02:22:37	2105	02:22:06	1000	
2073	4399	Ross	Drayton	M	MSEN	02:22:46	2042	02:19:17	984	
2074	3644	Joanna	Hardman	F	FSEN	02:22:47	2039	02:19:14	362	
2075	3643	Alun	Hardman	M	MSEN	02:22:47	2038	02:19:14	982	
2076	3739	Yasmine	Robson	F	FSEN	02:22:54	2082	02:20:43	379	
2077	3658	Dina	Asprou	F	FSEN	02:22:57	2083	02:20:45	380	
2078	4215	Colin	Capner	M	MSEN	02:22:57	2034	02:18:58	979	
2079	3843	Janine	Geran	F	FSEN	02:23:00	2085	02:20:58	381	
2080	4246	Robert	Wigmore	M	MSEN	02:23:01	2044	02:19:18	986	
2081	4874	Cally	Hanrahan	F	F35 - 39	02:23:04	2092	02:21:16	116	
2082	5731	Owen	Hagger	M	MSEN	02:23:08	2049	02:19:32	988	
2083	5741	Rebecca	Hector	F	FSEN	02:23:10	2050	02:19:33	366	
2084	3306	Julie	Wooley	F	F40 - 44	02:23:11	2099	02:21:38	66	

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
2085	4949	Scott	Whittaker	M	MSEN	02:23:17	2014	02:18:09	975	
2086	3522	Leigh-Anne	Davies	F	F35 - 39	02:23:18	2054	02:19:40	112	
2087	3930	Janet	Ivimey-Cook	F	F35 - 39	02:23:20	2072	02:20:12	114	
2088	6015	Steven	Evans	M	MSEN	02:23:21	2046	02:19:19	987	
2089	6008	Sue	Lloyd	F	F50 - 54	02:23:25	2128	02:23:01	20	
2090	6009	Steve	Lloyd	M	M50 - 54	02:23:25	2127	02:23:01	89	
2091	5878	Leanne	Dyer	F	FSEN	02:23:28	2111	02:22:25	392	
2092	3461	Eloise	Webster	F	FSEN	02:23:30	2115	02:22:28	394	
2093	3462	Mark	Willis	M	MSEN	02:23:30	2117	02:22:31	1004	
2094	4592	Margretta	Dixon	F	FSEN	02:23:32	2102	02:22:01	390	
2095	4593	Jason	Davies	M	MSEN	02:23:32	2103	02:22:02	999	
2096	3066	John	Gardner	M	M60+	02:23:37	2114	02:22:28	15	
2097	3067	Alison	Gardner	F	F45 - 49	02:23:38	2113	02:22:27	47	
2098	4154	Zoë	Hellman	F	FSEN	02:23:41	2125	02:22:55	398	
2099	3015	A.	Lewis	F	FSEN	02:23:42	2119	02:22:36	395	
2100	5214	Claire	Williams	F	FSEN	02:23:44	2086	02:21:05	382	
2101	5472	Paul	Conway	M	M55 - 59	02:23:44	2078	02:20:36	34	
2102	5868	Stewart	Williams	M	M40 - 44	02:23:50	2058	02:19:46	204	
2103	4950	Stephen	Parker	M	MSEN	02:23:51	2053	02:19:35	990	
2104	3164	Pamela	Hunter	F	FSEN	02:23:52	2066	02:19:59	371	
2105	5134	Stephen	Cullum	M	M40 - 44	02:24:00	2131	02:23:15	209	
2106	4545	C.	Llewellyn	F	F40 - 44	02:24:06	2136	02:23:31	69	
2107	4561	Sharon	Thomas	F	F40 - 44	02:24:14	2135	02:23:24	68	
2108	4162	Elizabeth	Webber	F	FSEN	02:24:14	2130	02:23:12	399	
2109	4762	Steve	Granville	M	MSEN	02:24:16	2094	02:21:25	997	
2110	6043	Tausif	Hussaini	M	MSEN	02:24:19	2126	02:22:59	1006	
2111	4776	Sian	Myring	F	FSEN	02:24:24	2096	02:21:33	387	
2112	4777	Delyth	Myring	F	FSEN	02:24:24	2097	02:21:34	388	
2113	3581	Teresa	Evans	F	FSEN	02:24:33	2093	02:21:20	386	
2114	3002	Charlotte	Dobson	F	FSEN	02:24:33	2144	02:23:38	404	
2115	6150	Joanne	Davies	F	FSEN	02:24:36	2080	02:20:40	378	
2116	4562	Rebecca	Bullock	F	FSEN	02:24:36	2089	02:21:11	384	
2117	5306	Sue	Edwards	F	F35 - 39	02:24:38	2091	02:21:14	115	
2118	4761	Elaine	Green	F	F35 - 39	02:24:47	2101	02:21:54	117	
2119	4890	Sue	Perrott	F	FSEN	02:24:47	2120	02:22:42	396	Team Real Runners
2120	5750	Richard	Lewis	M	MSEN	02:24:49	2129	02:23:09	1007	
2121	5068	Sam	Bain	M	MSEN	02:24:51	2106	02:22:07	1001	
2122	3101	Stephen	Parry	M	M50 - 54	02:24:53	2104	02:22:06	86	
