

### Ivybridge 10K Results - 15th May 2004

| <u>Pos.</u> | <u>Num.</u> | <u>Surname</u> | <u>First name</u> | <u>Club</u>              | <u>Cat.</u> | <u>Loc.</u> | <u>Dev.</u> | <u>Time</u> |
|-------------|-------------|----------------|-------------------|--------------------------|-------------|-------------|-------------|-------------|
| 1           | 7           | Hall           | Stuart            | Tipton Harriers          | M           |             | D           | 32:31       |
| 2           | 232         | Anderson       | Simon             | Plymouth Harriers        | V40         |             | D           | 32:45       |
| 3           | 263         | Porter         | John              | Army A.A.C.              | M           |             | D           | 33:15       |
| 4           | 6           | Holmes         | Neil              | Erme Valley Harriers     | M           |             | D           | 33:43       |
| 5           | 277         | Lockett        | Alex              | Plymouth Harriers        | M           |             | D           | 33:52       |
| 6           | 2           | Payne          | Steve             | Plymouth Harriers        | V45         |             | D           | 33:57       |
| 7           | 217         | Drage          | Richard           | Tavistock A.C.           | V45         |             | D           | 34:20       |
| 8           | 206         | Humphreys      | Ashley            | Erme Valley Harriers     | U20         |             |             | 34:24       |
| 9           | 257         | Mytton         | Neil              | Plymouth Harriers        | M           |             | D           | 34:29       |
| 10          | 96          | Shapland       | Martin            | SWRR                     | M           |             | D           | 34:38       |
| 11          | 3           | Bristow        | Allister          | Erme Valley Harriers     | M           | L           | D           | 34:43       |
| 12          | 4           | Severn         | Dave              | South Devon A.C.         | M           |             | D           | 34:57       |
| 13          | 358         | Newcombe       | Steven            | Plymouth Harriers        | M           |             |             | 35:14       |
| 14          | 5           | Monaghan       | Peter             | South Devon A.C.         | M           |             | D           | 35:31       |
| 15          | 188         | Cameron        | David             | SWRR                     | V45         |             | D           | 35:35       |
| 16          | 357         | Thomas         | Paul              | SWRR                     | V40         |             |             | 35:38       |
| 17          | 45          | Quew           | Russell           | Plymouth Harriers        | M           |             | D           | 35:39       |
| 18          | 28          | Marson         | Gary              | Tamar Trotters           | V40         |             |             | 35:42       |
| 19          | 248         | Marsden        | Hugh              | Exmouth Harriers         | V40         |             | D           | 35:42       |
| 20          | 273         | Tomlin         | David             | Teignbridge Trotters     | M           |             | D           | 35:48       |
| 21          | 114         | Langler        | Ian               | Dawlish Coasters         | M           |             | D           | 35:54       |
| 22          | 222         | Braunton       | Dave              | Bideford A.A.C.          | M           |             | D           | 36:10       |
| 23          | 329         | Dent           | Peter             | Plymouth Harriers        | V50         |             | D           | 36:28       |
| 24          | 183         | Clement        | Clem              | Penarth & Dinas Runners  | V40         |             |             | 36:31       |
| 25          | 265         | Northey        | Mike              | Plymouth Harriers        | V40         |             |             | 36:43       |
| 26          | 187         | Gregg          | Paul              | Tamar Trotters           | M           |             |             | 36:45       |
| 27          | 345         | Jones          | Andy              | SWRR                     | V40         |             | D           | 36:46       |
| 28          | 87          | Beaumont       | Mark              | RNAC                     | V40         | L           | D           | 36:53       |
| 29          | 225         | Golden         | David             | U/A                      | V40         |             |             | 36:55       |
| 30          | 289         | Eveleigh       | Michael           | Teignbridge Trotters     | V50         |             | D           | 37:01       |
| 31          | 213         | Wathen         | Bruce             | SWRR                     | M           |             |             | 37:02       |
| 32          | 309         | Walker         | Chris             | U/A                      | V45         |             |             | 37:07       |
| 33          | 176         | Musty          | Mark              | South Devon A.C.         | M           |             | D           | 37:07       |
| 34          | 146         | Einchcomb      | Nicholas          | SWRR                     | V40         |             | D           | 37:17       |
| 35          | 236         | Shapland       | John              | North Devon Road Runners | V50         |             | D           | 37:26       |
| 36          | 54          | Southworth     | David             | Army A.A.C.              | M           |             |             | 37:27       |
| 37          | 55          | Coles          | Jonathan          | Frome A.C.               | M           |             | D           | 37:29       |
| 38          | 207         | Bristow        | Nick              | Erme Valley Harriers     | M           | L           | D           | 37:29       |
| 39          | 212         | Stein          | Jim               | Devon & Cornwall Police  | V40         |             |             | 37:31       |