2123	6191	Luke	Jones	M	WCHR	02:25:05			1	
2124	5250	John	Arundel	M	M40 - 44	02:25:06	2142	02:23:35	211	
2125	4549	Emma	Lipscombe	F	F55+	02:25:09	2100	02:21:45	10	
2126	3048	Louise	Serrano	F	FSEN	02:25:09	2147	02:24:06	407	
2127	4275	Michelle	Baker	F	FSEN	02:25:14	2124	02:22:48	397	
2128	4798	Roberto	Sciubba	M	M50 - 54	02:25:17	2122	02:22:43	88	
2129	4799	John	Mattia	M	M40 - 44	02:25:18	2121	02:22:42	208	
2130	3508	Mark	Cole	M	MSEN	02:25:19	2088	02:21:09	996	
2131	3378	Jane	Newton	F	F40 - 44	02:25:21	2123	02:22:44	67	
2132	4323	Kirti	Odedra	F	FSEN	02:25:27	2112	02:22:26	393	
2133	3255	Marina	Stock	F	F45 - 49	02:25:29	2118	02:22:34	48	
2134	3770	Laura	Walton	F	FSEN	02:25:32	2110	02:22:24	391	
2135	3436	Alun	Bowen	M	MSEN	02:25:35	2107	02:22:07	1002	
2136	5050	Blair	Lundie	M	M50 - 54	02:25:43	2108	02:22:14	87	
2137	3217	Dale	Ilsey	M	MSEN	02:25:46	2109	02:22:15	1003	
2138	3660	Claire	Hamblin	F	FSEN	02:25:49	2141	02:23:35	403	
2139	5263	Leanne	Power	F	FSEN	02:26:05	2150	02:24:15	408	
2140	3859	Rhiannon	Bizby	F	FSEN	02:26:05	2154	02:24:27	409	
2141	5415	Philip	Bundy	M	MSEN	02:26:09	2116	02:22:31	1005	
2142	5331	Karen	James	F	F35 - 39	02:26:11	2140	02:23:32	121	
2143	4837	Karen	Perry	F	FSEN	02:26:11	2139	02:23:32	402	
2144	4819	Diana	Morris	F	FSEN	02:26:19	2159	02:24:48	412	
2145	5551	Geraint	Evans	M	MSEN	02:26:21	2148	02:24:10	1008	
2146	4138	Rebecca	Leach	F	F35 - 39	02:26:29	2133	02:23:19	119	
2147	5152	Jodie	Hobbs	F	FSEN	02:26:33	2171	02:25:33	416	
2148	4491	Janine	Davies	F	FSEN	02:26:33	2172	02:25:34	417	
2149	5938	Beverley	White	F	F40 - 44	02:26:36	2165	02:25:08	70	
2150	4206	Gwyn	Roberts	M	MSEN	02:26:38	2149	02:24:14	1009	
2151	5828	Daniel	Kirk	M	MSEN	02:26:46	2153	02:24:27	1010	
2152	4499	Jeff	Taylor	M	M45 - 49	02:26:51	2181	02:26:12	116	David Lloyd Cardiff
2153	3933	Paul	Britton	M	MSEN	02:26:52	2160	02:24:50	1012	
2154	4964	Sarah	Morton	F	FSEN	02:26:58	2162	02:24:58	413	
2155	4079	James	Bradbury	M	M45 - 49	02:27:01	2151	02:24:20	114	
2156	4791	Claire	Daynes	F	FSEN	02:27:02	2146	02:24:03	406	
2157	5135	Julie	Cullum	F	F35 - 39	02:27:03	2185	02:26:23	124	
2158	5880	Vicky	Homfray	F	FSEN	02:27:10	2132	02:23:17	400	
2159	4855	Carys	James	F	FSEN	02:27:13	2168	02:25:25	414	
2160	3851	Virginia	Winter	F	FSEN	02:27:14	2188	02:26:39	424	
2161	5317	Angela	Morgan	F	F45 - 49	02:27:21	2158	02:24:43	49	
2162	5819	Tracey	McKenzie	F	FSEN	02:27:23	2134	02:23:20	401	
2163	3569	John	Hatton-Bell	M	M40 - 44	02:27:26	2143	02:23:36	212	
2164	3709	Gill	Mullins	F	F35 - 39	02:27:28	2138	02:23:32	120	
2165	3710	Martyn	Mullins	M	M40 - 44	02:27:29	2137	02:23:32	210	
2166	4474	James	Hogg	M	M60+	02:27:34	2192	02:26:55	16	
2167	4164	Hazel	Leech	F	F50 - 54	02:27:37	2152	02:24:23	21	
2168	4278	Hannah	James	F	FSEN	02:27:46	2169	02:25:27	415	
2169	4980	Keith	Harris	M	MSEN	02:27:50	2166	02:25:08	1015	
2170	3695	Chris	Daw	M	MSEN	02:27:53	2164	02:25:02	1014	
2171	4037	Tony	Paget	M	M45 - 49	02:27:59	2167	02:25:17	115	

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
2172	3071	Aimee	Grant	F	FSEN	02:28:01	2145	02:23:52	405	
2173	5196	Sara	Elias	F	FSEN	02:28:01	2182	02:26:13	421	