| 40          | 600         | Crowle         | Revis             | East Cornwall Harriers   | FV40        |             |             | 37:34       |
| 41          | 81          | Thomas         | Austen            | DML                      | M           |             | D           | 37:35       |
| 42          | 184         | Philps         | Stuart            | Bideford A.A.C.          | M           |             | D           | 37:37       |
| 43          | 346         | Jackson        | James             | Sidmouth Running Club    | M           |             | D           | 37:42       |

|    |     |            |          |                          |      |         |
|----|-----|------------|----------|--------------------------|------|---------|
| 44 | 242 | Hall       | Daniel   | Southampton Running Club | U20  | 37:44   |
| 45 | 218 | Johnson    | Ian      | South West Vets          | V40  | 37:45   |
| 46 | 12  | Daniels    | Danny    | DML                      | V40  | 37:47   |
| 47 | 333 | Keast      | John     | Sidmouth Running Club    | V40  | D 37:52 |
| 48 | 95  | Beattie    | Michael  | Plymouth Harriers        | V50  | D 37:57 |
| 49 | 192 | Phillips   | David    | SWRR                     | V50  | D 38:02 |
| 50 | 456 | Hewitt     | Caroline | Tiverton Harriers        | FV40 | D 38:06 |
| 51 | 317 | Wilsmore   | Michael  | Tamar Trotters           | U20  | D 38:07 |
| 52 | 208 | Hicks      | Michael  | Teignbridge Trotters     | V40  | D 38:17 |
| 53 | 57  | Richards   | Dave     | Exeter Harriers          | V40  | D 38:25 |
| 54 | 352 | Jennings   | Jim      | Torrington A.A.C.        | V50  | 38:27   |
| 55 | 301 | Erith      | Mike     | East Cornwall Harriers   | V55  | 38:33   |
| 56 | 147 | Hales      | Roger    | Teignbridge Trotters     | V40  | D 38:34 |
| 57 | 23  | Mayo       | Simon    | Teignbridge Trotters     | V40  | 38:41   |
| 58 | 197 | Darby      | Iain     | DML                      | V40  | 38:46   |
| 59 | 531 | Flanagan   | Naomi    | Exeter Harriers          | FU20 | D 38:47 |
| 60 | 298 | Crockford  | John     | DML                      | V45  | D 38:52 |
| 61 | 78  | Crocker    | John     | Teignbridge Trotters     | V40  | D 38:55 |
| 62 | 73  | Crock      | Andy     | San Domerico R.R.C.      | V45  | D 38:57 |
| 63 | 209 | Watson     | Gary     | Teignbridge Trotters     | V45  | D 38:59 |
| 64 | 332 | Tubbs      | Neil     | Sidmouth Running Club    | V40  | D 39:18 |
| 65 | 331 | Skidmore   | John     | Plymouth Harriers        | V40  | 39:19   |
| 66 | 316 | Wilsmore   | Paul     | Tamar Trotters           | V50  | D 39:21 |
| 67 | 250 | Coles      | Daniel   | U/A                      | M    | 39:21   |
| 68 | 61  | James      | Phil     | Plymouth Harriers        | V40  | D 39:24 |
| 69 | 303 | Lund       | Simon    | Weston A.C.              | M    | 39:25   |
| 70 | 278 | Longthorpe | Andrew   | Torbay A.C.              | M    | D 39:28 |
| 71 | 91  | Johnson    | Andrew   | Exmouth Harriers         | V40  | D 39:36 |
| 72 | 272 | Rowe       | Roger    | Exmouth Harriers         | V55  | D 39:45 |
| 73 | 177 | Cork       | Michael  | DML                      | V45  | D 39:47 |
| 74 | 49  | Eastaugh   | Chris    | Tavistock A.C.           | V40  | 39:50   |
| 75 | 323 | May        | Kev      | RNAC                     | V40  | 39:53   |
| 76 | 238 | Spry       | Paul     | U/A                      | V40  | 39:57   |
| 77 | 523 | Hill       | Nicola   | Newton Abbot A.C.        | FV35 | D 39:58 |
| 78 | 110 | Hutchings  | Philip   | U/A                      | M    | 40:07   |
| 79 | 294 | Winslade   | James    |                          | M    | 40:07   |
| 80 | 297 | Jenkins    | Fred     | Instinctive Sports       | V40  | D 40:09 |
| 81 | 541 | Swift      | Jaine    | Womens Running Network   | FV35 | 40:12   |
| 82 | 538 | Neville    | Anna     | Womens Running Network   | F    | 40:15   |
| 83 | 530 | Urban      | Wendy    | Torbay A.C.              | FV40 | D 40:15 |
| 84 | 92  | Hanham     | Richard  | U/A                      | V55  | 40:23   |
| 85 | 325 | Watson     | Peter    | Torbay A.C.              | V65  | D 40:24 |
| 86 | 266 | Richards   | Kevin    | Devon & Cornwall Police  | M    | 40:24   |
| 87 | 230 | Symons     | Tony     | Tavistock A.C.           | V40  | D 40:27 |
| 88 | 251 | Heardman   | Allan    | Tavistock A.C.           | V50  | D 40:30 |
| 89 | 133 | Fine       | Greg     | Torbay A.C.              | V50  | D 40:31 |

|     |     |             |           |                        |      |   |         |
|-----|-----|-------------|-----------|------------------------|------|---|---------|
| 90  | 205 | Jayes       | Mike      | Erme Valley Harriers   | V50  | D | 40:35   |
| 91  | 90  | Foster      | Robert    | Launceston R.R.        | U20  |   | 40:36   |
| 92  | 26  | Stevenson   | Paul      | U/A                    | V40  |   | 40:37   |
| 93  | 354 | Dart        | Ian       | Plymouth Harriers      | V50  |   | 40:42   |
| 94  | 120 | Conyon      | Trevelyan | U/A                    | M    |   | 40:44   |
| 95  | 494 | Reay        | Jenny     | Exmouth Harriers       | FV45 | D | 40:44   |
| 96  | 51  | Lander      | Peter     | Torbay A.C.            | M    |   | 40:44   |
| 97  | 56  | Walton      | Ewan      | Teignbridge Trotters   | M    |   | 40:47   |
| 98  | 149 | Millward    | Rob       | SWRR                   | V55  | D | 40:48   |
| 99  | 199 | Wright      | Colin     | U/A                    | V45  |   | 40:53   |
| 100 | 533 | Thorn       | Alison    | Womens Running Network | F    |   | 40:57   |
| 101 | 15  | Baskott     | Kevin     | U/A                    | M    |   | 40:58   |
| 102 | 311 | Woodward    | Keith     | Erme Valley Harriers   | M    | L | D 41:00 |
| 103 | 41  | Jones       | Adam      | South Devon A.C.       | U20  | D | 41:01   |
| 104 | 201 | Warren      | Martin    | Torrington A.A.C.      | V40  |   | 41:05   |
| 105 | 467 | Hext        | Kate      | SWRR                   | F    | D | 41:06   |
| 106 | 348 | Leidig      | Peter     | Instinctive Sports     | M    |   | 41:07   |
| 107 | 405 | Kingdon     | Jennie    | Plymouth Harriers      | FV40 |   | 41:09   |
| 108 | 347 | Williams    | Kevin     | DML                    | V45  | D | 41:09   |
| 109 | 350 | Alford      | Bryce     | Instinctive Sports     | M    |   | 41:17   |
| 110 | 224 | Monaghan    | Steven    | South Devon A.C.       | V40  | D | 41:18   |
| 111 | 443 | Daw         | Sharon    | East Cornwall Harriers | FV35 |   | 41:21   |
| 112 | 141 | Sussex      | Mark      | Bideford A.A.C.        | M    | D | 41:22   |
| 113 | 204 | Mogridge    | Russ      | Erme Valley Harriers   | V40  | L | D 41:26 |
| 114 | 275 | Johnson     | Simon     | South Devon A.C.       | M    |   | 41:33   |
| 115 | 116 | Lake        | Ewan      | U/A                    | M    | D | 41:34   |
| 116 | 1   | Carthy      | Daniel    | Cardiff A.C.           | M    |   | 41:37   |
| 117 | 126 | Carthy      | Colin     | U/A                    | V50  | L | 41:37   |
| 118 | 156 | Skinner     | John      | Teignbridge Trotters   | V45  | D | 41:40   |
| 119 | 326 | Partridge   | Keith     | SWRR                   | V40  |   | 41:42   |
| 120 | 245 | Lewis       | Mike      | Tavistock A.C.         | V55  |   | 41:48   |
| 121 | 279 | Hillebrandt | Rodney    | South West Vets        | V55  | D | 41:54   |
| 122 | 234 | Pill        | Simon     | Teignbridge Trotters   | M    |   | 41:55   |
| 123 | 36  | Grainger    | Kevin     | South Devon A.C.       | M    | D | 42:04   |
| 124 | 314 | Pollard     | Tony      | Tamar Trotters         | V40  |   | 42:06   |
| 125 | 58  | Gay         | Nigel     | U/A                    | V40  |   | 42:11   |
| 126 | 271 | Westgate    | Richard   | SWRR                   | V45  |   | 42:12   |
| 127 | 180 | King        | Gary      | U/A                    | V45  |   | 42:13   |
| 128 | 134 | Fine        | Kevin     | Torbay A.C.            | U20  | D | 42:15   |
| 129 | 144 | Tabenor     | Pete      | Plymouth Harriers      | V60  |   | 42:19   |
| 130 | 171 | Yeo         | Phil      | U/A                    | M    |   | 42:26   |
| 131 | 210 | Lock        | Shaun     | Exmouth Harriers       | M    |   | 42:30   |
| 132 | 70  | Lake        | Jon       | Erme Valley Harriers   | V40  | D | 42:33   |
| 133 | 307 | Worth       | Andrew    | U/A                    | V50  | D | 42:34   |
| 134 | 44  | Bazley      | Peter     | Tavistock A.C.         | V45  | D | 42:41   |
| 135 | 258 | Neville     | Chris     | Tamar Trotters         | V40  |   | 42:42   |

|     |     |              |          |                        |      |   |       |
|-----|-----|--------------|----------|------------------------|------|---|-------|
| 136 | 132 | Thomas       | Steve    | Corsham Running Club   | V50  |   | 42:46 |
| 137 | 221 | Honey        | Geoffrey | Plymouth Harriers      | V50  | D | 42:48 |
| 138 | 42  | Deare        | Stephen  | South Devon A.C.       | U20  |   | 43:03 |
| 139 | 145 | Leeke        | Robert   | South Devon A.C.       | M    |   | 43:05 |
| 140 | 305 | Jones        | David    | U/A                    | V45  | L | 43:07 |
| 141 | 580 | Dunn         | Fiona    | Tavistock A.C.         | F    |   | 43:10 |
| 142 | 40  | Kirby        | Robert   | Tavistock A.C.         | V40  |   | 43:12 |
| 143 | 223 | Gentry       | Richard  | SWRR                   | M    |   | 43:13 |
| 144 | 43  | Chamberlaine | Mark     | Plymouth Harriers      | V40  |   | 43:14 |
| 145 | 342 | Hilton       | Don      | Plymstock Road Runners | V40  |   | 43:28 |
| 146 | 186 | Davies       | Mike     | Torbay A.C.            | V45  | D | 43:30 |
| 147 | 288 | White        | Mark     | U/A                    | V45  |   | 43:32 |
| 148 | 219 | Hamling      | Mark     | Teignbridge Trotters   | V40  |   | 43:33 |
| 149 | 102 | Ford         | Peter    | Plymstock Road Runners | M    | D | 43:34 |
| 150 | 168 | Wride        | Chris    | Teignbridge Trotters   | V45  |   | 43:36 |
| 151 | 281 | Bogatko      | David    | U/A                    | V50  |   | 43:38 |
| 152 | 274 | Rosser       | Steve    | SWRR                   | M    |   | 43:38 |
| 153 | 285 | Andrew       | Duncan   | Plymouth Harriers      | V40  |   | 43:38 |
| 154 | 246 | Thomas       | Paul     | U/A                    | M    | L | 43:38 |
| 155 | 24  | Rowe         | Paul     | DML                    | V45  |   | 43:39 |
| 156 | 419 | Bremner      | Jane     | Tamar Trotters         | FV45 |   | 43:41 |
| 157 | 103 | Warden       | Alan     | Tamar Trotters         | V40  | D | 43:46 |
| 158 | 321 | Harper       | Chris    | RNAC                   | V40  |   | 43:47 |
| 159 | 335 | Williams     | Peter    | U/A                    | M    |   | 43:50 |
| 160 | 330 | Williams     | Peter    | SWRR                   | V50  |   | 43:51 |
| 161 | 322 | Curtin       | Matthew  | U/A                    | M    |   | 43:54 |
| 162 | 98  | Kavanagh     | John     | London Irish A.C.      | V40  |   | 43:56 |
| 163 | 573 | Anderson     | Jill     | Plymouth Harriers      | FV35 |   | 43:56 |
| 164 | 136 | Coleman      | Miles    | East Cornwall Harriers | M    |   | 43:57 |
| 165 | 591 | Hewings      | Sue      | Newton Abbot A.C.      | FV40 | D | 44:03 |
| 166 | 72  | Bonning      | Michael  | U/A                    | V40  | L | 44:04 |
| 167 | 82  | Bunday       | Simon    | Teignbridge Trotters   | V40  |   | 44:04 |
| 168 | 562 | Aston        | Eyvoll   | Teignbridge Trotters   | F    | D | 44:05 |
| 169 | 198 | White        | Richard  | Torbay A.C.            | V40  |   | 44:05 |
| 170 | 20  | Craig        | Marc     | U/A                    | M    |   | 44:06 |
| 171 | 68  | Osbourne     | Nigel    | East Cornwall Harriers | V50  |   | 44:07 |
| 172 | 340 | King         | Bryan    | DML                    | V50  | D | 44:14 |
| 173 | 262 | Stiff        | Adam     | Tamar Trotters         | U20  |   | 44:16 |
| 174 | 148 | Wallace      | Stephen  | Dartmouth A.A.C.       | V45  |   | 44:23 |
| 175 | 306 | Eveleigh     | David    | Exmouth Harriers       | V50  | D | 44:29 |
| 176 | 100 | Crossley     | Ian      | Erme Valley Harriers   | M    | D | 44:33 |
| 177 | 233 | Cooms        | Paul     | U/A                    | M    |   | 44:35 |