2174	3674	Kathryn	Marshall	F	FSEN	02:28:10	2156	02:24:37	411	
2175	4092	Erica	Williams	F	FSEN	02:28:20	2190	02:26:48	425	
2176	5724	Peter	Rodda	M	M50 - 54	02:28:21	2163	02:24:59	90	
2177	4736	Elizabeth	McCargo	F	FSEN	02:28:25	2173	02:25:36	418	
2178	5165	Paul	Glaze	M	MSEN	02:28:25	2206	02:27:47	1024	
2179	4984	Christopher	Williams B8512466	M	MSEN	02:28:28	2215	02:28:19	1026	
2180	3336	Lowri	Clement	F	FSEN	02:28:30	2197	02:27:32	428	
2181	5238	Ioan	Bellin	M	MSEN	02:28:30	2196	02:27:31	1019	
2182	4440	Helen	Lane	F	FSEN	02:28:33	2155	02:24:34	410	
2183	5100	Marielle	Smith	F	FSEN	02:28:40	2186	02:26:23	423	
2184	4268	Julian	Bill	M	MSEN	02:28:44	2184	02:26:20	1017	
2185	5727	Andrew	Roach	M	MSEN	02:28:48	2157	02:24:40	1011	
2186	4477	Eddie	May	M	MSEN	02:28:49	2161	02:24:55	1013	
2187	3259	Lesley	Evans	F	F35 - 39	02:29:03	2235	02:28:58	130	
2188	3075	Jane	Starr	F	F35 - 39	02:29:06	2174	02:25:45	123	
2189	3074	Jean	Headon	F	F40 - 44	02:29:06	2175	02:25:46	71	
2190	3328	Julie	Robinson	F	F35 - 39	02:29:07	2170	02:25:27	122	
2191	3561	Rebecca	Stokes	F	F35 - 39	02:29:18	2187	02:26:26	125	
2192	5945	Helen	Nelson	F	FSEN	02:29:20	2229	02:28:44	440	
2193	5651	Carol	Britton	F	F55+	02:29:27	2179	02:26:11	11	
2194	3037	Rachel	Bampfylde	F	F50 - 54	02:29:39	2201	02:27:40	22	
2195	5370	Fionnuala	King	F	FSEM	02:29:39	2210	02:28:13	1	
2196	3139	Eleanor	Bampfylde	F	FSEN	02:29:39	2200	02:27:40	430	
2197	3703	Rachel	Heath	F	FSEN	02:29:40	2183	02:26:17	422	
2198	3795	Emma	Foster	F	FSEN	02:29:43	2191	02:26:52	426	
2199	3740	Ian	Gilchrist	M	MSEN	02:29:43	2178	02:25:59	1016	n/a
2200	5372	Geoff	Hartley	M	M55 - 59	02:29:44	2177	02:25:52	35	
2201	4429	Caroline	Inman	F	FSEN	02:29:47	2176	02:25:49	419	
2202	3257	Jacqueline	Westacott	F	F40 - 44	02:29:52	2220	02:28:29	73	
2203	3258	Robert	Westacott	M	M40 - 44	02:29:53	2219	02:28:29	214	
2204	5362	Janette	Davies	F	F40 - 44	02:30:10	2245	02:29:42	74	
2205	3100	Garthine	Walker	F	F40 - 44	02:30:15	2193	02:27:02	72	
2206	5300	Katherine	Bradshaw	F	FSEN	02:30:19	2180	02:26:11	420	
2207	3905	Kathryn	Sweetman	F	FSEN	02:30:35	2194	02:27:11	427	
2208	4273	Nicola	Coomes	F	FSEN	02:30:35	2209	02:28:08	433	
2209	5893	Ian	Flood	M	M45 - 49	02:30:37	2234	02:28:51	117	
2210	5116	Dan	Bates	M	MSEN	02:30:47	2189	02:26:44	1018	Tavistock Athletics Club
2211	5014	Richard	Evans	M	MSEN	02:30:50	2244	02:29:38	1032	
2212	3190	Candy	Passmore	F	FSEN	02:30:51	2199	02:27:38	429	
2213	3895	Nicholas	Charlton	M	MSEN	02:30:58	2223	02:28:40	1028	
2214	3894	Lee	Williams	M	MSEN	02:30:58	2226	02:28:41	1029	
2215	4072	Susan	Law	F	FSEN	02:30:59	2212	02:28:17	434	Moorhaven RC
2216	5982	Emma	Allibon	F	FSEN	02:30:59	2214	02:28:18	435	Moorhaven RC
2217	4746	David	Hatch	M	M55 - 59	02:30:59	2213	02:28:18	36	Moorhaven RC
2218	3974	Alison	Howarth	F	F35 - 39	02:31:01	2195	02:27:13	126	
2219	3403	Paul	Bailey	M	MSEN	02:31:02	2205	02:27:45	1023	
2220	3772	Sarah	Ireland	F	FSEN	02:31:05	2207	02:27:56	432	
2221	4459	Manher	Solanki	M	M40 - 44	02:31:08	2208	02:28:01	213	
2222	5751	Phillip	Sorrell	M	MSEN	02:31:14	2198	02:27:38	1020	