| 178 | 408 | Rogers       | Kate     | East Cornwall Harriers | FV45 |   | 44:36 |
| 179 | 454 | Prescott     | Caro     | Exmouth Harriers       | FV40 |   | 44:39 |
| 180 | 194 | Reeve        | Kenneth  | Tamar Trotters         | V45  |   | 44:40 |
| 181 | 104 | Brown        | Ray      | Torbay A.C.            | V55  |   | 44:42 |

|     |     |            |             |                             |      |   |   |       |
|-----|-----|------------|-------------|-----------------------------|------|---|---|-------|
| 182 | 163 | Ayson      | Richard     | Erme Valley Harriers        | M    | L | D | 44:44 |
| 183 | 83  | Demuth     | Matt        | Tamar Trotters              | U20  |   |   | 44:45 |
| 184 | 66  | Brady      | Sean        | U/A                         | M    |   |   | 44:46 |
| 185 | 320 | Holman     | Mark        | South Devon A.C.            | V45  |   | D | 44:48 |
| 186 | 226 | Watkins    | Laurence    | Tamar Trotters              | V45  |   |   | 44:52 |
| 187 | 474 | Gardner    | Samantha    | Devon Fire & Rescue Service | F    |   |   | 44:53 |
| 188 | 137 | Full       | Philip      | Torbay A.C.                 | V50  |   | D | 44:55 |
| 189 | 471 | Kelsey     | Louise      | Tamar Trotters              | F    |   |   | 45:07 |
| 190 | 292 | Foster     | John        | U/A                         | M    |   |   | 45:07 |
| 191 | 128 | Horton     | Clive       | Plymouth Harriers           | V40  |   |   | 45:12 |
| 192 | 466 | Middleton  | Anna        | U/A                         | F    |   |   | 45:14 |
| 193 | 341 | Stones     | Gary        | Instinctive Sports          | M    |   |   | 45:20 |
| 194 | 338 | Henagulph  | Mark        | U/A                         | M    |   |   | 45:22 |
| 195 | 259 | O'Reilly   | Kevin       | Tamar Trotters              | V45  |   |   | 45:23 |
| 196 | 445 | Darby      | Anne        | Newton Abbot A.C.           | FV50 |   | D | 45:24 |
| 197 | 169 | Matthams   | David       | Instinctive Sports          | V40  |   |   | 45:25 |
| 198 | 106 | Cryer      | Jonathan    | U/A                         | V50  |   |   | 45:30 |
| 199 | 296 | French     | Graham      | Instinctive Sports          | V50  |   | D | 45:35 |
| 200 | 165 | Wigg       | Chris       | U/A                         | V50  |   |   | 45:36 |
| 201 | 521 | Hall       | Amelia      | SWRR                        | FV35 |   | D | 45:39 |
| 202 | 182 | Hladkij    | John        | Erme Valley Harriers        | V50  | L | D | 45:43 |
| 203 | 46  | Franklin   | David       | U/A                         | M    |   |   | 45:47 |
| 204 | 574 | Cook       | Loretta     | Plymouth Harriers           | FV40 |   | D | 45:48 |
| 205 | 243 | Hewitt     | Roger       | Tavistock A.C.              | V50  |   |   | 45:49 |
| 206 | 302 | Head       | Julian      | Newton Abbot A.C.           | M    |   | D | 45:51 |
| 207 | 175 | Turner     | Fred        | U/A                         | M    | L |   | 45:53 |
| 208 | 481 | Hutchinson | Nadia       | Tamar Trotters              | FV40 |   |   | 45:58 |
| 209 | 97  | Moore      | Dave        | Tamar Trotters              | V50  |   | D | 45:59 |
| 210 | 495 | Ritchie    | Janet       | Carn Runners                | FV40 |   |   | 45:59 |
| 211 | 220 | Langhorn   | John        | Tamar Trotters              | V50  |   |   | 46:00 |
| 212 | 135 | Fine       | Gary        | Torbay A.C.                 | U20  |   | D | 46:10 |
| 213 | 173 | Househam   | Richard     | Erme Valley Harriers        | V45  |   | D | 46:16 |
| 214 | 584 | Ross       | Stephanie   | Teignbridge Trotters        | FV40 |   | D | 46:26 |
| 215 | 33  | Smith      | Andy        | Tavistock A.C.              | V45  |   |   | 46:29 |
| 216 | 422 | Wood       | Joanne      | SWRR                        | FV40 |   |   | 46:30 |
| 217 | 30  | Hayes      | Bryan       | Teignbridge Trotters        | V60  |   | D | 46:32 |
| 218 | 576 | Burgess    | Cathy       | Womens Running Network      | FV35 |   |   | 46:42 |
| 219 | 241 | Hall       | Malcolm     | Devon & Cornwall Police     | V45  |   |   | 46:43 |
| 220 | 414 | Eccles     | Karen       | Plymouth Harriers           | FV40 |   | D | 46:49 |
| 221 | 142 | Shearer    | Tony        | Tavistock A.C.              | V50  |   |   | 46:50 |
| 222 | 269 | Crossley   | Richard     | Plymstock Road Runners      | V40  |   |   | 46:51 |
| 223 | 211 | Nance      | David       | Tamar Trotters              | V45  |   |   | 46:52 |
| 224 | 590 | Hewings    | Carrie-Anne | Newton Abbot A.C.           | FU20 |   | D | 46:53 |
| 225 | 497 | Yeoman     | Karen       | U/A                         | FV45 |   |   | 46:57 |
| 226 | 48  | Carpenter  | Michael     | Launceston R.R.             | V50  |   |   | 46:59 |
| 227 | 167 | Barrett    | Simon       | Instinctive Sports          | V40  |   |   | 47:04 |

|     |     |               |         |                         |      |   |         |
|-----|-----|---------------|---------|-------------------------|------|---|---------|
| 228 | 62  | Rundle        | Simon   | U/A                     | V40  | L | 47:09   |
| 229 | 545 | Lister        | Jenny   | Torbay A.C.             | FV45 | D | 47:13   |
| 230 | 202 | Craig         | Robert  | DML                     | V60  |   | 47:16   |
| 231 | 76  | Parnell       | Paul    | DML                     | M    |   | 47:16   |
| 232 | 88  | Bowles        | Keith   | Tavistock A.C.          | V55  | D | 47:17   |
| 233 | 429 | Bunting       | Maggie  | Tamar Trotters          | FV35 |   | 47:18   |
| 234 | 69  | Brown         | John    | City Of Bath A.C.       | V40  |   | 47:19   |
| 235 | 193 | Whatmore      | Gary    | Tamar Trotters          | M    |   | 47:20   |
| 236 | 353 | Iles          | Chris   | Erme Valley Harriers    | M    | L | D 47:20 |
| 237 | 485 | Househam      | Alison  | Erme Valley Harriers    | FV40 | D | 47:22   |
| 238 | 25  | Wilcox        | Alan    | Instinctive Sports      | V40  |   | 47:26   |
| 239 | 261 | Stiff         | Kevin   | Tamar Trotters          | V45  |   | 47:28   |
| 240 | 577 | Sharland      | Sharon  | Womens Running Network  | FV45 |   | 47:30   |
| 241 | 561 | Sims-Stirling | Kären   | Erme Valley Harriers    | FV40 | D | 47:33   |
| 242 | 264 | Kevill        | Russell | Wreccsam Tri Club       | M    | L | 47:37   |
| 243 | 428 | Hughes        | Suki    | Wreccsam Tri Club       | F    | L | 47:37   |
| 244 | 13  | Portus        | James   | Newton Abbot A.C.       | V50  | D | 47:37   |
| 245 | 64  | Moth          | Darren  | U/A                     | M    |   | 47:37   |
| 246 | 125 | Davey         | Paul    | U/A                     | M    |   | 47:39   |
| 247 | 34  | Pay           | Alan    | U/A                     | V50  |   | 47:39   |
| 248 | 425 | Creed         | Jo      | U/A                     | F    |   | 47:39   |
| 249 | 247 | Johnson       | Paul    | Teignbridge Trotters    | M    |   | 47:41   |
| 250 | 558 | Church        | Jo      | Tamar Trotters          | FV35 |   | 47:42   |
| 251 | 127 | Hindle        | Michael | Newton Abbot A.C.       | V60  | D | 47:42   |
| 252 | 516 | Heryet        | Nicole  | Tavistock A.C.          | F    | D | 47:46   |
| 253 | 547 | Fryer         | Rebecca | Plymouth Harriers       | FV35 |   | 47:49   |
| 254 | 160 | Donovan       | Jimmy   | Teignbridge Trotters    | V40  |   | 47:50   |
| 255 | 359 | Lye           | James   | U/A                     | M    |   | 47:50   |
| 256 | 300 | Whitley       | Mike    | Launceston R.R.         | V40  |   | 47:51   |
| 257 | 27  | Cooper        | Craig   | U/A                     | M    |   | 47:53   |
| 258 | 32  | Buley         | Derek   | Plymouth Harriers       | M    |   | 47:57   |
| 259 | 11  | David         | Matthew | U/A                     | M    |   | 48:00   |
| 260 | 442 | Teed          | Dawn    | Exmouth Harriers        | FV40 | D | 48:01   |
| 261 | 150 | Donovan       | John    | Torbay A.C.             | V50  | D | 48:09   |
| 262 | 166 | Roberts       | Stephen | U/A                     | V40  |   | 48:14   |
| 263 | 478 | James         | Lesley  | Devon & Cornwall Police | F    |   | 48:18   |
| 264 | 511 | Blanchette    | Helen   | Devon & Cornwall Police | F    |   | 48:18   |
| 265 | 505 | Caunter       | Tina    | Teignbridge Trotters    | FV45 | D | 48:19   |
| 266 | 35  | Lynch         | Ian     | Dawlish Coasters        | V40  |   | 48:21   |
| 267 | 444 | Dean          | Amanda  | U/A                     | F    |   | 48:22   |
| 268 | 155 | Windle        | Steven  | Erme Valley Harriers    | M    | L | D 48:30 |
| 269 | 37  | Mulligan      | Jason   | U/A                     | M    |   | 48:33   |
| 270 | 59  | Ford          | Graham  | U/A                     | M    |   | 48:33   |
| 271 | 157 | Barker        | Lee     | U/A                     | V40  |   | 48:36   |
| 272 | 203 | McMahon       | Nick    | U/A                     | V45  | L | 48:36   |
| 273 | 254 | Turner        | Neil    | Teignbridge Trotters    | V45  |   | 48:40   |

|     |     |            |          |                        |      |     |       |
|-----|-----|------------|----------|------------------------|------|-----|-------|
| 274 | 237 | Lee        | John     | U/A                    | V45  |     | 48:42 |
| 275 | 231 | House      | Ken      | South Devon A.C.       | V70  | D   | 48:44 |
| 276 | 318 | Rout       | Mick     | Tamar Trotters         | V45  |     | 48:50 |
| 277 | 579 | Hoffen     | Kate     | Tamar Trotters         | FV35 |     | 48:50 |
| 278 | 287 | Terry      | Michael  | Erme Valley Harriers   | V40  | L D | 48:51 |
| 279 | 123 | Bower      | Adrian   | Tavistock A.C.         | V40  | D   | 49:03 |
| 280 | 151 | Maddaford  | Paul     | U/A                    | V40  | L   | 49:07 |
| 281 | 510 | Ralph      | Helen    | Tamar Trotters         | FV40 |     | 49:08 |
| 282 | 31  | Harris     | David    | RNAC                   | V40  |     | 49:11 |
| 283 | 172 | Allen      | Michael  | Sidmouth Running Club  | V65  |     | 49:15 |
| 284 | 50  | Jones      | Steve    | Dawlish Coasters       | V40  |     | 49:15 |
| 285 | 53  | Becker     | Mark     | U/A                    | V40  |     | 49:16 |
| 286 | 99  | Reason     | Chris    | Tamar Trotters         | M    |     | 49:16 |
| 287 | 229 | Elford     | Frank    | U/A                    | V50  | D   | 49:17 |
| 288 | 256 | Gleed      | Keith    | Tamar Trotters         | V55  |     | 49:19 |
| 289 | 286 | Smith      | John     | Tamar Trotters         | V45  |     | 49:22 |
| 290 | 343 | Williams   | Paul     | Plymstock Road Runners | V45  |     | 49:25 |
| 291 | 268 | Chatfield  | Lance    | Tamar Trotters         | M    |     | 49:33 |
| 292 | 200 | Warren     | Simon    | U/A                    | M    |     | 49:35 |
| 293 | 260 | Carrol     | Mick     | Tamar Trotters         | V60  |     | 49:38 |
| 294 | 413 | Lock       | Maria    | Exmouth Harriers       | F    |     | 49:40 |
| 295 | 315 | Marsh      | Stephen  | DML                    | V40  |     | 49:52 |
| 296 | 29  | Walters    | Richard  | Plymstock Road Runners | V60  |     | 49:53 |
| 297 | 153 | Bolt       | Alastair | U/A                    | V50  | L   | 49:55 |
| 298 | 295 | Payne      | Stuart   | U/A                    | V50  |     | 49:55 |
| 299 | 469 | Lynch      | Helen    | Teignbridge Trotters   | FV35 |     | 49:56 |
| 300 | 416 | Pollard    | Linda    | Tamar Trotters         | FV50 |     | 50:00 |
| 301 | 255 | Wood       | Brad     | Instinctive Sports     | M    | D   | 50:03 |
| 302 | 47  | Woodland   | Michael  | U/A                    | V50  | L   | 50:03 |
| 303 | 592 | Gee        | Samantha | Teignbridge Trotters   | F    |     | 50:03 |
| 304 | 109 | Kirby      | Neil     | U/A                    | M    |     | 50:03 |
| 305 | 550 | Marshall   | Anne     | Plymouth Harriers      | FV40 |     | 50:04 |
| 306 | 493 | Roberts    | Annette  | Tavistock A.C.         | FV45 | D   | 50:04 |
| 307 | 570 | Quew       | Carol    | Plymouth Harriers      | F    | D   | 50:04 |
| 308 | 567 | Cock       | Fiona    | U/A                    | FV35 |     | 50:04 |
| 309 | 105 | Waddington | Steve    | South Devon A.C.       | V50  | D   | 50:05 |
| 310 | 437 | Tonkin     | Tracy    | South Devon A.C.       | F    |     | 50:05 |
| 311 | 67  | Pace       | Edward   | U/A                    | V45  |     | 50:05 |