2223	4738	Wayne	Hoskins	M	M45 - 49	02:31:22	2239	02:29:12	118	
2224	3942	Kate	Line	F	FSEN	02:31:23	2242	02:29:15	443	
2225	3483	Amanda	Thomas	F	F35 - 39	02:31:24	2241	02:29:15	132	
2226	4660	Laurie	Hayward	F	FSEN	02:31:25	2257	02:30:26	447	
2227	6011	Ross	Ankers	M	MSEN	02:31:38	2203	02:27:41	1021	
2228	6012	Isia	Telford	F	FSEN	02:31:39	2204	02:27:42	431	
2229	3769	Carwyn	Fowler	M	MSEN	02:31:41	2202	02:27:41	1022	
2230	4448	Kelvin	Read	M	M40 - 44	02:31:45	2233	02:28:50	216	
2231	5404	Tom	Dyer	M	M55 - 59	02:31:45	2265	02:31:02	37	
2232	5623	Amanda	Hilton	F	FSEN	02:31:51	2231	02:28:47	441	
2233	3195	Melanie	Giles	F	F35 - 39	02:31:52	2237	02:29:06	131	
2234	5016	Alison	Bell	F	FSEN	02:31:54	2216	02:28:19	436	
2235	5108	Sara	Howarth	F	FSEN	02:31:54	2217	02:28:19	437	
2236	5989	John	McCabe	M	M50 - 54	02:32:15	2221	02:28:32	91	
2237	3542	Paula	Williams	F	F35 - 39	02:32:16	2228	02:28:41	128	
2238	1072	Richard	West	M	M40 - 44	02:32:21	2224	02:28:40	215	
2239	4056	Gary	Williams	M	MSEN	02:32:23	2211	02:28:15	1025	
2240	4108	Rhiannon	Buck	F	FSEN	02:32:24	2222	02:28:32	438	
2241	5675	Ian	Sims	M	MSEN	02:32:30	2218	02:28:29	1027	
2242	5598	Gareth	Davies	M	MSEN	02:32:36	2243	02:29:18	1031	
2243	3615	Suzanne	Mainwaring	F	F35 - 39	02:32:38	2227	02:28:41	127	
2244	3614	Hazel	Symonds	F	FSEN	02:32:38	2225	02:28:41	439	
2245	4400	Karlynn	Maschhoff	F	F35 - 39	02:32:43	2230	02:28:44	129	
2246	3409	Ceri	Underwood	F	FSEN	02:32:49	2268	02:31:11	454	Griffithstown Harriers
2247	4680	Samantha	Fairclough	F	FSEN	02:32:51	2254	02:30:17	445	
2248	4992	Victoria	Burroughs	F	FSEN	02:32:51	2255	02:30:18	446	
2249	3392	John	Maynard	M	M50 - 54	02:32:53	2236	02:29:04	92	
2250	5507	Stacey	Medway	F	FSEN	02:32:55	2250	02:30:09	444	
2251	3018	Amee	Symonds	F	FSEN	02:32:55	2264	02:30:52	452	
2252	4247	Giles	Peacock	M	MSEN	02:32:55	2249	02:30:08	1036	
2253	3858	Melanie	Campbell	F	FSEN	02:32:57	2263	02:30:51	451	
2254	4528	Anne	Asbrey	F	F50 - 54	02:32:58	2232	02:28:49	23	
2255	3480	Andrew	Brown	M	M40 - 44	02:32:58	2274	02:31:45	218	
2256	4166	Philip	Rees	M	MSEN	02:33:05	2238	02:29:10	1030	
2257	3295	Denise	Morgan	F	FSEN	02:33:07	2240	02:29:13	442	
2258	3970	Tanya	Watson	F	F50 - 54	02:33:10	2256	02:30:25	24	

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
2259	6187	Matthew	Barroccu	M	MSEN	02:33:35	2246	02:29:46	1033	
2260	5176	Richard	Martin	M	MSEN	02:33:35	2247	02:29:48	1034	
2261	5540	Jarad	Owen	M	MSEN	02:33:36	2248	02:29:48	1035	
2262	3207	Sian	Jones	F	F35 - 39	02:33:43	2253	02:30:15	133	
2263	3208	Jonathan	Brassey	M	MSEN	02:33:43	2252	02:30:14	1038	
2264	3785	Darren	Snaith	M	MSEN	02:33:48	2270	02:31:18	1041	
2265	3113	Siobhan	White	F	FSEN	02:34:00	2258	02:30:30	448	
2266	4178	Matt	Vale	M	MSEN	02:34:02	2269	02:31:15	1040	
2267	3651	Ysar	Ebrahim	M	MSEN	02:34:04	2251	02:30:10	1037	
2268	4836	Ron	Eason	M	M55 - 59	02:34:06	2279	02:32:36	38	
2269	5201	Jane	Lappage	F	F45 - 49	02:34:07	2266	02:31:02	50	
2270	5392	Donna	Cook	F	FSEN	02:34:07	2260	02:30:44	449	
2271	4099	Janet	Thickpenney	F	F35 - 39	02:34:08	2261	02:30:44	134	
2272	4098	Kathryn	Hall	F	FSEN	02:34:08	2262	02:30:46	450	