| 312 | 179 | Dunn       | David    | Teignbridge Trotters   | V50  | D   | 50:06 |
| 313 | 477 | George     | Becky    | Teignbridge Trotters   | FV35 |     | 50:06 |
| 314 | 21  | Crane      | Martin   | U/A                    | M    | L   | 50:09 |
| 315 | 170 | Matthams   | Paul     | U/A                    | V40  |     | 50:17 |
| 316 | 356 | Grigg      | Paul     | DML                    | M    |     | 50:32 |
| 317 | 22  | Critchley  | Andrew   | U/A                    | M    |     | 50:32 |
| 318 | 215 | Bree       | Steve    | U/A                    | M    |     | 50:39 |
| 319 | 526 | Imong      | Stella   | Teignbridge Trotters   | FV45 |     | 50:40 |

|     |     |            |          |                         |      |   |       |
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| 320 | 399 | Smith      | Bev      | Instinctive Sports      | FV40 | D | 50:46 |
| 321 | 214 | Midwinter  | Mark     | U/A                     | V40  |   | 50:46 |
| 322 | 138 | Lowery     | Stuart   | U/A                     | V45  | L | 50:46 |
| 323 | 228 | Creber     | Matthew  | Tamar Trotters          | U20  |   | 50:52 |
| 324 | 227 | Creber     | Jim      | Tamar Trotters          | V45  |   | 50:52 |
| 325 | 464 | Disbury    | Rebecca  | Torbay A.C.             | FV35 | D | 51:03 |
| 326 | 79  | Eardlet    | John     | Tamar Trotters          | V40  |   | 51:05 |
| 327 | 181 | Lee        | Michael  | Erme Valley Harriers    | V60  | D | 51:16 |
| 328 | 482 | Walker     | Susanna  | U/A                     | FU20 |   | 51:23 |
| 329 | 328 | Burrell    | Dennis   | Carn Runners            | V55  |   | 51:26 |
| 330 | 401 | Marshall   | Sue      | Plymstock Road Runners  | FV40 |   | 51:27 |
| 331 | 107 | Roberts    | Michael  | Plymouth Harriers       | V50  | D | 51:30 |
| 332 | 488 | Pawsey     | Joanne   | Erme Valley Harriers    | FV35 | D | 51:33 |
| 333 | 594 | Sutton     | Carole   | DML                     | FV35 |   | 51:35 |
| 334 | 483 | Walker     | Jacky    | U/A                     | FV45 |   | 51:42 |
| 335 | 593 | Hoile      | Rita     | East Cornwall Harriers  | FV50 |   | 51:43 |
| 336 | 528 | Slade      | Jayne    | U/A                     | FV35 |   | 51:46 |
| 337 | 418 | Sims       | Karen    | East Cornwall Harriers  | FV35 |   | 51:47 |
| 338 | 532 | Darby      | Rachael  | Tamar Trotters          | FV35 |   | 51:49 |
| 339 | 276 | Henderson  | John     | Tamar Trotters          | V50  |   | 51:50 |
| 340 | 196 | Rendle     | Nigel    | Tavistock A.C.          | V55  |   | 52:00 |
| 341 | 394 | Keast      | Cathy    | Sidmouth Running Club   | FV40 | D | 52:06 |
| 342 | 586 | Crocker    | Julie    | Teignbridge Trotters    | FV35 |   | 52:09 |
| 343 | 299 | Warne      | Richard  | Plymouth Harriers       | V45  |   | 52:14 |
| 344 | 108 | Mitchell   | Clive    | U/A                     | V45  |   | 52:16 |
| 345 | 312 | Potter     | Andy     | U/A                     | V45  | L | 52:18 |
| 346 | 450 | Hall       | Jackie   | Devon & Cornwall Police | FV40 |   | 52:19 |
| 347 | 239 | Wright     | Philip   | U/A                     | V40  |   | 52:19 |
| 348 | 473 | Clement    | Janice   | Penarth & Dinas Runners | FV45 |   | 52:20 |
| 349 | 520 | Alexander  | Marion   | Plymouth Harriers       | FV45 |   | 52:35 |
| 350 | 595 | Clatworthy | Trish    | Dawlish Coasters        | FV55 |   | 52:36 |
| 351 | 122 | Langesford | Arthur   | Tamar Trotters          | V55  |   | 52:37 |
| 352 | 391 | Astbury    | Julie    | U/A                     | FV35 |   | 52:37 |
| 353 | 319 | Westaway   | Paul     | Tamar Trotters          | V45  |   | 52:41 |
| 354 | 463 | Knightley  | Patricia | U/A                     | FV40 |   | 52:43 |
| 355 | 117 | Jarvis     | Glenn    | U/A                     | V55  |   | 52:44 |
| 356 | 507 | Emmerson   | Kathryn  | Newton Abbot A.C.       | FV55 | D | 52:49 |
| 357 | 393 | Carlin     | Julie    | Erme Valley Harriers    | FV50 | D | 52:50 |
| 358 | 581 | Marson     | Lisa     | Tamar Trotters          | FV35 |   | 52:52 |
| 359 | 506 | Newman     | Sheila   | Tamar Trotters          | FV50 |   | 52:52 |
| 360 | 267 | Jones      | Alan     | Plymstock Road Runners  | V55  | D | 52:59 |
| 361 | 555 | Rose       | Anne     | Erme Valley Harriers    | FV40 | D | 53:01 |
| 362 | 324 | Preston    | George   | East Cornwall Harriers  | V45  |   | 53:06 |
| 363 | 139 | Fallon     | Michael  | Teignbridge Trotters    | V45  | D | 53:12 |
| 364 | 412 | Joslin     | Alison   | U/A                     | FV45 |   | 53:16 |
| 365 | 409 | Wick       | Barbara  | Tamar Trotters          | FV45 |   | 53:18 |



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| 366 | 426 | Rolls       | Caroline  | U/A                    | F    |     | 53:20 |
| 367 | 424 | Halls       | Debbie    | U/A                    | FV45 |     | 53:20 |
| 368 | 564 | Southworth  | Anglea    | U/A                    | F    |     | 53:22 |
| 369 | 351 | Clark       | Darren    | U/A                    | M    |     | 53:25 |
| 370 | 389 | Hilton      | Helen     | Plymstock Road Runners | FV35 |     | 53:39 |
| 371 | 86  | Andrews     | Dick      | Erme Valley Harriers   | V60  | L D | 53:40 |
| 372 | 588 | Summerfield | Kathryn   | Womens Running Network | FV55 |     | 53:40 |
| 373 | 472 | Caunter     | Janice    | Teignbridge Trotters   | FV35 | D   | 53:42 |
| 374 | 388 | Williams    | Sandra    | Plymstock Road Runners | FV40 |     | 53:44 |
| 375 | 339 | Lomax       | Patrick   | DML                    | V40  |     | 53:46 |
| 376 | 216 | Walmsley    | Ian       | U/A                    | M    |     | 53:48 |
| 377 | 119 | Daniel      | Mike      | Teignbridge Trotters   | V50  | D   | 53:48 |
| 378 | 52  | Brown       | Roy       | U/A                    | V65  |     | 53:49 |
| 379 | 308 | Kenworthy   | Nicholas  | Tamar Trotters         | M    |     | 53:49 |
| 380 | 499 | Hearfield   | Tessa     | Torbay A.C.            | FV45 | D   | 53:50 |
| 381 | 486 | Cox         | Caroline  | Tamar Trotters         | FV40 |     | 53:50 |
| 382 | 509 | Coleman     | Jane      | East Cornwall Harriers | FV40 |     | 53:51 |