2273	3239	Stephen	Banfield	M	M40 - 44	02:34:16	2271	02:31:20	217	
2274	4019	Matthew	Donaldson	M	MSEN	02:34:23	2259	02:30:32	1039	
2275	3955	Gemma	Smith	F	FSEN	02:34:41	2276	02:32:29	456	
2276	3979	Derek	Miller	M	M60+	02:34:52	2275	02:32:26	17	Road Runners club
2277	4226	Jeff	Anning	M	MSEN	02:34:53	2286	02:33:58	1045	
2278	4451	Katie	Nevitt	F	FSEN	02:34:58	2294	02:34:28	462	
2279	5784	Sarah	Smith	F	FSEN	02:35:14	2267	02:31:06	453	
2280	5309	Jenny	Jones	F	FSEN	02:35:34	2282	02:33:16	458	
2281	5048	Vanessa	Waters	F	F40 - 44	02:35:35	2300	02:35:30	79	
2282	3856	Vicky	Totton	F	FSEN	02:35:54	2277	02:32:34	457	
2283	3857	David	Bunston	M	MSEN	02:35:56	2278	02:32:36	1043	
2284	6171	Michael	Riches	M	M45 - 49	02:36:16	2299	02:35:16	119	
2285	5195	Sonny	Coombs	M	M60+	02:36:20	2295	02:34:29	19	
2286	3154	Claire	Jones	F	FSEN	02:36:26	2283	02:33:16	459	
2287	3102	Rhian	Huws	F	FSEN	02:36:36	2301	02:35:37	465	
2288	4519	Helen	Caswell	F	FSEN	02:36:47	2272	02:31:29	455	
2289	4520	Paul	Mason	M	MSEN	02:36:47	2273	02:31:30	1042	
2290	3756	David	Stringer	M	MSEN	02:36:51	2293	02:34:26	1047	
2291	4386	Paul	Brooks	M	MSEN	02:36:52	2281	02:32:40	1044	
2292	3034	Rachcel	Pipkin	F	F35 - 39	02:36:53	2280	02:32:39	135	Crown Hill
2293	5282	Kim	Allen	F	FSEN	02:37:03	2285	02:33:48	460	
2294	3736	Helen	Pugh	F	F40 - 44	02:37:07	2296	02:34:47	78	
2295	5202	Michelle	Wilkes	F	FSEN	02:37:14	2292	02:34:16	461	
2296	5203	Graham	Wilkes	M	MSEN	02:37:15	2291	02:34:16	1046	
2297	4394	Jenny	Bailey	F	F35 - 39	02:37:36	2288	02:34:02	136	
2298	4395	Dennis	Bailey	M	M60+	02:37:36	2287	02:34:02	18	
2299	4195	Jo	Paterson	F	FSEN	02:37:38	2297	02:34:50	463	
2300	4196	Rhian	Lowe	F	FSEN	02:37:38	2298	02:34:51	464	
2301	5172	Elizabeth	Plenty	F	F40 - 44	02:37:42	2284	02:33:41	75	
2302	5097	Leah	Jay	F	FSEN	02:37:43	2305	02:36:28	468	
2303	5185	Sara	Scourfield	F	FSEN	02:37:43	2306	02:36:28	469	
2304	4622	Martin	Carroll	M	MSEN	02:37:59	2314	02:37:10	1050	
2305	4081	Jacqueline	Davidge	F	F40 - 44	02:38:13	2289	02:34:07	76	
2306	4080	Valerie	Davidge	F	F40 - 44	02:38:13	2290	02:34:07	77	
2307	6062	Kumiko	Yamada	M	MSEN	02:38:22	2328	02:38:00	1052	
2308	4971	Diane	Batten	F	F40 - 44	02:38:52	2319	02:37:28	81	
2309	4969	Ceri	Taylor	F	F35 - 39	02:38:53	2320	02:37:29	138	
2310	3355	Catherine	Davies	F	FSEN	02:39:05	2318	02:37:27	475	
2311	5257	Michael	Xuereb	M	M50 - 54	02:39:05	2331	02:38:29	93	
2312	3810	Lydia	Hughes	F	FSEN	02:39:06	2333	02:38:39	478	
2313	4639	Sara	Mihranian	F	F35 - 39	02:39:08	2327	02:37:56	141	
2314	4181	Ruth	Humphrey	F	F35 - 39	02:39:23	2309	02:36:55	137	
2315	4006	Danielle	Llewellyn	F	FSEN	02:39:24	2310	02:36:55	471	
2316	4082	Marysia	Morgan	F	F45 - 49	02:39:25	2322	02:37:37	51	
2317	3650	Tracey	Underwood	F	F35 - 39	02:39:35	2326	02:37:56	140	Griffithstown Harriers
2318	4638	Helen	Brown	F	FSEN	02:39:38	2332	02:38:34	477	
2319	4765	Peter	Hilldrup	M	M40 - 44	02:39:38	2302	02:35:55	219	
2320	4033	Matthew	Fincher	M	MSEN	02:39:50	2312	02:37:04	1048	sospan road runners
2321	5855	Charlotte	Evans	F	F35 - 39	02:39:57	2341	02:39:24	142	
2322	4862	Howard	Raikes	M	M60+	02:39:59	2323	02:37:46	20	
2323	4100	Anna	Anna Hill	F	F35 - 39	02:40:06	2324	02:37:47	139	
2324	4192	Emma	Mills	F	FSEN	02:40:14	2325	02:37:55	476	
2325	5137	Graham	Hogg	M	M45 - 49	02:40:19	2308	02:36:46	120	
2326	3174	Melissa	Beal	F	FSEN	02:40:27	2303	02:36:22	466	
2327	5995	Sara	Morgan	F	FSEN	02:40:27	2307	02:36:33	470	
2328	5154	Mercedes	Franey-Gardiner	F	FSEN	02:40:28	2304	02:36:23	467	
2329	4589	Andrew	Lawson	M	M40 - 44	02:40:37	2334	02:38:48	220	
2330	3881	Rebecca	White	F	FSEN	02:40:45	2316	02:37:17	473	
2331	3879	Kate	White	F	FSEN	02:40:45	2317	02:37:17	474	
2332	4755	Paul	Evans	M	MSEN	02:41:04	2313	02:37:08	1049	
2333	4740	Rachael	Wadey	F	FSEN	02:41:05	2315	02:37:10	472	
2334	4008	Heather	Sargent	F	F40 - 44	02:41:06	2311	02:36:58	80	
2335	5862	Carl	Jones	M	MSEN	02:41:34	2321	02:37:33	1051	
2336	5923	Ceryl	Bateman	F	F40 - 44	02:41:45	2339	02:39:17	82	
2337	4655	Sara	Dunn	F	FSEN	02:41:47	2349	02:40:52	485	
2338	3982	Ellis	Cooper	M	MSEN	02:42:07	2330	02:38:23	1054	
2339	5769	Sarah	Thomas	F	FSEN	02:42:09	2354	02:41:34	486	
2340	5915	Peter	Everitt	M	MSEN	02:42:17	2329	02:38:01	1053	
2341	3434	Simon	Jago	M	MSEN	02:42:36	2355	02:41:52	1059	
2342	5933	Josey	Wales	M	MSEN	02:42:46	2358	02:42:30	1060	
2343	3122	Calvin	Lister	M	M50 - 54	02:42:47	2337	02:39:17	94	
2344	3319	Lionel	Everitt	M	M50 - 54	02:42:59	2340	02:39:18	95	
2345	3321	Ian	Everitt	M	MSEN	02:42:59	2338	02:39:17	1055	

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
2346	4223	Deborah	Wells	F	F40 - 44	02:43:04	2353	02:41:17	83	
2347	3984	Deborah	Morgan	F	F40 - 44	02:43:10	2360	02:42:38	84	
2348	3435	Kerry	Roberts	F	FSEN	02:43:15	2344	02:39:48	483	
2349	3552	Jenny	Chung	F	FSEN	02:43:20	2335	02:39:14	479	
2350	6081	Eamon	Scullion	M	MSEN	02:43:20	2345	02:40:13	1056	
2351	3173	Nicola	Parkinson	F	FSEN	02:43:21	2336	02:39:14	480	
2352	3620	Brynley	Sowden	M	WCHR	02:43:29	2350	02:41:08	2	
2353	3797	Kathryn	Thomas	F	F35 - 39	02:43:39	2348	02:40:48	143	
2354	5950	Stan	Hamilton	F	FSEN	02:43:39	2364	02:42:55	492	
2355	3366	Mike	Webb	M	M40 - 44	02:43:39	2347	02:40:47	221	
2356	3563	Elaine	Huntley	F	FSEN	02:43:41	2342	02:39:30	481	
2357	6123	Elizabeth	Walker	F	FSEN	02:43:41	2343	02:39:30	482	
2358	4107	Rhian	Myhre	F	FSEN	02:44:08	2346	02:40:17	484	
2359	3911	Wendy	Love	F	F35 - 39	02:44:13	2356	02:42:05	144	
2360	5846	Brian	O'donnell	M	MSEN	02:45:06	2351	02:41:14	1057	
2361	5577	David	Alison	M	MSEN	02:45:06	2352	02:41:15	1058	
2362	3953	Heather	Price	F	FSEN	02:45:19	2361	02:42:38	489	
2363	4334	Charlotte	Steed	F	FSEN	02:45:19	2359	02:42:38	488	
2364	3160	Veronica	Littlewood	F	FSEN	02:45:33	2357	02:42:13	487	
2365	3146	Emma	James	F	FSEN	02:45:43	2362	02:42:49	490	
2366	3600	Claire	James	F	FSEN	02:45:44	2363	02:42:50	491	
2367	3323	Nastassja	Steed	F	FSEN	02:45:55	2367	02:44:12	494	
2368	4701	Carolyn	Norris	F	FSEN	02:45:58	2366	02:44:02	493	
2369	4159	Scott	Fitzgerald	M	MSEN	02:46:07	2375	02:45:25	1063	
2370	5692	Paul	Whyatt	M	MSEN	02:46:55	2378	02:46:27	1064	
2371	3990	Béatrix	Bown	F	F45 - 49	02:47:12	2374	02:45:06	52	
2372	5446	John	Evans	M	MSEN	02:47:16	2365	02:43:32	1061	
2373	3931	Graham	Johnson	M	M55 - 59	02:47:24	2370	02:44:37	39	