| 383 | 589 | Williams    | Wendy     | Plymstock Road Runners | F    |     | 54:05 |
| 384 | 75  | Harper      | Lee       | U/A                    | M    |     | 54:29 |
| 385 | 501 | Smyth       | Andrea    | East Cornwall Harriers | FV45 |     | 54:34 |
| 386 | 235 | Roberts     | Andrew    | U/A                    | M    |     | 54:34 |
| 387 | 524 | Ballantyne  | Karen     | Bideford A.A.C.        | FV45 | D   | 54:39 |
| 388 | 280 | Wray        | Sean      | Plymstock Road Runners | V40  |     | 54:44 |
| 389 | 296 | French      | Graham    | Instinctive Sports     | V50  | D   | 54:49 |
| 390 | 513 | Hindle      | Janice    | Newton Abbot A.C.      | FV60 | D   | 54:50 |
| 391 | 566 | Bryan       | Marie     | Plymstock Road Runners | FV35 |     | 54:53 |
| 392 | 291 | Richards    | Bob       | U/A                    | V50  |     | 54:57 |
| 393 | 543 | Taylor      | Linda     | Tamar Trotters         | FV40 |     | 55:01 |
| 394 | 143 | Henderson   | Kurt      | U/A                    | V40  |     | 55:05 |
| 395 | 556 | Edwards     | Emma      | U/A                    | F    |     | 55:09 |
| 396 | 487 | Arundel     | Fiona     | Tavistock A.C.         | F    |     | 55:11 |
| 397 | 470 | Batt        | Kate      | Tavistock A.C.         | FV40 |     | 55:19 |
| 398 | 491 | Walker      | Hazel     | Tavistock A.C.         | F    | D   | 55:23 |
| 399 | 572 | Lake        | Anne      | Tavistock A.C.         | FV50 | D   | 55:35 |
| 400 | 417 | Lees        | Susan     | Tamar Trotters         | FV35 |     | 55:42 |
| 401 | 284 | Cook        | Bill      | Tamar Trotters         | V40  |     | 55:42 |
| 402 | 575 | Aldridge    | Jacqui    | Womens Running Network | FV50 |     | 55:55 |
| 403 | 578 | Pook        | Tanya     | Womens Running Network | FV35 |     | 55:56 |
| 404 | 508 | Thomas      | Suzanne   | U/A                    | FV45 |     | 56:30 |
| 405 | 568 | Skinnard    | Paula     | Tamar Trotters         | FV40 |     | 56:30 |
| 406 | 19  | Bennet      | Jim       | Tamar Trotters         | V65  |     | 56:30 |
| 407 | 460 | Bowers      | Mary      | U/A                    | FV40 |     | 56:35 |
| 408 | 514 | Hellier     | Liz       | U/A                    | FV35 |     | 56:38 |
| 409 | 527 | Miller      | Kim       | Womens Running Network | F    | L   | 57:04 |
| 410 | 536 | Phillips    | Christine | Womens Running Network | FV40 |     | 57:04 |
| 411 | 385 | Grove       | Michelle  | U/A                    | F    |     | 57:04 |

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| 412 | 270 | Wood      | Peter        | U/A                    | V40  |   | 57:06 |
| 413 | 542 | Foulkes   | Felicity     | Womens Running Network | FV45 |   | 57:09 |
| 414 | 304 | Drew      | Trevor       | Dawlish Coasters       | V40  |   | 57:10 |
| 415 | 498 | Larvin    | Marie        | Tavistock A.C.         | FV45 |   | 57:10 |
| 416 | 496 | Wynn      | Gaynor       | Womens Running Network | F    | L | 57:11 |
| 417 | 89  | Phillips  | Steve        | Instinctive Sports     | V45  |   | 57:13 |
| 418 | 569 | Kremer    | Helen        | U/A                    | FV35 |   | 57:13 |
| 419 | 427 | Dudley    | Clare        | Plymouth Harriers      | FV35 |   | 57:23 |
| 420 | 554 | Keeping   | Jennifer     | Plymouth Harriers      | FV45 |   | 57:23 |
| 421 | 502 | Edwards   | Carole       | Tavistock A.C.         | FV40 |   | 57:25 |
| 422 | 63  | Soutter   | Phil         | U/A                    | V45  | L | 57:29 |
| 423 | 549 | Crock     | Carole       | Womens Running Network | FV40 | D | 57:31 |
| 424 | 560 | Farrell   | Cheryl       | U/A                    | FV50 |   | 57:44 |
| 425 | 60  | Gabriel   | Roger        | U/A                    | V60  |   | 57:44 |
| 426 | 448 | Hewitt    | Patricia     | Tavistock A.C.         | FV45 |   | 57:45 |
| 427 | 433 | O'Reilly  | Laura Louise | Tamar Trotters         | FU20 |   | 57:50 |
| 428 | 492 | Kennard   | Nikki        | Womens Running Network | FV35 |   | 57:54 |
| 429 | 398 | Jarrols   | Clare        | DML                    | F    |   | 58:03 |
| 430 | 249 | Bays      | Richard      | DML                    | V40  |   | 58:03 |
| 431 | 565 | Becker    | Joanna       | Womens Running Network | FV40 |   | 58:06 |
| 432 | 310 | Clark     | Terry        | Carn Runners           | V50  |   | 58:16 |
| 433 | 282 | Lewis     | Paul         | U/A                    | M    |   | 58:23 |
| 434 | 283 | Lewis     | Brian        | U/A                    | V55  |   | 58:23 |
| 435 | 337 | Beard     | Nicholas     | U/A                    | V40  |   | 58:24 |
| 436 | 462 | Bond      | Helen        | Tavistock A.C.         | F    | D | 58:27 |
| 437 | 546 | Pill      | Tricia       | Instinctive Sports     | FV50 |   | 58:33 |
| 438 | 185 | MacIntyre | Donald       | Tamar Trotters         | V60  |   | 58:47 |
| 439 | 434 | O'Reilly  | Pauline      | Tamar Trotters         | FV45 |   | 58:47 |
| 440 | 191 | Jones     | Nicholas     | U/A                    | M    | L | 58:52 |
| 441 | 453 | Playle    | Marion       | Tavistock A.C.         | FV40 | D | 58:52 |
| 442 | 435 | Woolley   | Cath         | Tamar Trotters         | FV45 |   | 58:55 |
| 443 | 479 | Cork      | Pat          | DML                    | FV40 | D | 59:04 |
| 444 | 500 | Hales     | Victoria     | Teignbridge Trotters   | FV45 | D | 59:10 |
| 445 | 438 | Foster    | Ann          | Tamar Trotters         | FV55 |   | 59:11 |
| 446 | 189 | Holloway  | Damien       | U/A                    | M    |   | 59:12 |
| 447 | 420 | Holloway  | Lindsay      | U/A                    | F    |   | 59:12 |
| 448 | 559 | Blamey    | Chamaine     | U/A                    | F    |   | 59:16 |
| 449 | 112 | Notman    | Andy         | U/A                    | M    |   | 59:16 |
| 450 | 400 | Marshall  | Laura        | Plymstock Road Runners | FU20 |   | 59:18 |
| 451 | 313 | Blake     | James        | U/A                    | U20  |   | 59:18 |
| 452 | 461 | Perkins   | Charlie      | DML                    | FV45 |   | 59:21 |
| 453 | 431 | Carroll   | Pam          | Tamar Trotters         | FV60 |   | 59:27 |
| 454 | 503 | Johnson   | Rhian        | Tavistock A.C.         | FV55 |   | 59:31 |