2374	4721	Jane	Dixon	F	F50 - 54	02:47:55	2372	02:44:49	25	Hogweed Trotters
2375	4722	Jenny	Dixon	F	FSEN	02:47:55	2373	02:44:50	495	
2376	3571	Jacquiline	Arkinstall	F	F40 - 44	02:48:14	2368	02:44:24	85	
2377	3798	Eddie	Watson	M	MSEN	02:48:32	2369	02:44:33	1062	
2378	3799	Jo	Pottinger	F	F40 - 44	02:48:40	2371	02:44:42	86	
2379	3870	David	Hill	M	MSEN	02:49:09	2382	02:47:03	1065	
2380	3151	Cathy	Bright	F	F55+	02:49:12	2376	02:45:53	12	
2381	4866	Gillian	Omar	F	F55+	02:49:20	2381	02:47:00	13	Wye Valley Runners
2382	3291	Linda	Burnell	F	F35 - 39	02:49:30	2380	02:46:54	145	
2383	3210	Karen	Jones	F	F40 - 44	02:49:30	2383	02:47:41	88	Les Croupiers
2384	4878	Helen	Jones	F	FSEN	02:49:49	2379	02:46:29	496	
2385	5887	Lesley	Dancey	F	F40 - 44	02:50:21	2377	02:46:14	87	
2386	3016	A.	Griffiths	F	F35 - 39	02:50:28	2385	02:48:51	146	
2387	3046	Granville	Morgan	M	M50 - 54	02:50:32	2388	02:49:29	97	
2388	4621	Emma	Ward	F	FSEN	02:50:33	2386	02:48:56	497	
2389	5998	Kelly	Williams	F	FSEN	02:50:50	2387	02:49:22	498	
2390	3400	Roger	Maynard	M	M50 - 54	02:51:08	2384	02:47:55	96	
2391	6085	Gillian	Dyer	F	F45 - 49	02:51:38	2397	02:51:06	54	
2392	5565	Carol	Arthur	F	F45 - 49	02:51:38	2396	02:51:06	53	
2393	3263	Teresa	Jones	F	FSEN	02:51:51	2390	02:49:56	500	
2394	5697	Helen	Owen	F	F40 - 44	02:52:38	2393	02:50:48	89	Presteigne Pacers
2395	3791	Lisa	Edwards	F	FSEN	02:53:42	2389	02:49:34	499	
2396	4088	Amanda	Penny	F	F40 - 44	02:53:54	2398	02:51:08	90	
2397	4317	Margaret	Withers	F	F45 - 49	02:53:56	2400	02:51:11	55	
2398	4016	Urvisha	Mistry	F	FSEN	02:54:15	2394	02:50:52	503	
2399	3152	Lynsey	Woolford	F	FSEN	02:54:21	2395	02:51:02	504	
2400	4809	Ceri	Beckett	F	FSEN	02:54:25	2406	02:53:39	507	
2401	5476	Lyndsey	Davies	F	FSEN	02:54:31	2407	02:53:45	508	
2402	4139	Jessica	Fowler	F	FSEN	02:54:33	2391	02:50:41	501	
2403	4020	Helen	Westaway	F	FSEN	02:54:33	2392	02:50:42	502	
2404	4015	Meeta	Mistry	F	FSEN	02:54:33	2399	02:51:10	505	
2405	5636	Alison	Durston	F	F40 - 44	02:56:08	2402	02:53:11	91	
2406	4838	Valerie	Davies	F	F45 - 49	02:56:12	2403	02:53:15	56	
2407	3965	Caryl	Jones	F	FSEN	02:57:09	2408	02:53:51	509	
2408	4763	Ffion	Humphries	F	FSEN	02:57:10	2409	02:53:53	510	
2409	3988	Enid	Payne	F	F45 - 49	02:57:11	2404	02:53:34	57	
2410	3989	Pasquelina	Hynam	F	F50 - 54	02:57:12	2405	02:53:36	26	
2411	3247	Dawn	Israel	F	FSEN	02:57:12	2401	02:53:00	506	
2412	3405	Jayne	Dingle	F	F45 - 49	02:57:24	2410	02:54:02	58	
2413	5826	Gary	Twell	M	MSEN	02:58:28	2413	02:57:51	1066	
2414	3766	Lorna	Phelan	F	FSEN	02:58:29	2411	02:54:17	511	
2415	3265	Hayley	Cloud	F	FSEN	02:58:36	2412	02:56:42	512	
2416	3132	Samantha	Knight	F	FSEN	03:00:24	2414	02:58:10	513	
2417	3602	Victor	Smith	M	M50 - 54	03:02:30	2415	02:58:36	98	
2418	5617	Carol	Knowles	F	F55+	03:02:35	2417	03:00:45	14	
2419	3503	Linda	Williams	F	F35 - 39	03:02:39	2422	03:02:33	149	
2420	6190	Michele	Proctor	F	FSEN	03:04:42	2426	03:04:18	517	
2421	6189	Duncan	Sankey	M	MSEN	03:04:42	2427	03:04:19	1070	
2422	5081	Penelope	Mickelsen	F	FSEN	03:04:49	2425	03:04:18	516	
2423	5645	Elizabeth	Bond	F	F35 - 39	03:04:51	2416	03:00:45	147	