| 455 | 504 | Johnson   | Anna         | Tavistock A.C.         | F    |   | 59:31 |
| 456 | 421 | Henderson | Lyn          | Tamar Trotters         | FV45 |   | 59:38 |
| 457 | 441 | Bays      | Lorna        | DML                    | FV40 |   | 59:42 |

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| 458 | 457 | Carrodus    | Muriel    | Womens Running Network | FV45 |     | 59:46 |
| 459 | 537 | Slingsby    | Julia     | Womens Running Network | FV40 |     | 59:46 |
| 460 | 552 | Moore       | Teresa    | U/A                    | F    |     | 59:59 |
| 461 | 404 | Hatherley   | Rhianna   | U/A                    | FU20 | L   | 60:05 |
| 462 | 140 | Chapple     | David     | Tamar Trotters         | V40  |     | 60:07 |
| 463 | 596 | Chaplin     | Joanne    | U/A                    | FV35 |     | 60:10 |
| 464 | 468 | Wright      | Debbie    | U/A                    | FV40 |     | 60:10 |
| 465 | 459 | Punch       | Penny     | U/A                    | FV40 |     | 60:15 |
| 466 | 447 | Pike        | Sally     | Tavistock A.C.         | FV35 | D   | 60:15 |
| 467 | 451 | Jones       | Avis      | U/A                    | FV40 |     | 60:15 |
| 468 | 597 | Bray        | Catherine | U/A                    | F    |     | 60:32 |
| 469 | 392 | Truswell    | Sandra    | Instinctive Sports     | FV45 |     | 60:55 |
| 470 | 121 | Beckett     | Ivan      | East Cornwall Harriers | V55  |     | 61:02 |
| 471 | 480 | Lazenby     | Deborah   | Instinctive Sports     | F    |     | 61:05 |
| 472 | 423 | Waters      | Rhonda    | Instinctive Sports     | FV40 |     | 61:07 |
| 473 | 563 | Turner      | Judi      | Tavistock A.C.         | FV40 |     | 61:26 |
| 474 | 402 | Woodward    | Sara      | Womens Running Network | FV35 | L D | 61:34 |
| 475 | 544 | Bowles      | Beryl     | U/A                    | FV55 |     | 61:45 |
| 476 | 449 | Aspen       | Sarah     | Tavistock A.C.         | FV35 |     | 61:57 |
| 477 | 410 | Payne       | Marcella  | U/A                    | FV45 |     | 61:57 |
| 478 | 415 | Solomon     | Julie     | U/A                    | FV35 | L   | 62:07 |
| 479 | 571 | Sales       | Hazel     | U/A                    | FV55 |     | 62:27 |
| 480 | 490 | Miles       | Lynn      | U/A                    | FV35 |     | 62:34 |
| 481 | 158 | Miles       | Gary      | U/A                    | V40  |     | 62:35 |
| 482 | 407 | Freeman     | Julie     | U/A                    | FV35 |     | 62:37 |
| 483 | 395 | Tubbs       | Charlotte | Sidmouth Running Club  | FU20 | D   | 62:44 |
| 484 | 519 | Daniel      | Maggie    | Teignbridge Trotters   | FV40 | D   | 62:50 |
| 485 | 585 | Critchley   | Louise    | U/A                    | F    |     | 62:55 |
| 486 | 522 | Callaghan   | Tracy     | Tamar Trotters         | FV35 |     | 62:57 |
| 487 | 386 | Taylor      | Lesley    | U/A                    | FV40 |     | 64:08 |
| 488 | 529 | Williams    | Rachel    | South Devon A.C.       | FV40 |     | 64:11 |
| 489 | 80  | King        | David     | Plymstock Road Runners | V70  |     | 64:11 |
| 490 | 327 | Grant       | Andrew    | Instinctive Sports     | M    |     | 64:18 |
| 491 | 489 | Brooke      | Alison    | U/A                    | F    |     | 64:26 |
| 492 | 252 | Nightindale | Kevin     | Tamar Trotters         | V45  |     | 64:51 |
| 493 | 440 | Nightingale | Sharon    | Tamar Trotters         | FV40 |     | 64:51 |
| 494 | 240 | Mercer      | Andrew    | U/A                    | M    |     | 65:07 |
| 495 | 452 | Mercer      | Janice    | Tamar Trotters         | FV50 |     | 65:11 |
| 496 | 534 | Cooper      | Marie     | Womens Running Network | F    |     | 65:16 |
| 497 | 535 | Moss        | Tracy     | Womens Running Network | FV35 |     | 65:16 |
| 498 | 74  | Phillimore  | Robert    | U/A                    | V55  | L   | 65:45 |
| 499 | 557 | Clark       | Tracy     | Tamar Trotters         | FV40 |     | 66:01 |
| 500 | 65  | Clark       | Raymond   | Tamar Trotters         | V40  |     | 66:01 |
| 501 | 161 | Rescorl     | Mark      | Tamar Trotters         | M    |     | 66:09 |
| 502 | 154 | Russell     | Lenny     | Tamar Trotters         | V45  |     | 66:11 |
| 503 | 124 | Pope        | Michael   | U/A                    | V40  | L   | 66:38 |

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| 504 | 476 | Linn      | Karen   | U/A                       | F    |     | 66:38 |
| 505 | 518 | Beckett   | Pat     | East Cornwall Harriers    | FV55 |     | 66:59 |
| 506 | 436 | Foster    | Alison  | Tamar Trotters            | F    |     | 67:17 |
| 507 | 430 | Stiff     | Tracy   | Tamar Trotters            | FV40 |     | 67:17 |
| 508 | 517 | Simpson   | Julie   | U/A                       | FV40 |     | 67:53 |
| 509 | 152 | Courtney  | Paul    | U/A                       | M    | L   | 70:03 |
| 510 | 583 | Alsop     | Fiona   | U/A                       | FV40 |     | 71:02 |
| 511 | 582 | Pilcher   | Frances | Stubbington Green Runners | FV50 |     | 71:02 |
| 512 | 387 | Courtney  | Sheila  | U/A                       | FV45 | L   | 72:18 |
| 513 | 539 | Suter     | Carol   | U/A                       | FV40 |     | 73:18 |
| 514 | 382 | Braddon   | Romain  | Tamar Trotters            | F    |     | 74:04 |
| 515 | 383 | Hinsley   | Sue     | Tamar Trotters            | F    |     | 74:47 |
| 516 | 553 | Richards  | Shelly  | U/A                       | F    |     | 75:06 |
| 517 | 548 | Barker    | Pauline | Tamar Trotters            | FV40 |     | 75:09 |
| 518 | 403 | Hocking   | Penny   | U/A                       | FV35 | L   | 75:27 |
| 519 | 484 | Archer    | Mandy   | U/A                       | FV40 | L   | 75:27 |
| 520 | 439 | Cook      | Sophie  | Tamar Trotters            | FU20 |     | 75:49 |
| 521 | 406 | Kenworthy | Karen   | Tamar Trotters            | FV35 |     | 75:49 |
| 522 | 384 | West      | Anna    | U/A                       | FU20 |     | 77:34 |
| 523 | 411 | Ansell    | Serena  | U/A                       | FV45 | L   | 78:28 |
| 524 | 293 | Ansell    | Steve   | U/A                       | V50  | L   | 78:28 |
| 525 | 164 | Perks     | Edmund  | Erme Valley Harriers      | V70  | L D | 91:35 |