2424	5646	Susan	Gershenson	F	F35 - 39	03:04:52	2418	03:00:46	148	
2425	4343	Angela	Baker	F	FSEN	03:04:56	2419	03:01:14	514	
2426	4134	Stuart	Earle	M	MSEN	03:04:56	2420	03:01:15	1067	
2427	4205	Claire	Roberts	F	FSEN	03:05:19	2423	03:02:55	515	
2428	4591	Mike	Graney	M	MSEN	03:06:37	2421	03:02:27	1068	
2429	3733	Philip	Bowkett	M	MSEN	03:07:29	2424	03:04:03	1069	
2430	5742	Nicola	Cotterill	F	FSEN	03:09:27	2430	03:09:12	518	
2431	5743	Adam	Glaze	M	MSEN	03:09:27	2431	03:09:14	1071	
2432	4153	Frances	Williams	F	F55+	03:10:16	2428	03:06:50	15	New Eltham Joggers

No	RaceNo	FirstName	Surname	Gender	Cat	GunTime	Chip Pos	ChipTime	CatPos	Team
2433	4222	Ruth	Wootton	F	F55+	03:10:16	2429	03:06:50	16	New Eltham Joggers
2434	3759	Sian Wyn	Jones	F	FSEN	03:10:30	2435	03:09:55	521	
2435	3968	Paula	Shipton	F	F35 - 39	03:12:11	2436	03:10:07	150	
2436	4070	Seth	Edwards	M	MSEN	03:12:49	2432	03:09:25	1072	
2437	3440	Michelle	Fagg	F	FSEN	03:13:30	2434	03:09:42	520	
2438	3199	Sharon	Townhill	F	FSEN	03:13:30	2433	03:09:42	519	
2439	3491	Peter	Smith	M	M40 - 44	03:16:08	2437	03:12:27	222	
2440	3936	Graham	Edwards	M	M55 - 59	03:16:08	2438	03:12:28	40	
2441	3848	Linda	Ashmore	F	F35 - 39	03:16:47	2444	03:16:20	151	
2442	3845	Susan	Saunders	F	F35 - 39	03:16:48	2445	03:16:22	152	
2443	43	Martyn	Pennington	M	MSEN	03:16:51	2439	03:13:12	1073	
2444	155	Lathan	Ball	M	M40 - 44	03:16:53	2440	03:13:14	223	
2445	42	Clive	Cornish	M	MSEN	03:16:53	2441	03:13:16	1074	
2446	3560	Jennifer	Beale	F	FSEN	03:18:52	2442	03:15:46	522	
2447	4242	Samantha	Griffiths	F	FSEN	03:18:52	2443	03:15:46	523	
2448	3909	Anna	Lewis	F	F40 - 44	03:24:31	2446	03:19:02	92	
2449	4279	Elizabeth	James	F	F40 - 44	03:27:18	2449	03:24:59	93	
2450	4524	Geraldine	Magwood	F	FSEN	03:27:36	2447	03:23:52	524	
2451	4255	Rhiannon	Evans	F	FSEN	03:27:36	2448	03:23:52	525	
2452	6109	Say	Toombs	F	F45 - 49	03:30:25	2450	03:28:24	59	
2453	6115	Ann-Marie	Ablett	F	F50 - 54	03:31:56	2451	03:29:53	27	
2454	6114	David-Mark	Nicholson	M	M50 - 54	03:31:56	2452	03:29:53	99	
2455	5886	Anne	Gardiner	F	F40 - 44	03:35:17	2453	03:31:10	94	
2456	5655	Stephen	Neal	M	M45 - 49	03:43:44	2454	03:39:26	121	Instinctive Sports
2457	5458	Kay	Parry	F	F35 - 39	03:45:59	2456	03:41:53	153	
2458	5332	Elisa	Brennan	F	FSEN	03:45:59	2455	03:41:53	526	
2459	3142	Natasha	Snailham	F	FSEN	03:49:56	2457	03:46:03	527	
2460	6178	Harvinder	Lotey	F	F40 - 44	03:50:08	2460	03:49:50	95	
2461	5065	Marie	McNally	F	F55+	03:50:08	2459	03:49:49	17	
2462	853	Ruth	Studt	F	FSEN	03:50:09	2458	03:47:31	528	
2463	23	Simon	Bampfylde	M	MSEN	04:10:59	2461	04:09:02	1075	
2464	24	Stephen	Bampfylde	M	M50 - 54	05:14:05	2462	05:12:08	100	
2465	3220	David	Sedzik	M	M40 - 44	10:12:31	2463	10:12:31	224	
2466	5718	Claire	Beatty	F	FSEN	10:14:16	2464	10:14:16	529	Les Croupiers
2467	4769	Georgie	Dagnall	F	FSEN	10:22:48	2465	10:22:48	530	
2468	6168	Chris	Connolly	M	M40 - 44	10:47:17	2466	10:47:17	225	
2469	5123	Lee	Ward	M	MSEN	10:56:03	2467	10:56:03	1076	
2470	5424	Claire	Butterworth	F	FSEN	11:13:22	2468	11:13:22	531	
2471	6067	Nigel	Thomas	M	M45 - 49	11:36:52	2469	11:36:52	122	